



SENIOR LIVING AT
FOREST RIDGE

A Trilogy Senior Living Community

Leaflet

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

| | |
|------------|------|
| Charles K. | 5/03 |
| June S. | 5/05 |
| Jeanine M. | 5/07 |
| Monte G. | 5/09 |
| David W. | 5/12 |
| Elva F. | 5/12 |
| Jacky S. | 5/15 |
| Betty H. | 5/30 |

Staff

| | |
|-----------|------|
| Sheila M. | 5/09 |
| Norma K. | 5/10 |
| Chuck R. | 5/20 |

Welcome New Residents

Welcome to Senior Living at Forest Ridge Betty H. and Wanda S.

The staff and Residents would like to extend our warmest welcome - And thank you for choosing us!



Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll around our campus. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to kick off this month in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our dining room to immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking, in what looked like a scene pulled straight from a noir film. What an evening!

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to experience the Theme Weeks planned for later this year. If you're interested in participating, contact our Life Enrichment Director to learn about how you can save yourself a seat!

Yours in Service,

Laura Lisa Stamper
Executive Director

Did You Know...?

You can read the monthly newsletter online rather than receiving it in the mail? Please follow the campus link www.seniorlivingatforestridge.com and let Norma know if you would like to discontinue the newsletter by mail.

Social Hour is weekly at 4:00pm. Come enjoy live entertainment, drinks, and appetizers!

Join us on the fourth Sunday of every month for our Family Brunch at 11:00am. Please call our business office at 765-521-4740 and let us know that you will be joining us!

Winter Triathlon

In the month of March, residents participated in our annual Winter Triathlon, where they compete in spelling and most laps completed around the campus. This year, we would like to congratulate **Allen K. for winning the "Most Laps Walked" Competition**. In addition, congratulations goes to **Ethel C. for winning the Spelling Competition**. We would like to thank the residents who participated in the Triathlon and we hope you will join us next year for another exciting event.



OUT AND ABOUT

We visited many different towns this past month, where we sampled the local cuisines. We began the month in Winchester, where we dined at Ms. Wick's Pie Restaurant and then continued our afternoon, shopping in their bakery. Later in the month, we explored Anderson and ate at both the Olive Garden and Hoosier Park and Casino, where the residents played the slots. Wrapping up the month, we sampled some Mexican Entrees at New Castle's El Chile Plano Mexican Restaurant. The residents had an excellent time traveling to these various towns during their weekly outings and the cuisine was fantastic.



Hal R. is trying his luck at the slots during an outing at Hoosier Park's Casino in Anderson.



Residents enjoyed their lunch at El Chile Poblano in New Castle.



Hal R., Juanita Y., and Kathy R. went shopping at Ms. Wick's Pie Shop in Winchester.



Peggy H. and her daughter, Kelly, enjoyed their night.



Charlie H. and Bette D. are playing the slots during our weekly outing.

Metamora Canal Tour

Senior Living is planning a Metamora Canal Tour on Thursday, May 23 at 9am. If family and friends have any questions or are interested in joining us, please RSVP by May 20 by calling Norma Kriner at (765) 521-4740.



September C. is distributing golden candy to resident, Helen F.



Norma K. is delivering a green Carnation to resident, Don H.



St. Patrick's Day Celebration

For St. Patrick's Day, our residents were treated with a homemade Irish Cuisine and party favors. They also enjoyed having their picture taken, showing off their green. Afterwards, the Cornfield Cloggers performed a few Celtic songs for the residents, which they enjoyed immensely.

◀ *Employees celebrated St. Patrick's Day by supplying residents green Carnations and beer.*



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2800 Forest Ridge Parkway

New Castle, IN 47362

765-521-4740

seniorlivingatforestridge.com



LauraLisa Stamper
Executive Director

Debbie Godfrey
Business Office Manager

Norma Kriner
Resident Activity Director

Stacey Bonwell
Director of Food Services

Vickie Taylor
Director of Environmental Services

Charles Riley
Director of Plant Operations

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

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ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK