### Hearthstone Health Campus Life Enrichment - Assisted Living

# JUII 2019

						36
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections C - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears	Birthdays: George K/ 6/3 Maxine M. 6/13 Gloria C. 6/13 Ivey G. 6/30	Calendar Key: AR - Activities Room ALC - Assisted Living Cafe' CY - Court Yard DR - Dining Room SR - Sunroom TS - Town Square	Sign-up for bus outings in the Activities Room - weather permitting. Notice there are only 2 wheelchair spots, space is limited.  * Subject to Change Changes will be posted on the	The salon will be closed June 22nd-30th. Please schedule your June appointments accordingly! Thanks-Casi	Have an idea for a great group activity or outing? Please join us for the Inspired Living Committee the first Tuesday of each month at 11 am in the Activity Room!	1  V 10:30 TrilogyFIT - AL Lobby GG 11:15 BINGO - AR CC 1:30 Dog Visit- RV GF 2:30 Saturday Matinee (Dolphin Tale) - AR
GF 10:00 Tea Time - AR IG 1:15 Just Us Guys - AR EX 2:00 Name That Song-TS 3:00 Worship Services - TS	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 1:15 Book Mobile- AR M 1:30 Music Enrichment w/ Nathan - TS CC 2:45 The Art of Cooking (Soft Pretzels) - TS K 4:00 Nickle Pitch- AR	V 10:30 TrilogyFIT - AL Lobby S 11:00 Inspired Living	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 10:30 Dog Visit- RV I 11:15 Devotions - AR I:15 Gardening Facts- SR S 2:00 BrainFIT-AR M 4:00 Hearts & Hands Piano Player - TS	10:30 TrilogyFIT - AL Lobby 1:15 Weekly Chronicles-AR 2:30 Pottery Class - AR 4:00 Life Share Games- AR GG 6:00 Blackwell Church-TS	7 V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby S 11:00 Chef Circle - AL Lobby 1:15 Community Cruise M 3:00 Happy Hour with Craig Brenner - TS	V 10:30 TrilogyFIT - AL Lobby GG 11:15 BINGO - AR CC 1:20 Dog Visit- RV GF 2:30 Saturday Matinee (The Bishop's Wife) - AR
GF 10:00 Tea Time - AR S 11:00 Sunday Brunch - DR JG 1:15 Just Us Guys - AR R 2:00 Name That Song- TS J:00 Worship Services - TS	<ul> <li>10:30 Mind, Body, &amp; Soul Exercise Class - AL Lobby</li> <li>M 1:30 Music Enrichment w/ Nathan - TS</li> <li>2:45 The Art of Cooking (Lemon Bars) - TS</li> <li>4:00 Family Feud-AR</li> </ul>	V 10:30 TrilogyFIT - AL Lobby O 11:00 Lunch Outing to Bob Evan's A 2:30 Sand Art- AR M 4:00 SingFit - AR M 6:00 CrossTies Gospel Band - TS	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 10:30 Dog Visit- RV I 11:15 Devotions - AR I 1:15 Rembering a Trip to the Aquarium- SR S 2:00 BrainFIT-AR I 3:15 Guided Meditation- AR	10:30 TrilogyFIT - AL Lobby 1:15 Weekly Chronicle- AR 2:30 Fair Projects-AR 4:00 Life Share Games- AR GG 6:00 Evening Bingo -AR		V 10:30 TrilogyFIT - AL Lobby GG 11:15 BINGO - AR CC 1:20 Dog Visit- RV GF 2:30 Dads and Dogs (Father's Day Cookout)-CY
Father's Day  GF 10:00 Tea Time - AR  I:15 Just Us Guys - AR  K 2:00 Name That Song-TS  I 3:00 Worship Services - TS	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 1:15 Book Mobile-AR M 1:30 Music Enrichment w/ Nathan - TS CC 2:45 The Art of Cooking (Pimento Cheese Appetizers) - TS	18  V 10:30 TrilogyFIT - AL Lobby O 11:00 Picnic at Karst Farm Park A 2:30 Road Trip Fridge Magnets- AR M 4:00 SingFit - AR GG 6:00 Bingo - AR	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 10:30 Dog Visit- RV I 11:15 Devotions - AR I 1:15 What Am I?- SR S 2:00 BrainFIT-AR I 3:15 Mindfullness- AR M 4:00 Hearts & Hands Piano	V 10:30 TrilogyFIT - AL Lobby 1:15 Weekly Chronicle- AR 2:30 Pottery Class - AR 4:00 Life Share Games- AR GG 6:00 Evening Bingo -AR	Exercise Class - AL Lobby  11:00 Chef Circle - AL Lobby	V 10:30 TrilogyFIT - AL Lobby GG 11:15 BINGO - AR CC 1:20 Dog Visit- RV GF 2:30 Saturday Matinee (Hairspray!) - AR
