



PARK TERRACE

HEALTH CAMPUS

A Trilogy Senior Living Community

Times

June 2019



Treating Yourself This Father's Day

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking

for a new activity to explore or a fun way to spend your father's day, consider the following:

Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

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Happy Birthday!

Residents

Vivian P. June 27

Staff

Monique June 14

Linda B. June 21

Debbie J. June 28

Volunteer News

Park Terrace is always looking for volunteers! We are happy to welcome family members, friends and the community to volunteer your time and talents with our residents. Not only do our residents benefit, but our volunteers find they do as well! Please contact our Life Enrichment Director Susan English Crider for further details and ideas for volunteer opportunities.

Living Arts

Our residents enjoy exercising their creativity through our exciting Artisan's programming that includes a variety of media! Our door is always open, so feel free to come visit and participate in our life enriching programming!

Sunday Brunch

We always look forward to mingling with our residents and their families and friends during our Sunday Brunch June 23 from 11:00 to 1:00. Each resident can invite up to 2 guests free of charge. Additional tickets may be purchased for \$10 from the business office.

If you anticipate bringing a large group, reservations are accepted up to three days in advance. As Chef Paul is always serving up delicious home-cooked recipes, make sure to come hungry!



Executive Director Corner

Happy June!
With summer
in full swing,
it's time

to break out the bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and non-profit organizations in our local community. We are always amazed at the level of support we receive from employees,

residents, families, and friends. At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life Enrichment Director today. They'll be happy to hear from you!

Yours in service,

Kevin Foote
Executive Director

Campus in Color

Our residents love getting ready for planting the garden. We planted Green beans and have been amazed watching them grow. We are planting a vegetable garden, an herb garden, a butterfly garden and of course lots and lots of flowers. Come visit and enjoy!



COMMUNITY SPOTLIGHT

The beautiful students from Christian Academy Southwest brought all us such joy with their visit. They sang, made cards, visited room to room with all the residents and truly touched each person they encountered. Our heartfelt gratitude goes out to the students and teachers for sharing your love and compassion with us. It means so much to us!!



It's Never 2 Late™ (IN2L™) program!

It's Never 2 Late™ (IN2L™) program! IN2L is an innovative computer system designed just for your loved ones in our care. It's user-friendly and intuitive regardless of technology skill level for residents, staff, families and even volunteers. Our system incorporates over 4,600 senior-friendly technology components for life enrichment and therapy staff to provide a truly integrated experience that includes sensory programming, lifelong learning, artistic expression, music, flight simulator and so much more. Make sure to ask, Susan English Crider your Life Enrichment Director, for a demonstration at your next visit. We guarantee you'll love it! Here are some of our residents enjoying the wonderful programming on the IN2L.



Volunteer Spotlight

Thank you to our wonderful volunteers for sharing your Creativity and Kindness! We all had such a great time at the Theme Dinner and Derby Party! We are truly blessed to have you in our community.

Themed Dinner

Our Theme Dinner was a huge success. We had so much fun dressing up in the spirit of 1920's Chicago Speakeasy. Everyone enjoyed the whole week of festivities!



Did You Know...?

Happy Hour is weekly on Fridays from 3:00 to 4:00 in our 1st floor cafeteria. Please come join us for this fantastic community event. Finger foods and mixed drinks are served. We feature live entertainment every week and Elvis is in the building every month. Elvis never fails to entertain and bring smiles to us all! We put the Happy in Happy Hour! Music enriches our resident's lives.



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Kevin Foote

Executive Director

Cindy O'Connor

Director of Health Services

Crystal Combs

Asst. Director of Health Services

Jordan O'Connell

Director of Social Services

Josh Smith

Maintenance Director

Shirley Manner

Environmental Services Director

Paul Burckle

Dietary Food Services Director

Kathy Umfleet

HR & AP

Susan English Crider

Life Enrichment Director

Heather Richey

Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Father's Day'

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three times a week with activities
such as strength training, balance
training yoga, Tai Chi, stretching,
dancing, sport gaming systems
activities, and walking clubs.

Again, this is a program that is
available for everyone to enjoy.

Just The Guys

Our male residents and staff have the
opportunity to maintain a healthy,



active lifestyle and engage in fun
activities when they participate in
our Just the Guys program. Through
this program, we offer 'the guys'
opportunities to connect with each
other through interesting activities
and outings! Whether they meet
for an all-guys breakfast, bond
over a friendly poker game, or take
a fishing trip, it's an opportunity
for the guys to just be guys and
enjoy each other's company.

Thank you to all of the fathers
of our campus who inspire us
to selflessly serve every day. If
you're a resident who is interested
in participating in any of the
mentioned programs, contact our
Life Enrichment Director today!

Word Search

I	Y	B	V	J	I	S	M	G	L	H	S	T	N	W	E	K	R	L
A	I	L	R	E	F	U	P	P	L	Y	H	R	G	Q	V	M	M	S
V	R	Q	Y	X	U	A	A	O	S	J	T	Z	M	T	R	O	V	K
L	B	X	M	P	N	C	T	Y	R	V	G	F	I	S	H	I	N	G
K	J	I	R	L	M	B	O	H	S	T	D	O	Y	Q	Q	R	A	A
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Q	D	Q	Y	L	X	U	V	C	L	C	P	F	H	E	H	G	H	P

BOYS
DAD
EXPLORE
FATHER

FISHING
GAMES
GRANDPA
GUYS

HEALTHY
HISTORY
JOKE
MEN

MISTER
POKER
SPORTS
VITALITY