

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking for a new activity to explore or a fun way to spend your father's day, consider the following:

### Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

#### Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

...continued on back page

## Happy Birthday!

#### Residents Flossie L. 06/10 Clara H. 06/12 Morjorie K. 06/16 Stella C. 06/17 Staff April S. 06/02 Michelle F. 06/08 Tammy B. 06/14 Dustina F. 06/19 Brooklyn B. 06/20 Aris B. 06/26

## Volunteer News

We are always looking for volunteers that would like the opportunity to enhance the lives of others as well as their own. It can be something as simple as tallking with a resident, playing cards, putting a puzzle together, calling bingo, painting fingernails or going on an outing. Please contact Misty Bookless or any of the other Life Enrichment staff member at 740-452-3800 for information.

## Sunday Brunch

Sunday Brunch is Sunday, June 30th at noon. The first two guest are complimentary and each additional guest is \$7.00 a person. Please R.S.V.P. to the front office with the number of guest that you will have joining you. Hope to see you there!



# Executive Director Corner

Happy June! With summer in full swing, it's time to break out

the bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and non-profit organizations in our local community. We are always amazed at the level of support

we receive from employees, residents, families, and friends. At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life Enrichment Director today. They'll be happy to hear from you!

Yours in Service,

Tiffany Goins
Executive Director

### Theme Dinner



Nora and Rebecca enjoying theme dinner

## More from... Theme Dinner



Ashley and Marjorie at theme dinner



Connie



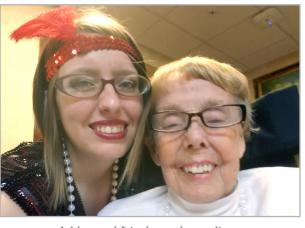
Mary G.



Sona and Ashley for theme dinner



Evelyn and Joyce



Ashley and Linda at theme dinner



Willard and Misty at theme dinner



Florence and her husband



Virginia at theme dinner

## Taste of Town

Taste of Town will be on Monday, June 17th at noon. We will be enjoying Bill's BBQ this month.

### Did You Know...?

That you can read the monthly newsletter on-line.
Please follow the campus link: www.oaksatbethesda.com

The Private Dining Room, Recreation Room and Activity Room can be reserved for family parties and community groups. Please contact a member of Life Enrichment for details.

Happy Hour is weekly at 3:00pm on Fridays in the Assisted Living Dining Room!

The Trilogy Foundation grants Live a Dreams to residents wishing to relive an experience or engage in something they have always wanted to try. See a member of Life Enrichment for details.



A Trilogy Senior Living Community

2971 Maple Avenue Zanesville, OH 43701 740-452-3800 oaksatbethesda.com | ♥ f

> Tiffany Goins Executive Director

April Huffman Director of Health Services

> Christy Maxwell Medical Records Mindy Baker

Director of Resident Services

Misty Bookless Life Enrichment Director

Cassie Lloyd Community Service Representative Ashley Richards

Director of Food Services

Stacey Holland Business Office Manager

Aaron George Director of Plant Operations

Judy Spaulding Environmental Services Director

> Layne Paladino Therapy Director

#### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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# 'Father's Day'

three times a week with activities such as strength training, balance training yoga, Tai Chi, stretching, dancing, sport gaming systems activities, and walking clubs.

Again, this is a program that is available for everyone to enjoy.

#### Just The Guys

Our male residents and staff have the opportunity to maintain a healthy,



active lifestyle and engage in fun activities when they participate in our Just the Guys program. Through this program, we offer 'the guys' opportunities to connect with each other through interesting activities and outings! Whether they meet for an all-guys breakfast, bond over a friendly poker game, or take a fishing trip, it's an opportunity for the guys to just be guys and enjoy each other's company.

Thank you to all of the fathers of our campus who inspire us to selflessly serve every day. If you're a resident who is interested in participating in any of the mentioned programs, contact our Life Enrichment Director today!

# Word Gearch

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EXPLORE	GRANDPA	JOKE	SPORTS
FATHER	GUYS	MEN	VITALITY