

Life Enrichment Activities
Park Terrace Health Campus

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans</div> <div><div>CC</div> - Community Connections</div> <div><div>GF</div> - Gathering of Friends</div> <div><div>I</div> - Inspirations</div> <div><div>JG</div> - Just the Guys</div> <div><div>K</div> - Keeping it Sharp/Reminisce</div> <div><div>L</div> - Lifelong Learning</div> <div><div>MM</div> - Mindful Moments</div> <div><div>M</div> - Music to My Ears</div> <div><div>O</div> - Out & About</div> <div><div>S</div> - Signature Events</div>	Birthdays Vivian P. 6-27	We can complain that rose bushes have thorns, or we can rejoice that thorn bushes have roses. Abraham Lincoln	We now offer Therapeutic Massage Services. \$20 dollars for 20 minutes. Call Shannon Rich 502-299-0932			<div>1</div> <div><div>MM</div> 10:00 Musical Movements</div> <div><div>V</div> 10:30 IN2L Vitality</div> <div><div>K</div> 1:00 Media Cart</div> <div><div>K</div> 2:30 Today in History</div>
<div>2</div> <div><div>V</div> 10:00 Meditation Movement</div> <div><div>K</div> 10:15 World News & Coffee</div> <div><div>I</div> 10:30 Mass of the Air on ABC</div> <div><div>I</div> 11:00 Southeast Christian Church on TV on NBC</div> <div><div>MM</div> 1:30 Tickle Your Senses</div> <div><div>M</div> 2:00 IN2L Sing Along</div>	<div>3</div> <div><div>I</div> 10:00 Morning Motivations</div> <div><div>MM</div> 10:15 Themed Baskets</div> <div><div>M</div> 10:30 Music in the Garden</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 3:30 IN2L Games</div> <div><div>K</div> 6:00 Gathering of Friends</div>	<div>4</div> <div><div>M</div> 10:00 Musical Movements</div> <div><div>S</div> 10:30 Chef's Circle</div> <div><div>K</div> 2:00 Bingo</div> <div><div>L</div> 3:30 Lifelong Learning/Animals</div> <div><div>V</div> 4:30 7th Ining Stretch</div>	<div>5</div> <div><div>I</div> 10:00 Communion</div> <div><div>A</div> 10:30 Flag Decor</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 4:00 IN2L Games</div> <div><div>MM</div> 4:30 Yoga Breathing and Movement</div>	<div>6</div> <div><div>MM</div> 10:00 Grab Bag</div> <div><div>V</div> 10:15 Moving to Music</div> <div><div>K</div> 10:30 Games in the Garden</div> <div><div>K</div> 2:00 Bingo</div> <div><div>S</div> 3:00 Inspired Living Committee</div> <div><div>GF</div> 6:00 Gathering of Friends/Movie Night</div>	<div>7</div> <div><div>MM</div> 10:00 Aromatherapy/Hand Massage</div> <div><div>A</div> 10:30 Jewelry Making</div> <div><div>V</div> 11:30 Guided Meditation</div> <div><div>K</div> 1:30 Daily Chronicles</div> <div><div>M</div> 3:00 Happy Hour with Mike Hutchens</div>	<div>8</div> <div><div>MM</div> 10:00 Musical Movements</div> <div><div>V</div> 10:30 IN2L Vitality</div> <div><div>K</div> 1:00 Media Cart</div> <div><div>I</div> 1:15 Ministry with Susan</div> <div><div>K</div> 2:30 Today in History</div>
<div>9</div> <div><div>V</div> 10:00 Meditation Movement</div> <div><div>K</div> 10:15 World News & Coffee</div> <div><div>I</div> 10:30 Mass of the Air on ABC</div> <div><div>I</div> 11:00 Southeast Christian Church on TV on NBC</div> <div><div>MM</div> 1:30 Tickle Your Senses</div> <div><div>M</div> 2:00 IN2L Sing Along</div>	<div>10</div> <div><div>I</div> 10:00 Morning Motivations</div> <div><div>MM</div> 10:15 Themed Baskets</div> <div><div>M</div> 10:30 Music in the Garden</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 3:30 IN2L Games</div> <div><div>K</div> 6:00 Gathering of Friends</div>	<div>11</div> <div><div>M</div> 