



## Treating Yourself This Father's Day

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking

for a new activity to explore or a fun way to spend your father's day, consider the following:

### **Lifelong Learning**

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

### **Vitality**

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

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## Taste of Town

On June 20th we will be enjoying  
VooDoo BBQ and Grill.



## Did You Know...?

Happy Hour is on  
Fridays at 4:00 pm.

The Private Dining Room  
can be reserved for family  
events. Please contact  
Life Enrichment Director,  
Danielle for reservations.



## Volunteer News

We are looking for individuals  
that enjoy gardening to volunteer  
to help our residents bring  
their gardens to life. Thank you  
volunteers for everything that  
you do for our residents!



## Executive Director Corner

Happy June!  
With summer  
in full swing,  
it's time to  
break out

the bug spray, breathe in the  
warm air, and relax under the  
sun. Personally, my favorite  
part of the season is seeing  
familiar faces join us for  
our cookouts. Nothing says  
summer like enjoying good  
company with the smell of food  
on the grill, so I encourage  
everyone to come out!

This month, we're also excited  
to be kicking off our annual  
Independence from Hunger  
campaign. With the help of our  
sister campuses, we're proud  
to continue to provide over 1  
million pounds of food every  
year for food banks and non-  
profit organizations in our local  
community. We are always  
amazed at the level of support

we receive from employees,  
residents, families, and friends.  
At our campus, compassion  
is never in short supply.

We put the "fun" in fundraising,  
so you can expect to hear about  
all of the exciting events we  
have planned for this year's  
campaign in the near future!  
In the meantime, we would  
like to ask all members of  
our community to consider  
supporting this great cause.  
Every donation, big and  
small, is appreciated and  
makes more of a difference  
than you could ever know.

If you or a loved one are  
interested in making a donation,  
contact our Life Enrichment  
Director today. They'll be  
happy to hear from you!

Yours in Service,

*Christopher Fields*

Executive Director

## Photo Highlights



*Bethany Pointe recently celebrated their  
second themed dinner of the year. This  
time we "traveled" to Chicago where  
the residents, staff and even our therapy  
pets dressed up for a Speakeasy theme!*



*Legacy residents know how to celebrate  
Fridays at happy hour. These residents and  
staff have no trouble having a good time!*



# More Photo Highlights



*Legacy Lane residents paint stones to put in their garden for the Campus in Color gardening competition.*



*Bethany Pointe is blessed with so many wonderful and faithful volunteers. Pictured here are some of our volunteers that attended our "Thanks a Latte" appreciation event.*



*Our Healthcare and Assisted Living residents team up to give back to the Anderson community. They wrote kind thank you messages and packed pizza and breadsticks into to-go containers for our local first responders to say thank you for serving the residents at Bethany Pointe.*

## Sunday Brunch

Join us on June 16th for Sunday brunch. Each resident may bring two guests for free and after that tickets are just \$7 per person. Please call 765-356-0104 to reserve your spot with Monica, Director of Food Services.



## Trilogy Health Services Presents: BrainFIT

Empowering you to take control of your brain health, holistically, through education, nutrition, sleep, exercise and socialization! BrainFIT is a 5-week program designed to improve cognition by using physical activity, nutrition, brain exercises and socialization! Bethany Pointe will host BrainFit on its campus on Wednesdays from 6:00-7:00pm starting June 5th. Please contact Life Enrichment Director, Danielle for more details on enrolling in this free program.



# BETHANY POINTE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

**1707 Bethany Road**

**Anderson, IN 46012**

**765-622-1211**

**bethanypointehc.com |  **

*Christopher Fields*  
**Executive Director**

*Amber Stewart*  
**Director of Health Services**

*Alissa White*  
**Assistant Director of Health Services**

*Justus Norris*  
**Director of Plant Operations**

*Ven Murugesan*  
**Director of Rehab Services**

*Ana Maric*  
**Director of Social Services**

*Jennifer Edgecomb*  
**Business Office Manager**

*Monica McFerran*  
**Director of Food Services**

*Danielle Downey*  
**Life Enrichment Director**

*Mitzi Ochoa*  
**Director of Environmental Services**

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'Father's Day'

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three times a week with activities  
such as strength training, balance  
training yoga, Tai Chi, stretching,  
dancing, sport gaming systems  
activities, and walking clubs.

Again, this is a program that is  
available for everyone to enjoy.

## Just The Guys

Our male residents and staff have the  
opportunity to maintain a healthy,



active lifestyle and engage in fun  
activities when they participate in  
our Just the Guys program. Through  
this program, we offer 'the guys'  
opportunities to connect with each  
other through interesting activities  
and outings! Whether they meet  
for an all-guys breakfast, bond  
over a friendly poker game, or take  
a fishing trip, it's an opportunity  
for the guys to just be guys and  
enjoy each other's company.

Thank you to all of the fathers  
of our campus who inspire us  
to selflessly serve every day. If  
you're a resident who is interested  
in participating in any of the  
mentioned programs, contact our  
Life Enrichment Director today!

## Word Search

I	Y	B	V	J	I	S	M	G	L	H	S	T	N	W	E	K	R	L
A	I	L	R	E	F	U	P	P	L	Y	H	R	G	Q	V	M	M	S
V	R	Q	Y	X	U	A	A	O	S	J	T	Z	M	T	R	O	V	K
L	B	X	M	P	N	C	T	Y	R	V	G	F	I	S	H	I	N	G
K	J	I	R	L	M	B	O	H	S	T	D	O	Y	Q	Q	R	A	A
Y	M	O	J	O	E	B	Q	P	E	D	S	K	G	U	Z	F	K	M
G	H	V	K	R	N	L	V	I	O	R	V	Y	M	C	N	H	U	E
X	F	O	B	E	H	P	I	P	Z	M	C	I	H	I	R	S	E	S
W	U	U	Y	W	H	S	T	F	Y	W	L	R	G	Y	O	B	A	Z
R	Z	O	G	Q	O	D	A	D	M	I	S	T	E	R	H	A	H	C
K	J	Z	U	F	P	T	L	J	U	P	E	B	Q	P	Y	V	M	O
G	U	I	Y	H	F	I	I	A	P	A	P	E	S	M	A	S	I	L
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D	R	Z	U	T	W	Q	J	Z	Q	X	G	R	A	N	D	P	A	U
A	V	T	X	J	T	Z	R	T	R	Q	G	Y	G	M	J	U	P	Q
V	A	F	J	O	J	B	N	H	O	U	G	H	I	S	T	O	R	Y
E	Y	Z	A	Y	I	J	P	O	K	E	R	L	O	I	Y	T	A	R
Q	D	Q	Y	L	X	U	V	C	L	C	P	F	H	E	H	G	H	P

**BOYS  
DAD  
EXPLORE  
FATHER**

**FISHING  
GAMES  
GRANDPA  
GUYS**

**HEALTHY  
HISTORY  
JOKE  
MEN**

**MISTER  
POKER  
SPORTS  
VITALITY**