

A Trilogy Senior Living Community



June 2019



### On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking for a new activity to explore or a fun way to spend your father's day, consider the following:

#### Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

#### Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

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# Happy Birthday!

### Residents

June 04 June 19	Glendon T Kenneth G.							
Welcome!								
Paddock Spring would like to welcome:								
Jeanenne W.	Shelly B.							
Marilyn B.	Elizabeth K.							

### Sunday Brunch

June 09 will be the date for our Sunday Brunch for our residents and families. *Please RSVP to the front desk no later than Wednesday, June 5, we want to make sure we have enough food for all.* Each resident will receive complimentary monthly brunch for two guests, there after we ask that you purchase a meal ticket for \$7 for each additional guest. Payments will be taken prior to brunch and stickers will be given to all guests.

## Family Night

We will have the pleasure of listening to Noteworthy for our family night on June 17 at 6:30pm.

### Volunteer News

We are always looking for volunteers to enrich the lives of our residents! If you would be interested in making a difference in the resident's lives, please visit our Life Enrichment team to discuss the possibilities. If you see our volunteers, please take a moment to thank them for spending their time helping with our programming. We are currently looking for volunteers to polish nails and help with bingo.

Executive Director Corner

Happy June! With summer in full swing, it's time to break out the bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and nonprofit organizations in our local community. We are always amazed at the level of support we receive from employees, residents, families, and friends. At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life Enrichment Director today. They'll be happy to hear from you!

Yours in service,

Chad Knisley

**Executive Director** 

## **Living Arts**

Our residents really enjoyed making our garden hats and May Day door hangers.





Katarina

Shae and Amy

# THEMED DINNER

We were all dolled up with our fedoras, headbands and pearl necklaces.



Allen







Glendon



Jeanenne



Robert



Sue B



All at our Chicago Speakeasy Theme Dinner had a roaring good time.

## Smile of the Month

Our smile of the month is our sweet Nettie.



## Did You Know...?

That you can read the monthly newsletter on-line in addition to the printed copy. Please follow the campus link www. paddocksprings.com

Follow us on Facebook at (Paddock Springs)

Follow us on Twitter (@PaddockSprings)

Happy Hour is weekly at 3:00pm on Fridays

### Happy Hour **Entertainment**

June 07: We will have the pleasure of listening to Bryan Edington

June 14: Anna will be in the house playing her harp

June 21: We will be celebrating our June birthdays and John Bahler will be playing his guitar and singing for us

June 28: Robert Farmer one of our new performers will be singing for us



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Chad Knisley Executive Director Le-Rena Steinhous Director of Health Servi<u>ces</u>

Vilma Pettet Assistant Director of Health Services Jaclyn Warren

Business Office Manager

Lisa Mills Life Enrichment Director

Keith Denlinger Director of Plant Operations:

Jessica Degiulio Director of Dining Service

Sarah Meyer Environmental Service Director

> Bobbi Turner Medical Records

Karissa Bowser Guest Relations

Kaleigh Collins Director of Social Services

Tom Ross Director of Therapy Services

> Melissa Strickler Human Resources

Erica Lenker Community Service Representative

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogybs.com

Newsletter Production by PorterOneDesign.com

# 'Father's Day'

three times a week with activities such as strength training, balance training yoga, Tai Chi, stretching, dancing, sport gaming systems activities, and walking clubs. Again, this is a program that is available for everyone to enjoy.

#### Just The Guys

Our male residents and staff have the opportunity to maintain a healthy,



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active lifestyle and engage in fun activities when they participate in our Just the Guys program. Through this program, we offer 'the guys' opportunities to connect with each other through interesting activities and outings! Whether they meet for an all-guys breakfast, bond over a friendly poker game, or take a fishing trip, it's an opportunity for the guys to just be guys and enjoy each other's company.

Thank you to all of the fathers of our campus who inspire us to selflessly serve every day. If you're a resident who is interested in participating in any of the mentioned programs, contact our Life Enrichment Director today!

Word Gearch

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BOYS DAD EXPLORE FATHER	FISHING GAMES GRANDPA GUYS		HEALTHY HISTORY JOKE MEN				MISTER POKER SPORTS VITALITY						