10:00 Musical Movements</div> <div><div>S</div> 10:30 Chef's Circle</div> <div><div>K</div> 2:00 Bingo</div> <div><div>S</div> 3:00 Resident Council Meeting</div> <div><div>S</div> 3:30 Lifelong Learning/American History</div> <div><div>V</div> 4:30 7th Ining Stretch</div>	<div>12</div> <div><div>I</div> 10:00 Communion</div> <div><div>A</div> 10:30 Art with a Heart /Hand Made Cards</div> <div><div>JG</div> 10:30 Just the Guys Donuts with Walt</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 4:00 IN2L Games</div> <div><div>MM</div> 4:30 Yoga Breathing and</div>	<div>13</div> <div><div>MM</div> 10:00 Grab Bag</div> <div><div>V</div> 10:15 Moving to Music</div> <div><div>K</div> 10:30 Games in the Garden</div> <div><div>K</div> 2:00 Bingo</div> <div><div>GF</div> 6:00 Gathering of Friends/Movie Night</div>	<div>14</div> <div>Flag Day</div> <div><div>MM</div> 10:00 Aromatherapy/Hand Massage</div> <div><div>A</div> 10:30 Jewelry Making</div> <div><div>V</div> 11:30 Guided Meditation</div> <div><div>K</div> 1:30 Daily Chronicles</div> <div><div>M</div> 3:00 Happy Hour 1st Floor Cafe Dave Hunt</div>	<div>15</div> <div><div>MM</div> 10:00 Musical Movements</div> <div><div>V</div> 10:30 IN2L Vitality</div> <div><div>K</div> 1:00 Media Cart</div> <div><div>K</div> 2:30 Today in History</div>
<div>16</div> <div>Father's Day</div> <div><div>V</div> 10:00 Meditation Movement</div> <div><div>K</div> 10:15 World News & Coffee</div> <div><div>I</div> 10:30 Mass of the Air on ABC</div> <div><div>I</div> 11:00 Southeast Christian Church on TV on NBC</div> <div><div>MM</div> 1:30 Tickle Your Senses</div> <div><div>M</div> 2:00 IN2L Sing Along</div>	<div>17</div> <div><div>I</div> 10:00 Morning Motivations</div> <div><div>MM</div> 10:15 Themed Baskets</div> <div><div>M</div> 10:30 Music in the Garden</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 3:30 IN2L Games</div> <div><div>K</div> 6:00 Gathering of Friends</div>	<div>18</div> <div><div>M</div> 10:00 Musical Movements</div> <div><div>S</div> 10:30 Chef's Circle</div> <div><div>K</div> 2:00 Bingo</div> <div><div>L</div> 3:30 Lifelong Learning/Summer Solstice</div> <div><div>V</div> 4:30 7th Ining Stretch</div>	<div>19</div> <div><div>I</div> 10:00 Communion</div> <div><div>A</div> 10:30 Art with a Heart /Hand Made Cards</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 4:00 IN2L Games</div> <div><div>MM</div> 4:30 Yoga Breathing and Movement</div>	<div>20</div> <div><div>MM</div> 10:00 Grab Bag</div> <div><div>V</div> 10:15 Moving to Music</div> <div><div>K</div> 10:30 Games in the Garden</div> <div><div>S</div> 12:00 Taste of Town</div> <div><div>K</div> 2:00 Bingo</div> <div><div>GF</div> 6:00 Gathering of Friends/Movie Night</div>	<div>21</div> <div>Summer Begins</div> <div><div>MM</div> 10:00 Aromatherapy/Hand Massage</div> <div><div>A</div> 10:30 Garden Decor</div> <div><div>V</div> 11:30 Guided Meditation</div> <div><div>K</div> 1:30 Daily Chronicles</div> <div><div>M</div> 3:00 Happy Hour 1st Floor Cafe Elvis</div>	<div>22</div> <div><div>MM</div> 10:00 Musical Movements</div> <div><div>V</div> 10:30 IN2L Vitality</div> <div><div>K</div> 1:00 Media Cart</div> <div><div>K</div> 2:30 Today in History</div>
<div>23</div> <div><div>V</div> 10:00 Meditation Movement</div> <div><div>K</div> 10:15 World News & Coffee</div> <div><div>I</div> 10:30 Mass of the Air on ABC</div> <div><div>S</div> 11:00 Sunday Brunch- 1st floor Cafeteria</div> <div><div>I</div> 11:00 Southeast Christian Church on TV on NBC</div> <div><div>MM</div> 1:30 Tickle Your Senses</div>	<div>24</div> <div><div>I</div> 10:00 Morning Motivations</div> <div><div>MM</div> 10:15 Themed Baskets</div> <div><div>M</div> 10:30 Music in the Garden</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 3:30 IN2L Games</div> <div><div>K</div> 6:00 Gathering of Friends</div>	<div>25</div> <div><div>M</div> 10:00 Musical Movements</div> <div><div>S</div> 10:30 Chef's Circle</div> <div><div>K</div> 2:00 Bingo</div> <div><div>L</div> 3:30 Lifelong Learning/Butterfly Metamorphosis</div> <div><div>V</div> 4:30 7th Ining Stretch</div>	<div>26</div> <div><div>I</div> 10:00 Communion</div> <div><div>A</div> 10:30 Butterfly Painting</div> <div><div>O</div> 2:00 Scenic Drive</div> <div><div>K</div> 4:00 IN2L Games</div> <div><div>MM</div> 4:30 Yoga Breathing and Movement</div>	<div>27</div> <div><div>MM</div> 10:00 Grab Bag</div> <div><div>V</div> 10:15 Moving to Music</div> <div><div>K</div> 10:30 Games in the Garden</div> <div><div>K</div> 2:00 Bingo</div> <div><div>S</div> 2:30 Garden Party for Good</div>	<div>28</div> <div><div>MM</div> 10:00 Aromatherapy/Hand Massage</div> <div><div>A</div> 10:30 Flower Arranging</div> <div><div>CC</div> 10:30 Just the Guys with Don</div> <div><div>V</div> 11:30 Guided Meditation</div> <div><div>K</div> 1:30 Daily Chronicles</div> <div><div>M</div> 3:00 Happy Hour 1st Floor Cafe Artis Seay</div>	<div>29</div> <div><div>MM</div> 10:00 Musical Movements</div> <div><div>V</div> 10:30 IN2L Vitality</div> <div><div>K</div> 1:00 Media Cart</div> <div><div>K</div> 2:30 Today in History</div>
<div>30</div> <div><div>V</div> 10:00 Meditation Movement</div> <div><div>K</div> 10:15 World News & Coffee</div> <div><div>I</div> 10:30 Mass of the Air on ABC</div> <div><div>I</div> 11:00 Southeast Christian Church on TV on NBC</div> <div><div>MM</div> 1:30 Tickle Your Senses</div> <div><div>M</div> 2:00 IN2L Sing Along</div>						

**Park Terrace Legacy Lane
Daily Rhythms**

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>A</div> - Artisans <div>CC</div> - Creative Cooking <div>GF</div> - Gathering of Friends <div>GG</div> - Group Games <div>I</div> - Inspirations <div>K</div> - Keeping it Sharp/Reminisce <div>M</div> - Music to My Ears <div>S</div> - Signature Events <div>V</div> - Vitality</div>	Join Legacy Lane For Our Monthly Sunday Brunch June 23rd 11:00a.m - 1:00p.m.	Keep your face to the sunshine and you cannot see the shadows. It's what the sunflowers do. ~Helen Keller~				<div>1</div> <div><div>V</div> 9:00 Ribbon Dance <div>K</div> 9:30 Penny Ante <div>CC</div> 10:45 Fruit Salsa/Cinnamon Chips 12:45 Relax & Recharge <div>A</div> 2:00 Flower Impressions <div>M</div> 3:30 Car-a-oke Road Trip <div>GG</div> 4:00 Horse Racing</div>
<div>2</div> <div><div>V</div> 9:00 Sunday Stretch <div>K</div> 9:30 Opposites <div>CC</div> 10:45 Chocolate Chip Cheese Ball 12:45 Relax & Recharge <div>A</div> 2:00 Cactus Painting <div>M</div> 3:30 Name That Croon <div>GG</div> 4:00 Games We Played As Kids</div>	<div>3</div> <div><div>V</div> 9:00 Move It Monday <div>K</div> 9:30 Spring Babies <div>CC</div> 10:45 Poppy Seed Fruit Salad 12:45 Relax & Recharge <div>A</div> 2:00 Wooden Beads Keychain <div>M</div> 3:30 Feel the Heartbeat <div>GG</div> 4:00 Horseshoes 4:30 Healthy Hands</div>	<div>4</div> <div><div>V</div> 9:00 Wildflower Tour <div>K</div> 9:30 Garden Beginnings <div>CC</div> 10:30 Chef's Circle 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 I Like You <div>GG</div> 4:00 Life on