GF 10:00 Tea Time - AR JG 1:15 Just Us Guys - AR 2:00 Name That Song- TS 3:00 Worship Services - TS	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby M 1:30 Music Enrichment w/ Nathan - TS C 2:45 The Art of Cooking (Peach Cobbler) - TS K 4:00 Cards (Bridge, Euchre, UNO, etc!)	V 10:30 TrilogyFIT - AL Lobby 11:15 Resident Council - AR 1:15 Jiffy Treat 3:00 Mark Wiedenmayer and Friends - TS 4:00 SingFit - AR GG 6:00 Bingo - AR	V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 10:30 Dog Visit- RV I 11:15 Devotions - AR I 1:15 California Dreamin' with the Beach Boys-SR S 2:00 BrainFIT-AR I 3:15 The Hearthstone Poetry	V 10:30 TrilogyFIT - AL Lobby 1:15 Weekly Chronicle- AR 2:30 Bird Baths- AR 4:00 Life Share Games- AR 6:00 Blackwell Church	Exercise Class - AL Lobby	V 10:30 TrilogyFIT - AL Lobby GG 11:15 BINGO - AR 1:20 Dog Visit- RV GF 2:30 Saturday Matinee (Stuart Little) - AR
GF 10:00 Tea Time - AR JG 1:15 Just Us Guys - AR 2:00 Name That Song- TS 3:00 Worship Services - TS						

#### Hearthstone Health Campus Life Enrichment - Health Center

# · JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections C - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments	Calendar Key: AR - Activities Room CY - Court Yard DR - Dining Room RV - Room Visits SR - Sunroom TS - Town Square	*Activities are subject to change Changes will be posted on the Community Share	Birthdays: Bob K. 6/6 Mary S. 6/15 Jean B. 6/20 Opal B. 6/21	The Salon will be closed June 22nd-30th. Please schedule your June appointments accordingly! Thanks-Casi	the first Tuesday of each month	9:45 Themed Sensations GG 11:15 BINGO - AR 1:30 Dog Visit- RV GF 2:30 Saturday Matinee (Dolphin Tale) - AR
GF 10:00 Tea Time - AR MM 11:15 Themed Sensations JG 1:15 Just Us Guys - AR 2:00 Name That Song- TS 3:00 Worship Services - TS	9:30 Reminisce 10:30 Mind, Body, & Soul Exercise Class - AL Lobby 11:15 Themed Sensations CC 1:15 Book Mobile- AR M 1:30 Music Enrichment w/ Nathan - TS CC 2:45 The Art of Cooking (Soft	<ul> <li>9:30 Mindful Movements</li> <li>11:00 Inspired Living</li></ul>	9:30 Reminisce V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 10:30 Dog Visit- RV 11:15 Devotions - AR 1:15 Gardening Facts- SR 1 3:15 Chair Yoga- AR M 4:00 Hearts & Hands Piano	9:30 Mindful Movements 11:15 Themed Sensations 1:15 Weekly Chronicles-AR 2:30 Pottery Class - AR 4:00 Life Share Games- AR 6:00 Blackwell Church-TS	Exercise Class - AL Lobby	9:45 Themed Sensations 11:15 BINGO - AR 1:20 Dog Visit- RV 2:30 Saturday Matinee (The Bishop's Wife) - AR
GF 10:00 Tea Time - AR S 11:00 Sunday Brunch - DR 11:15 Themed Sensations 1:15 Just Us Guys - AR C 2:00 Name That Song- TS I 3:00 Worship Services - TS	9:30 Reminisce 10:30 Mind, Body, & Soul Exercise Class - AL Lobby 11:15 Themed Sensations M 1:30 Music Enrichment w/ Nathan - TS CC 2:45 The Art of Cooking (Lemon Bars) - TS	9:30 Mindful Movements 11:00 Lunch Outing to Bob Evan's 2:30 Sand Art- AR 3:30 The med Sensations 4:00 SingFit - AR 6:00 CrossTies Gospel Band - TS	12  MN 9:30 Reminisce V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby  CC 10:30 Dog Visit- RV 1 11:15 Devotions - AR 1 1:15 Rembering a Trip to the Aquarium- SR 1 3:15 Guided Meditation- AR	9:30 Mindful Movements 11:15 Themed Sensations 1:15 Weekly Chronicle- AR 2:30 Fair Projects-AR 4:00 Life Share Games- AR 6:00 Evening Bingo -AR	Exercise Class - AL Lobby	9:45 Themed Sensations 11:15 BINGO - AR 1:20 Dog Visit- RV 2:30 Dads and Dogs (Father's Day Cookout)-CY
