ASHFORD PLACE HEALTH CAMPUS ASSISTED LIVING

· JUNE 2019

		• 9	•		•	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminis L - Lifelong Learning M - Music to My Ears	NUMERIC CODES: 1) Health Center Activity 2) Health Center Main Dining 3) Health Center Riley Cafe 4) Covered Courtyard 5) Assisted Living Activity 6) A.L. Living Room	JUNE BIRTHDAYS John K. June 19	JUNE EVENTS Taste of Town: 6/4 Dinner Bears Den Sunday Brunch: 6/9 Resident Council: 6/10 @ 1:30pm Out to Lunch: 6/18 to Augustins Chefs Circle: 6/12 @ 10am			1 V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
2 GF 9:00 Coffee Social (5) GG 9:30 Pokeno (5) I 2:00 Worship - Salvation (2) K 3:00 Yahtzee (5)	Army 9:30 Walking Club 10:30 Artisans- Canvas Painting (1) 2:00 Country Music History (1) 3:30 Just the Guys- Domino Club 3:00 FARKLE (1) 3:30 The Sheppard Brothers	9:30 Gardening Club 10:30 Left, Right, Center (1) 12:00 Taste of Town- Bears Den 2:00 Outing- Rural King 3:00 Phase 10 (5) 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Euchre Club (1) 2:00 Spiritual Reflections - DH (1) 3 2:30 Artisans-Generational Painting with kids	9:30 Gardening Club 10:30 Country Cruise 10:30 Farkle (5) 2:00 Outing- Dollar Tree 3:00 Phase 10 (1) 6:30 Pokeno (2)	7 9:30 Walking Club 10:30 Avocado Chickpea salad (5) 1:30 POKENO (2) 3:00 Happy Hour with Steve Jeffris	9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
9 9:00 Coffee Social (5) 9:30 Pokeno (5) 11:00 SUNDAY BRUNCH 1: PM 2:00 Ashford Place Wors 3:00 Yahtzee (5)	S 1:30 Resident Council - AL (5)	9:30 Gardening Club 11:00 Indianapolis Zoo 3:00 Phase 10 (5) GG 6:30 Bingo (5)	2:00 Chicken Soup for the Grandparents Soul	9:30 Gardening Club 10:30 Country Cruise GG 10:30 Farkle (5) 2:00 Outing- Walmart K 3:00 Phase 10 (1) GG 6:30 Pokeno (2)	Flag Day S 9:30 Dads and Donuts 9:30 Walking Club CC 10:30 Lemon Cherry tart bubbly (5) GG 1:30 POKENO (2) 3:00 Happy Hour with Noteworthy	9:30 Gardening Club 10:30 Euchre (1) 3:00 Group Crossword (5)
16 Father's Day GF 9:00 Coffee Social (5) 9:30 Pokeno (5) 1 2:00 Worship - Beacon B (2) K 3:00 Yahtzee (5)	9:30 Walking Club A 10:30 Artisans- Tin Foil	9:30 Gardening Club K 10:30 Left, Right, Center (1) 11:45 Out to Lunch- Augustin Mexican K 3:00 Phase 10 (5) GG 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Artisans-Painting Club (5) 2:00 Spiritual Reflections - DH 3:00 Euchre Club (1)	20 V 9:30 Gardening Club O 10:30 Country Cruise GG 10:30 Farkle (5) O 1:00 Outing- Casino K 3:00 Phase 10 (1) GG 6:30 Pokeno (2)	21 Summer Begins V 9:30 Walking Club 10:30 Reeses Peanut Butter cookies (5) GG 1:30 POKENO (2) 3:00 Happy Hour with Don Stegemiller	22 V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
