



Treating Yourself This Father's Day

On Sunday, June 16th, we celebrate Father's Day – a day when fathers everywhere will inevitably make the dad joke: "Isn't it funny that Father's Day is on a 'Son-day'?"

Horrible puns aside, we want to take this opportunity to acknowledge all of the wonderful fathers who call our campus home. So many of us have warm memories of attending ball games, changing flat tires, and learning about life with these important men in our lives.

At our campus, we have plenty of Life Enrichment programs that our fathers and everyday residents are sure to enjoy. If you're looking

for a new activity to explore or a fun way to spend your father's day, consider the following:

Lifelong Learning

We've learned so much from you, so why not let us return the favor? With our Lifelong Learning program, you'll join community members in taking part in any and all courses that you might be interested in. Do you want to know more about technology? History? Maybe you have a newfound passion for music that you want to explore. With Lifelong Learning, local instructors and volunteers will be happy to educate you about all of

these topics and more. Of course, this program is also offered to all members of our community. You don't have to be a father to want to expand your knowledge!

Vitality

Did you know that we also celebrate Men's Health Week this month? From the 10th through the 16th, we encourage early detection and treatment of preventable health problems and promote wellness amongst the men of our campus. And what better way to be well than with Vitality? With this program, we promote physical movement at least

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Happy Birthday!

Residents

William T.	June 04
Margaret B.	June 05
Nettie M.	June 11
Wanda B.	June 11
Charles S.	June 12
Mary T.	June 14
Donna R.	June 15
Bob S.	June 21
Carol R.	June 25
Eloise L.	June 27
Evangeline B.	June 27
Clara K.	June 28
Lora G.	June 29

Welcome!

Margaret K.



Executive Director Corner

Happy June!
With summer
in full swing,
it's time

to break out the bug spray, breathe in the warm air, and relax under the sun. Personally, my favorite part of the season is seeing familiar faces join us for our cookouts. Nothing says summer like enjoying good company with the smell of food on the grill, so I encourage everyone to come out!

This month, we're also excited to be kicking off our annual Independence from Hunger campaign. With the help of our sister campuses, we're proud to continue to provide over 1 million pounds of food every year for food banks and non-profit organizations in our local community. We are always amazed at the level of support we receive from employees,

residents, families, and friends. At our campus, compassion is never in short supply.

We put the "fun" in fundraising, so you can expect to hear about all of the exciting events we have planned for this year's campaign in the near future! In the meantime, we would like to ask all members of our community to consider supporting this great cause. Every donation, big and small, is appreciated and makes more of a difference than you could ever know.

If you or a loved one are interested in making a donation, contact our Life Enrichment Director today. They'll be happy to hear from you!

Yours in Service,

Katrina Keck
Executive Director

Customer Service Moment

Staff at Aspen Place raised funds for Greensburg Bread of Life by hosting a walking taco bar. Over \$350.00 was raised through donations from staff and community for this event.

Family Night

Our annual Easter Extravaganza was once again a hit with residents, their families and our community. Over 2,000 eggs were filled by the residents and the children enjoyed hunting the eggs, as well as participating in a magic show by Master Magician Travis Easterling.

Campus in Color

Summer is in full bloom at Aspen Place! Volunteer (and niece to resident Moni P.), Marilyn Davis, Katrina Keck, Aspen Place Executive Director, and our residents ventured to the local nursery to choose flowers for our Campus in Colors project. This will continue to evolve

throughout the campus over the summer months and includes the beautiful flowers that were chosen, as well as garden items that have been planted.





Smile of the Month

Julia T. has been a resident of Aspen Place for over 4 years. Julia and her husband, Fred, also an Aspen Place resident, made their lives in Columbus, Indiana with their two children. Julia and Fred owned multiple ice creams shops, along with other thriving businesses in the Columbus area. Julia has had a lifelong love of reading and enjoys her books now through audio. Her

favorite author is Nicholas Sparks and she also enjoys books about the Amish. Julia is the epitome of an elegant woman who enjoys sharing stories and words of wisdom with those around her. We are blessed to have Julia at Aspen Place.

LIVE A DREAM

Take me out to the ballgame! Several residents, their family members and Aspen Place volunteers attended a Reds vs. Giants game on May 06 as a group Live a Dream. The weather was perfect on this day and we were witness to a very impressive win by the Cincinnati Reds, everyone enjoyed LaRosa's pizza, and we all brought home memories that will last a lifetime. Thank you to Serena Haming and the Trilogy Foundation for making this event possible.