the Farm 4:30 Healthy Hands</div>	<div>5</div> <div><div>V</div> 9:00 Batter Up <div>K</div> 9:30 Matching Colors <div>I</div> 10:00 Communion 12:45 Relax & Recharge <div>A</div> 2:00 Shaving Cream Paint <div>M</div> 3:30 Singin' in the Rain <div>GG</div> 4:00 Parachute Games 4:30 Healthy Hands</div>	<div>6</div> <div><div>V</div> 9:00 Spring Sing Along and Dance <div>K</div> 9:30 Signs of Spring <div>CC</div> 10:45 Bean Vegetable Soup 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 Shake It Up, Baby! <div>GG</div> 4:00 Flip n' Chips Matching</div>	<div>7</div> <div><div>V</div> 9:00 Par 4 Golf Club <div>K</div> 9:30 Spring Basket <div>CC</div> 10:45 Banana Nut Bread 12:45 Relax & Recharge <div>A</div> 2:00 Rock Photo Holder <div>M</div> 3:00 Happy Hour with Mike Hutchens <div>GG</div> 4:00 Corn Hole</div>	<div>8</div> <div><div>V</div> 9:00 Ribbon Dance <div>K</div> 9:30 Penny Ante <div>CC</div> 10:45 Peanut Butter Cookies 12:45 Relax & Recharge <div>I</div> 1:15 Ministry with Susan <div>A</div> 2:00 Pineapple Pinecones <div>M</div> 3:30 Car-a-oke Road Trip <div>GG</div> 4:00 Horse Racing</div>
<div>9</div> <div><div>V</div> 9:00 Sunday Stretch <div>K</div> 9:30 Opposites <div>CC</div> 10:45 Cheesy Bacon Balls 12:45 Relax & Recharge <div>A</div> 2:00 Picture Prompt <div>M</div> 3:30 Name That Croon <div>GG</div> 4:00 Games We Played As Kids 4:30 Healthy Hands</div>	<div>10</div> <div><div>V</div> 9:00 Move It Monday <div>K</div> 9:30 Spring Babies <div>CC</div> 10:45 Cocoa Cupcakes 12:45 Relax & Recharge <div>A</div> 2:00 Opposites Collage <div>M</div> 3:30 Feel the Heartbeat <div>GG</div> 4:00 Horseshoes 4:30 Healthy Hands</div>	<div>11</div> <div><div>V</div> 9:00 Wildflower Tour <div>K</div> 9:30 Garden Beginnings <div>CC</div> 10:30 Chef's Circle 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 I Like You <div>GG</div> 4:00 Life on the Farm 4:30 Healthy Hands</div>	<div>12</div> <div><div>V</div> 9:00 Batter Up <div>K</div> 9:30 Matching Colors <div>I</div> 10:00 Communion 12:45 Relax & Recharge <div>A</div> 2:00 Flip Flop Wreath <div>M</div> 3:30 Singin' in the Rain <div>GG</div> 4:00 Parachute Games 4:30 Healthy Hands</div>	<div>13</div> <div><div>V</div> 9:00 Spring Sing Along and Dance <div>K</div> 9:30 Signs of Spring <div>CC</div> 10:45 Tomato Soup 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 Shake It Up, Baby! <div>GG</div> 4:00 Flip n' Chips Matching</div>	<div>14</div> <div>Flag Day</div> <div><div>V</div> 9:00 Par 4 Golf Club <div>K</div> 9:30 Spring Basket <div>CC</div> 10:45 Oatmeal Bread 12:45 Relax & Recharge <div>A</div> 2:00 Coffee Filter Flag <div>M</div> 3:00 Happy Hour 1st Floor Cafe Dalston Keller <div>GG</div> 4:00 Corn Hole</div>	<div>15</div> <div><div>V</div> 9:00 Ribbon Dance <div>K</div> 9:30 Penny Ante <div>CC</div> 10:45 Peanut Butter Cup Cookies 12:45 Relax & Recharge <div>A</div> 2:00 Father's Day Cards <div>M</div> 3:30 Car-a-oke Road Trip <div>GG</div> 4:00 Horse Racing</div>
<div>16</div> <div>Father's Day</div> <div><div>V</div> 9:00 Sunday Stretch <div>K</div> 9:30 Opposites <div>CC</div> 10:45 Chicken Grape Salad 12:45 Relax & Recharge <div>A</div> 2:00 Shirt Cuff Pouch <div>M</div> 3:30 Name That Croon <div>GG</div> 4:00 Games We Played As Kids 4:30 Healthy Hands</div>	<div>17</div> <div><div>V</div> 9:00 Move It Monday <div>K</div> 9:30 Spring Babies <div>CC</div> 10:45 Vegetable Medley 12:45 Relax & Recharge <div>A</div> 2:00 Doily Resist Painting <div>M</div> 3:30 Feel the Heartbeat <div>GG</div> 