23 GF 9:00 Coffee Social (5) GG 9:30 Pokeno (5) 1 2:00 Worship - First Chur K 3:00 Yahtzee (5)	ch 9:30 Walking Club 10:30 Artisans- Bird Feeders (5) 2:00 Knitting 101 (1) JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1)	9:30 Gardening Club 10:30 Left, Right, Center (1) 2:00 Outing- Cummins Museum 3:00 Phase 10 (5) 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Artisans-Painting Club (5) 2:00 Chicken Soup for the Grandparents Soul X 3:00 Euchre Club (1)	27 V 9:30 Gardening Club O 10:30 Country Cruise GG 10:30 Farkle (5) O 2:00 Outing- Family Dollar K 3:00 Phase 10 (1) GG 6:30 Pokeno (2)	28 V 9:30 Walking Club CC 10:30 Apple Sauce Sheet Cake (5) GG 1:30 POKENO (2) S 3:30 Happy Hour with Michael Jackson Imp.	9:30 Gardening Club 10:30 Euchre (1) 2:15 Bingo (5) 3:00 Group Crossword (5)
9:00 Coffee Social (5) 9:30 Pokeno (5) 2:00 Worship - First Bapt 3:00 Yahtzee (5)	ist					

ASHFORD PLACE HEALTH CAMPUS HEALTH CENTER

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Mindful Moments	NUMERIC CODES: 1) Health Center Activity 2) Health Center Main Dining 3) Health Center Riley Cafe 4) Covered Courtyard 5) Assisted Living Activity	JUNE BIRTHDAYS Anna Z. June 6 Cecila B. June 18 Dorrette K. June 22 Helen M. June 17	JUNE BIRTHDAYS Irma M. June 10 Norma L. June 12 Ruth A. June 23 Walter W. June 3	JUNE EVENTS: Taste of Town: 6/04-Dinner, Bears Den Sunday Brunch: 6/09 Resident Council: 6/10 at 9:30a Inspired Living: 6/10 @ 10a Out to lunch- 6/18 @ Augustins Chefs Circle: 6/13 @ 11am		1 V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
2 GF 9:00 Coffee Social (5) 9:30 Pokeno (5) 1 2:00 Worship - Salvation Arm (2) K 3:00 Yahtzee (5)	y 9:00 Balloon Volley 10:30 Artisans- Canvas Painting (1) 2:00 Country Music History (1) 3 Just the Guys- Domino Club MM 2:30 Mindful Moments 3:00 FARKLE (1)	9:30 Gardening Club 10:30 Left, Right, Center (1) 12:00 Taste of Town- Bears Den 2:00 Outing- Rural King MM 2:30 Mindful Moments K 3:00 Phase 10 (5) GG 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Euchre Club (1) 2:00 Spiritual Reflections - DH (1) 3 Artisans-Generational Painting with kids MM 2:30 Mindful Moments	9:30 Gardening Club M 10:30 Music Therapy (1) O 10:30 Country Cruise GG 10:30 Farkle (5) O 2:00 Outing- Dollar Tree MM 2:30 Mindful Moments K 3:00 Phase 10 (1) GG 6:30 Pokeno (2)	7 9:00 Cornhole (1) 10:30 Avocado Chickpea salad (5) 1:30 POKENO (2) 2:30 Mindful Moments 3:00 Happy Hour with Steve Jeffris	8 V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
9 GF 9:00 Coffee Social (5) GG 9:30 Pokeno (5) S 11:00 SUNDAY BRUNCH 11 to 3 PM I 2:00 Ashford Place Worship (3 3:00 Yahtzee (5)	HC (1)	9:30 Gardening Club 11:00 Indianapolis Zoo 2:30 Mindful Moments 3:00 Phase 10 (5) GG 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Artisans-Painting Club (5) 2:00 Chicken Soup for the Grandparents Soul 2:30 Mindful Moments 3:00 Music with Tom Wright (6)	9:30 Gardening Club 10:30 Country Cruise GG 10:30 Farkle (5) M 10:30 Music Therapy (1) 11:00 Chefs Circle (2) 2:00 Outing- Walmart MM 2:30 Mindful Moments K 3:00 Phase 10 (1)	Flag Day S 9:30 Dads and Donuts CC 10:30 Lemon Cherry tart bubbly (5) GC 1:30 POKENO (2) MM 2:30 Mindful Moments S 3:00 Happy Hour with Noteworthy	9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
