The Haven at Springwood
Personal Care & Memory Care

May 2019

Haven at Springwood

28	29	30	May 1 Green Salad Slow Roasted Turkey or Smothered Pork Chop Cornbread Stuffing/Chilies Baked Seasoned Squash Baked Roll Berry Cobbler	2 Green Salad Classic Baked Ham or Chicken Cacciatore Cheesy Scalloped Potatoes Beets Baked Roll Carrot Cake Cookie	3 Green Salad BBQ Glazed Meatballs or Cod/Tomato Cream Sauce Seasoned Rice Country Trio Medley Baked Roll White Almond Cake	4 Green Salad Bacon Ranch Chicken or Corned Beef and Cabbage Steamed Red Potatoes Capri Blend Baked Roll Banana Cream Pudding
5 Green Salad Apricot Glazed Pork Roast or Roast Beef au Jus Hawaiian Style Rice Sesame Green Beans Baked Roll Funfetti Bars	6 Green Salad Country Fried Steak/Gravy or Honey Glazed Roasted Turkey Fresh Mashed Potatoes Corn Chocolate Sour Cream Cake	7 Green Salad Greek Grilled Chicken or Grilled Polish Sausage Penne Pasta Oven Roasted Cauliflower Baked Roll Fruit Cobbler	8 Green Salad Lemon Baked Sole or Baked Ham/Mustard Sauce Aloha Sweet Potatoes Fresh Asparagus Baked Roll Key Lime Pie	9 Green Salad Glazed Hamburger Steak or Herb Roasted Turkey with Gravy Baked Potato Peas and Onions Baked Roll Cherry Parfait	10 Green Salad Chicken/Mushroom Cream Sauce or Baked Dijon Salmon White and Wild Rice Pilaf Chef's Steamed Vegetable Baked Roll Yellow Cake with Fruit Topping	11 Green Salad Tangy Country-Style Ribs or Braised Beef Favorite Baked Beans Fresh Cooked Carrots Baked Roll Raspberry Split Cookies
12 Green Salad Balsamic Tomato Glazed Meatloaf or Almond Crusted Chicken Herb Roasted Red Potatoes California Normandy Blend Baked Roll Lemon Cake	13 Green Salad Chicken/Raspberry Sauce or Seasoned Baked Cod Lemon Rice Steamed Sugar Snap Peas Baked Roll Peach Cobbler	14 Green Salad Parmesan Crusted Pork Chops or Turkey Divan Baked Yams Chef's Steamed Vegetable Baked Roll White Poke Cake	15 Green Salad Skillet Beef Patty/Gravy or Juicy Ham Classic Mashed Potatoes Mixed Vegetables Baked Roll Fresh Banana Cream Pie	16 Green Salad Lemon Pepper Chicken or Ginger Lime Pork Parmesan Pasta Grilled Asparagus Baked Roll Fruit Marshmallow Dessert	17 Green Salad Tropical Tilapia or Pepper Smothered Cube Steak Seasoned Rice Sauteed Spinach Baked Roll Soft Snickerdoodle	18 Green Salad Beef Stroganoff or Smoked Roasted Turkey California Normandy Blend Garlic Bread Coffee Cake
19 Green Salad Baked Ham/Peach Sauce or Orange Teriyaki Beef Fresh Mashed Potatoes/Gravy Broccoli Baked Roll Fresh Blueberry Pie	20 Green Salad Sweet and Sour Chicken or Broiled Tilapia Parmesan Red Potatoes Fresh Asparagus Baked Roll Banana Sheet Cake	21 Green Salad Seasoned Meatballs/Gravy or Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Cream Puffs	22 Green Salad Grilled Pork Chop or Broccoli Quiche Roasted Potato Medley Lima Beans Baked Roll Fruit Crisp	23 Green Salad Baked Beef Brisket or Grilled Chicken/Cucumber Melon Sauce Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding	24 Green Salad Cod Fillet or Roasted Pork Parmesan Potatoes Coleslaw Baked Roll Frozen Sherbet Dessert	25 Green Salad Lemon Oregano Turkey or Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
26 Green Salad Beef Pot Roast or Grilled Salmon Herb Mashed Potatoes Fresh Asparagus Baked Roll Lemon Meringue Pie	27 Green Salad Southern Fried Chicken or Beef Parmesan Patty Favorite Baked Beans Baked Seasoned Squash Baked Roll Peach Crisp	28 Green Salad Pork Chop Dijon or Beef Cube Steaks Smashed Sweet Potatoes Seasoned Cabbage Baked Roll Ice Cream	29 Green Salad Salisbury Steak/Gravy or Turkey Roast/Zesty Rub Baked Potato Peas/Mushrooms Fruit Tart	30 Green Salad Grilled Chicken Breast or Baked Parmesan Fish Creamy Pasta Alfredo Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	31 Green Salad Classic Baked Ham or Broccoli Quiche Rice Pasta Pilaf Chef's Steamed Vegetable Baked Roll Lemonade Cake	Jun 1