4:00 Horseshoes 4:30 Healthy Hands</div>	<div>18</div> <div><div>V</div> 9:00 Wildflower Tour <div>K</div> 9:30 Garden Beginnings <div>CC</div> 10:30 Chef's Circle 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 I Like You <div>GG</div> 4:00 Life on the Farm 4:30 Healthy Hands</div>	<div>19</div> <div><div>V</div> 9:00 Batter Up <div>K</div> 9:30 Matching Colors <div>I</div> 10:00 Communion 12:45 Relax & Recharge <div>A</div> 2:00 Summer Lanterns <div>M</div> 3:30 Singin' in the Rain <div>GG</div> 4:00 Parachute Games 4:30 Healthy Hands</div>	<div>20</div> <div><div>V</div> 9:00 Spring Sing Along and Dance <div>K</div> 9:30 Signs of Spring <div>CC</div> 10:45 Chili <div>S</div> 12:00 Taste of Town 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 Shake It Up, Baby!</div>	<div>21</div> <div>Summer Begins</div> <div><div>V</div> 9:00 Par 4 Golf Club <div>K</div> 9:30 Spring Basket <div>CC</div> 10:45 Sour Cream Chive Bread 12:45 Relax & Recharge <div>A</div> 2:00 DIY Rope Basket <div>M</div> 3:00 Happy Hour 1st Floor Cafe Elvis <div>GG</div> 4:00 Corn Hole</div>	<div>22</div> <div><div>V</div> 9:00 Ribbon Dance <div>K</div> 9:30 Penny Ante <div>CC</div> 10:45 Butterscotch Cookies 12:45 Relax & Recharge <div>A</div> 2:00 Homemade Brownie Mix In a Jar <div>M</div> 3:30 Car-a-oke Road Trip <div>GG</div> 4:00 Horse Racing</div>
<div>23</div> <div><div>V</div> 9:00 Sunday Stretch <div>K</div> 9:30 Opposites <div>CC</div> 10:45 Peanut Butter Cream Pie 12:45 Relax & Recharge <div>A</div> 2:00 Creative Storytelling <div>M</div> 3:30 Name That Croon <div>GG</div> 4:00 Games We Played As Kids 4:30 Healthy Hands</div>	<div>24</div> <div><div>V</div> 9:00 Move It Monday <div>K</div> 9:30 Spring Babies <div>CC</div> 10:45 Candy Bar Apple Salad 12:45 Relax & Recharge <div>A</div> 2:00 Easy DIY Mosaic Garden Pots <div>M</div> 3:30 Feel the Heartbeat <div>GG</div> 4:00 Horseshoes</div>	<div>25</div> <div><div>V</div> 9:00 Wildflower Tour <div>K</div> 9:30 Garden Beginnings <div>CC</div> 10:30 Chef's Circle 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 I Like You <div>GG</div> 4:00 Life on the Farm 4:30 Healthy Hands</div>	<div>26</div> <div><div>V</div> 9:00 Batter Up <div>K</div> 9:30 Matching Colors <div>I</div> 10:00 Communion 12:45 Relax & Recharge <div>A</div> 2:00 Painted Drip Pots <div>M</div> 3:30 Singin' in the Rain <div>GG</div> 4:00 Parachute Games 4:30 Healthy Hands</div>	<div>27</div> <div><div>V</div> 9:00 Spring Sing Along and Dance <div>K</div> 9:30 Signs of Spring <div>CC</div> 10:45 Beef Soup 12:45 Relax & Recharge <div>K</div> 2:00 Bingo <div>M</div> 3:30 Shake It Up, Baby! <div>GG</div> 4:00 Flip n' Chips Matching</div>	<div>28</div> <div><div>V</div> 9:00 Par 4 Golf Club <div>K</div> 9:30 Spring Basket <div>CC</div> 10:45 Cinnamon Swirl Bread 12:45 Relax & Recharge <div>A</div> 2:00 Creating Memory Boards <div>M</div> 3:00 Happy Hour 1st Floor Cafe Artis Seay <div>GG</div> 4:00 Corn Hole</div>	<div>29</div> <div><div>V</div> 9:00 Ribbon Dance <div>K</div> 9:30 Penny Ante <div>CC</div> 10:45 Apple Brown Betty 12:45 Relax & Recharge <div>A</div> 2:00 Memory Boards Gala! <div>M</div> 3:30 Car-a-oke Road Trip <div>GG</div> 4:00 Horse Racing 4:30 Healthy Hands</div>
<div>30</div> <div><div>V</div> 9:00 Sunday Stretch <div>K</div> 9:30 Opposites <div>CC</div> 10:45 Apple Pie Oatmeal Dessert 12:45 Relax & Recharge <div>A</div> 2:00 Creative Storytelling <div>M</div> 3:30 Name That Croon <div>GG</div> 4:00 Games We Played As Kids</div>						