THEMED DINNER

A Chicago Speakeasy was the theme of our May Themed Dinner and our residents were decked out in their best 20's attire, along with fedora hats and long strands of pearl necklaces. The days fare consisted of French toast, French dip sandwiches, delicious appetizers, crusted veal, and pineapple upside down cake with a bourbon glaze. A fun time was had by all and residents were grateful for all of the extra effort put in by our dining services team in making it a day to remember.



Living Arts

After several months of learning and sewing, undoing and redoing, the residents have completed their first quilt. This work of art will be auctioned in the upcoming weeks, with the proceeds benefiting our resident programs. Thank you to Shirley and Lois for the support, supplies and guidance. We look forward to our next adventure with you!



Did You Know...?

Trilogy has a travel club? At Trilogy, we believe that age shouldn't prevent you from doing the things that you love with the people you love. If you dream of traveling, but are concerned about getting the care you need, then the Trilogy Travel Club is here for you. Reach out to Life Enrichment Director, Jeni Schnebelt or visit Trilogy.travelclub.com.

Aspen Place Health Campus hosts Virtual Dementia Tours? Increase your understanding of Alzheimer's and other forms of dementia through firsthand experience by participating in one of these tours. For more information, contact our CSR, Courtney Crowe at (812) 527-2222.

Ladies Tea is on the 3rd Thursday of each month at 3:00pm. We welcome all visitors and anyone who would like to volunteer to share their special talents. Contact Jeni Schnebelt, Life Enrichment Director, at (812) 527-2222.



ASPEN PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

2320 N. Montgomery Rd.

Greensburg, IN 47240

812-527-2222

aspenplacehc.com |

Katrina Keck
Executive Director

Beverly Williams
Director of Health Services

Courtney Crowe
Community Services Representative

Kristine Brooks
Business Office Manager

Jeni Schnebelt
Life Enrichment Director

Shelby Allen
Environmental Services Director

Christy Scoggins
Medical Records Clerk

Tina Adams
Social Services Director

Rachael Tatman
Staff Development LPN

Becky Knecht / Alicia Mitchell
Legacy Lane & AL Coordinators

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Father's Day'

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three times a week with activities
such as strength training, balance
training yoga, Tai Chi, stretching,
dancing, sport gaming systems
activities, and walking clubs.

Again, this is a program that is
available for everyone to enjoy.

Just The Guys

Our male residents and staff have the
opportunity to maintain a healthy,



active lifestyle and engage in fun
activities when they participate in
our Just the Guys program. Through
this program, we offer 'the guys'
opportunities to connect with each
other through interesting activities
and outings! Whether they meet
for an all-guys breakfast, bond
over a friendly poker game, or take
a fishing trip, it's an opportunity
for the guys to just be guys and
enjoy each other's company.

Thank you to all of the fathers
of our campus who inspire us
to selflessly serve every day. If
you're a resident who is interested
in participating in any of the
mentioned programs, contact our
Life Enrichment Director today!

Word Search

I	Y	B	V	J	I	S	M	G	L	H	S	T	N	W	E	K	R	L
A	I	L	R	E	F	U	P	P	L	Y	H	R	G	Q	V	M	M	S
V	R	Q	Y	X	U	A	A	O	S	J	T	Z	M	T	R	O	V	K
L	B	X	M	P	N	C	T	Y	R	V	G	F	I	S	H	I	N	G
K	J	I	R	L	M	B	O	H	S	T	D	O	Y	Q	Q	R	A	A
Y	M	O	J	O	E	B	Q	P	E	D	S	K	G	U	Z	F	K	M
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A	V	T	X	J	T	Z	R	T	R	Q	G	Y	G	M	J	U	P	Q
V	A	F	J	O	J	B	N	H	O	U	G	H	I	S	T	O	R	Y
E	Y	Z	A	Y	I	J	P	O	K	E	R	L	O	I	Y	T	A	R
Q	D	Q	Y	L	X	U	V	C	L	C	P	F	H	E	H	G	H	P

BOYS
DAD
EXPLORE
FATHER

FISHING
GAMES
GRANDPA
GUYS

HEALTHY
HISTORY
JOKE
MEN

MISTER
POKER
SPORTS
VITALITY