Father's Day  GF 10:00 Tea Time - AR  11:15 Themed Sensations  1:15 Just Us Guys - AR  2:00 Name That Song- TS  3:00 Worship Services - TS	9:30 Reminisce 10:30 Mind, Body, & Soul Exercise Class - AL Lobby 11:15 Themed Sensations CC 1:15 Book Mobile-AR M 1:30 Music Enrichment w/ Nathan - TS CC 2:45 The Art of Cooking	9:30 Mindful Movements 11:00 Picnic at Karst Farm Park 2:30 Road Trip Fridge Magnets- AR 3:30 Themed Sensations 4:00 SingFit - AR GG 6:00 Bingo - AR	MM 9:30 Reminisce V 10:30 Mind, Body, & Soul Exercise Class - AL Lobby CC 10:30 Dog Visit- RV I 11:15 Devotions - AR I 1:15 What Am I?- SR I 3:15 Mindfullness- AR M 4:00 Hearts & Hands Piano	9:30 Mindful Movements 11:15 Themed Sensations 1:15 Weekly Chronicle- AR 2:30 Pottery Class - AR 4:00 Life Share Games- AR 6:00 Evening Bingo -AR	Exercise Class - AL Lobby	9:45 Themed Sensations 11:15 BINGO - AR 1:20 Dog Visit- RV 2:30 Saturday Matinee (Hairspray!) - AR
GF 10:00 Tea Time - AR MM 11:15 Themed Sensations JG 1:15 Just Us Guys - AR 2:00 Name That Song- TS 3:00 Worship Services - TS	9:30 Reminisce 5 10:00 Resident Council- SR 10:30 Mind, Body, & Soul Exercise Class - AL Lobby 11:15 Themed Sensations M 1:30 Music Enrichment w/ Nathan - TS CC 2:45 The Art of Cooking (Peach	9:30 Mindful Movements 1:15 Jiffy Treat 3:00 Mark Wiedenmayer and Friends - TS 3:30 Themed Sensations 4:00 SingFit - AR GG 6:00 Bingo - AR	9:30 Reminisce 10:30 Mind, Body, & Soul Exercise Class - AL Lobby 10:30 Dog Visit- RV 11:15 Devotions - AR 1:15 California Dreamin' with the Beach Boys-SR 1 3:15 The Hearthstone Poetry	9:30 Mindful Movements 11:15 Themed Sensations 1:15 Weekly Chronicle- AR 2:30 Bird Baths- AR 4:00 Life Share Games- AR 6:00 Blackwell Church	Exercise Class - AL Lobby	9:45 Themed Sensations 11:15 BINGO - AR 1:20 Dog Visit- RV 2:30 Saturday Matinee (Stuart Little) - AR
GF 10:00 Tea Time - AR 11:15 Themed Sensations 1:15 Just Us Guys - AR 2:00 Name That Song- TS 3:00 Worship Services - TS						

#### Hearthstone Health Campus Memory Care - Daily Rhythms

### · JUNE 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	Every Moming (approx. times) 9:30 Vitality 10:00 Keeping It Sharp 10:45 Creative Cooking 11:30 Lunch Prep	Every Aftemoon (approx. times) 1:00 Relax and Recharge 2:00 Artisans 3:00 Music to My Ears 4:00 Group Games Every Evening (approx. times) 6:00 Gathering of Friends 7:30 Night Time Traditions				V Ribbon Dance K Penny Ante C Fruit Salsa/Cinnamon Chips Relax & Recharge A Flower Impressions M Sing Fit G Horse Racing Healthy Hands
V Sunday Stretch (C) Opposites (C) Chocolate Chip Cheese Ball Relax & Recharge (C) Cactus Painting (M) Name That Croon (G) Games We Played As Kids Healthy Hands	Wove It Monday Spring Babies CO Poppy Seed Fruit Salad Relax & Recharge Wooden Beads Keychain Sing Fit GG Horseshoes Healthy Hands	V Ping Pong K Garden Beginnings C Chocolate Strawberry Trifle Relax & Recharge M Music with Nathan A Spiral Suncatcher GG Life on the Farm Healthy Hands	V Batter Up K Matching Colors C Raspberry Cream Cheese Muffins Relax & Recharge A Shaving Cream Paint M Sing Fit G Parachute Games Healthy Hands	Spring Sing Along and Dance Signs of Spring Bean Vegetable Soup Relax & Recharge Community Cruise M Shake It Up, Baby! GG Flip n' Chips Matching Game Healthy Hands	7 V Par 4 Golf Club K Spring Basket C Banana Nut Bread Relax & Recharge Rock Photo Holder M Take Me Out to the Ball Game Happy Hour C Corn Hole	Ribbon Dance Renny Ante Penny Ante Peanut Butter Cookies Relax & Recharge Pineapple Pinecones Sing Fit GG Horse Racing Healthy Hands