Father's Day GF 9:00 Coffee Social (5) 9:30 Pokeno (5) 1 2:00 Worship - Beacon Baptis (2) K 3:00 Yahtzee (5)	9:00 Balloon Volley 10:30 Artisans- Tin Foil Impressions (6) MM 2:30 Mindful Moments JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1)	18 V 9:30 Gardening Club 10:30 Left, Right, Center (1) 11:45 Out to Lunch- Augustin Mexican MM 2:30 Mindful Moments 3:00 Phase 10 (5) GG 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Artisans-Painting Club (5) 2:00 Spiritual Reflections - DH 2:30 Mindful Moments 3:00 Euchre Club (1)	9:30 Gardening Club 10:30 Country Cruise GG 10:30 Farkle (5) M 10:30 Music Therapy (1) 1:00 Outing- Casino MM 2:30 Mindful Moments K 3:00 Phase 10 (1) GG 6:30 Pokeno (2)	21 Summer Begins V 9:00 Cornhole CC 10:30 Reeses Peanut Butter cookies (5) GG 1:30 POKENO (2) MM 2:30 Mindful Moments S 3:00 Happy Hour with Don Stegemiller	9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:00 Group Crossword (5)
9:00 Coffee Social (5) 9:30 Pokeno (5) 2:00 Worship - First Church 3:00 Yahtzee (5)	9:00 Balloon Volley 10:30 Artisans- Bird Feeders (5) 2:00 Knitting 101 (1) 2:30 Mindful Moments JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1)	9:30 Gardening Club 10:30 Left, Right, Center (1) 2:00 Outing- Cummins Museum 2:30 Mindful Moments 3:00 Phase 10 (5) 6:30 Bingo (5)	9:30 Walking Club (6) 10:30 Artisans-Painting Club (5) 2:00 Chicken Soup for the Grandparents Soul MM 2:30 Mindful Moments 3:00 Euchre Club (1)	V 9:30 Gardening Club 10:30 Country Cruise GG 10:30 Farkle (5) M 10:30 Music Therapy (1) O 2:00 Outing- Family Dollar MM 2:30 Mindful Moments K 3:00 Phase 10 (1) GG 6:30 Pokeno (2)	9:00 Cornhole 10:30 Apple Sauce Sheet Cake (5) 1:30 POKENO (2) 2:30 Mindful Moments 3:30 Happy Hour with Michael Jackson Imp.	9:30 Gardening Club 10:30 Euchre (1) 3:00 Group Crossword (5)
30 GF 9:00 Coffee Social (5) 9:30 Pokeno (5) 2:00 Worship - First Baptist 3:00 Yahtzee (5)						

ASHFORD PLACE HEALTH CAMPUS DAILY RHYTHMS

· JUNE 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Morning 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep	Early Afternoon 12:45 Relax & Recharge 1:30 Connections: Reminisce 2:00 Artisans Late Afternoon	Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions			I V Ribbon Dance K Penny Ante CC Dip Relax & Recharge A Paint and Sip M Car-a-oke Road Trip GG Horse Racing Healthy Hands
V Sunday Stretch Opposites Chocolate covered fruit Relax & Recharge Cactus Painting M Name That Croon GG Games We Played As Kids Healthy Hands	Move It Monday Spring Babies Pizza Relax & Recharge Wooden Beads Keychain Feel the Heartbeat The Sheppard Brothers (6) Horseshoes	Wildflower Tour Garden Beginnings Country Cruise Taste of Town- Bears Den Relax & Recharge A Paint and Sip I Like You GG Life on the Farm	Description of the state of the	 Spring Sing Along and Dance Signs of Spring Music Therapy Relax & Recharge Paint and Sip Shake It Up, Baby! Flip n' Chips Matching Game Healthy Hands 	7 V Par 4 Golf Club Spring Basket cookies Relax & Recharge A Paint and Sip S Happy Hour with Steve Jeffris M Take Me Out to the Ball Game Happy Hour	Ribbon Dance Penny Ante CC Chocolate covered fruit Relax & Recharge Paint and Sip M Car-a-oke Road Trip GG Horse Racing Healthy Hands
9 V Sunday Stretch C Opposites S SUNDAY BRUNCH 11 to 1 PM Relax & Recharge Picture Prompt M Name That Croon GG Games We Played As Kids Healthy Hands	V Move It Monday K Spring Babies CC Dip Relax & Recharge A Opposites Collage M Over the Hill Gang (6) M Feel the Heartbeat GG Horseshoes	V Wildflower Tour K Garden Beginnings O Country Cruise Relax & Recharge A Paint and Sip M I Like You GG Life on the Farm Healthy Hands	W Batter Up Matching Colors Cheesecake Relax & Recharge Paint and Sip Tom Wright GG Parachute Games Healthy Hands	V Spring Sing Along and Dance K Signs of Spring M Music Therapy Relax & Recharge A Paint and Sip M Shake It Up, Baby! GG Flip n' Chips Matching Game Healthy Hands	V Par 4 Golf Club Dads and Donuts Relax & Recharge Coffee Filter Flag Happy Hour with Noteworthy You're a Grand Old Flag Happy Hour GG Corn Hole Healthy Hands	V Ribbon Dance Penny Ante CC Dip Relax & Recharge A Father's Day Cards M Car-a-oke Road Trip GG Horse Racing Healthy Hands
V Sunday Stretch Opposites C Cookies Relax & Recharge Paint and Sip Name That Croon G Games We Played As Kids Healthy Hands	V Move It Monday Spring Babies Muffins Relax & Recharge Paint and Sip Feel the Heartbeat Horseshoes Healthy Hands	Wildflower Tour Garden Beginnings Country Cruise Relax & Recharge A Kandinsky Collaborative Art I Like You GC Life on the Farm Healthy Hands	Description of the state of the	V Spring Sing Along and Dance Signs of Spring M Music Therapy Relax & Recharge A Paint and Sip M Shake It Up, Baby! GG Flip n' Chips Matching Game Healthy Hands	21 Summer Begins V Par 4 Golf Club K Spring Basket C chocolate coverd fruit Relax & Recharge Paint and sip Happy Hour with Don Stegemiller Take Me Out to the Ball Game Happy Hour	Ribbon Dance Penny Ante Dip Relax & Recharge Homemade Brownie Mix In a Jar Car-a-oke Road Trip Horse Racing Healthy Hands
V Sunday Stretch C Opposites C Cookies Relax & Recharge C Creative Storytelling Name That Croon GG Games We Played As Kids Healthy Hands	V Move It Monday Spring Babies ce cheesecake Relax & Recharge Paint and Sip Feel the Heartbeat Horseshoes Healthy Hands	V Wildflower Tour K Garden Beginnings Country Cruise Relax & Recharge A Glue Art I Like You GG Life on the Farm Healthy Hands	W Batter Up Matching Colors CC Muffins Relax & Recharge Paint and Sip Singin' in the Rain Parachute Games Healthy Hands	V Spring Sing Along and Dance Signs of Spring M Music Therapy Relax & Recharge Creating Memory Boards Shake It Up, Baby! GG Flip n' Chips Matching Game Healthy Hands	V Par 4 Golf Club Spring Basket Pizza Relax & Recharge Creating Memory Boards Happy Hour with Michael Jackson Imp. M Take Me Out to the Ball Game	V Ribbon Dance Penny Ante CC Pudding Relax & Recharge A Memory Boards Gala! M Car-a-oke Road Trip Horse Racing Healthy Hands
V Sunday Stretch Opposites Jello Relax & Recharge Creative Storytelling Name That Croon GG Games We Played As Kids Healthy Hands						