<ul> <li>Sunday Stretch</li> <li>Opposites</li> <li>Cheesy Bacon Balls         Relax &amp; Recharge</li> <li>Picture Prompt</li> <li>Name That Croon</li> <li>Games We Played As Kids         Healthy Hands</li> </ul>	V Move It Monday Spring Babies CC Cocoa Cupcakes Relax & Recharge Opposites Collage Sing Fit GG Horseshoes Healthy Hands	V Ping Pong K Garden Beginnings C Strawberry Pizza Relax & Recharge M Music with Nathan A Gel Air Fresheners GG Life on the Farm Healthy Hands	V Batter Up K Matching Colors C Chocolate Chip Muffins Relax & Recharge A Flip Flop Wreath M Sing Fit G Parachute Games Healthy Hands	V Spring Sing Along and Dance K Signs of Spring C Tomato Soup Relax & Recharge C Community Cruise M Sing Fit G Flip n' Chips Matching Game Healthy Hands	Par 4 Golf Club Spring Basket CC Oatmeal Bread Relax & Recharge A Coffee Filter Flag M Happy Hour with Ben Taylor GC Corn Hole Healthy Hands	V Ribbon Dance K Penny Ante C Peanut Butter Cup Cookies Relax & Recharge A Father's Day Cards M Sing Fit G Horse Racing Healthy Hands
V Sunday Stretch Opposites C Chicken Grape Salad Relax & Recharge A Shirt Cuff Pouch M Name That Croon GG Games We Played As Kids Healthy Hands	V Move It Monday Spring Babies Vegetable Medley Relax & Recharge A Doily Resist Painting Sing Fit GG Horseshoes Healthy Hands	V Ping Pong K Garden Beginnings C Chocolate Chip Cookies Relax & Recharge M Music with Nathan A Kandinsky Collaborative Art G Life on the Farm Healthy Hands	V Batter Up K Matching Colors C Lemon Sparkle Cupcakes Relax & Recharge A Summer Lanterns M Sing Fit G Parachute Games Healthy Hands	V Spring Sing Along and Dance K Signs of Spring C Chili Relax & Recharge Community Cruise M Sing Fit G Flip n' Chips Matching Game Healthy Hands	21 Summer Begins  V Par 4 Golf Club K Spring Basket CC Sour Cream Chive Bread Relax & Recharge DIY Rope Basket Take Me Out to the Ball Game Happy Hour Corn Hole  28	V Ribbon Dance Penny Ante Butterscotch Cookies Relax & Recharge A Homemade Brownie Mix In a Jar M Sing Fit GG Horse Racing Healthy Hands
Sunday Stretch Opposites Peanut Butter Cream Pie Relax & Recharge Creative Storytelling M Name That Croon GG Games We Played As Kids Healthy Hands	Move It Monday Spring Babies Candy Bar Apple Salad Relax & Recharge Easy DIY Mosaic Garden Pots Sing Fit GG Horseshoes Healthy Hands	V Ping Pong K Garden Beginnings C Strawberry Shortcake Relax & Recharge M Music with Nathan A Glue Art GG Life on the Farm Healthy Hands	W Batter Up K Matching Colors Blueberry Muffins Relax & Recharge Painted Drip Pots M Sing Fit GC Parachute Games Healthy Hands	V Spring Sing Along and Dance Signs of Spring Beef Soup Relax & Recharge Community Cruise Sing Fit GF Flip n' Chips Matching Game Healthy Hands	Par 4 Golf Club Spring Basket Cinnamon Swirl Bread Relax & Recharge Creating Memory Boards Take Me Out to the Ball Game Happy Hour Corn Hole	W Ribbon Dance R Penny Ante Apple Brown Betty Relax & Recharge Memory Boards Gala! Sing Fit G Horse Racing Healthy Hands
Sunday Stretch Opposites Apple Pie Oatmeal Dessert Relax & Recharge Creative Storytelling M Name That Croon GG Games We Played As Kids Healthy Hands						