



RIVER TERRACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# News

May 2019



## Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

### Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

### Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

### Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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# Happy Birthday!

## Residents

Dorothy G.	May 23
Betty C.	May 24
Alice N.	May 25
Rosemary D.	May 29

## Staff

Michael M.	May 01
Alex M.	May 04
Jessica K.	May 07
Jessica S.	May 15
Andrea B.	May 20
Kelsey S.	May 27

## Looking For...

If you or someone you know works with students and would like to connect with seniors, please contact the Life Enrichment Department.

## Happy Hour

Happy Hour is weekly at 3 p.m. Please join us for good food, entertainment and fun with friends.

## Fun Times at Happy Hour with Friends



## Executive Director Corner

Greetings from River Terrace Health Campus!

Happy May!

As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

*Brittan Mefford*

Executive Director





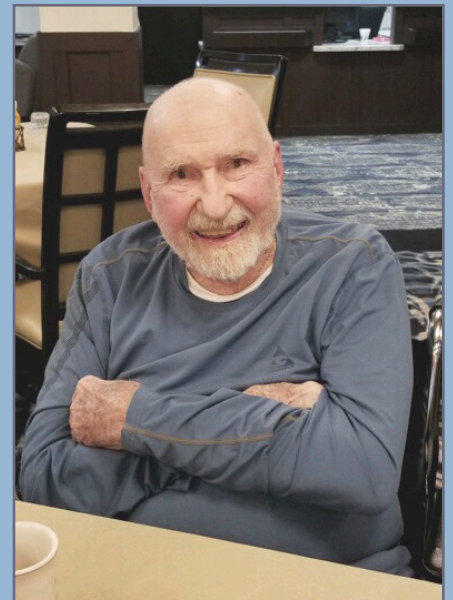
# ELVIS CAME TO ENTERTAIN US AT FAMILY NIGHT



## Craft Time with Friends



## Smile of the Month!







## RIVER TERRACE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

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*Brittan Mefford*  
Executive Director

*Krissy Sample*  
Director of Health Services

*Jennifer McFadden*  
Assistant Director of Health Services

*Dana Riddle*  
Customer Services Representative

*Matt Dean*  
Business Office Manager

*Cindy Ramsey*  
Life Enrichment Director

*Kyle Sphire*  
Director of Social Services

*Michael Maloney*  
Director of Plant Operations

*Eric Torline*  
Director of Food Services

*Roxann Davis*  
Scheduler

*Evelyn Reynolds*  
Director of Environmental Services

*Tina Bell*  
Medical Records

### Stay in the Loop [Twitter](#) [Facebook](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'Theme Week'

*...continued from cover*

It's natural to crave  
adventure, and we're always  
looking for new ways to  
bring that adventure to  
you. So while you wait for  
our next Theme Week, let  
us take you for a trip to  
town. Visit the Farmer's  
Market, or enroll in an art  
course with our *Lifelong  
Learning* program. And  
while you're enjoying  
yourself, we'll already  
be making plans for  
what you can do next.



## Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
L	B	G	F	A	C	F	K	F	X	A	H	S	H	T	E	N	Y	D
B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
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M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
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G	Q	D	A	E	V	U	C	J	B	Z	O	E	E	O	T	I	R	V
K	A	P	P	W	V	X	E	A	A	F	P	M	I	N	Q	K	L	H
I	I	L	C	B	A	D	C	Z	K	X	U	D	E	I	C	Y	Y	A
J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
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P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES  
ADVENTURE  
AMERICA  
CELEBRATE

COSTUMES  
DINNER  
EXPERIENCE  
GALORE

GATSBY  
JAZZ  
MARTINI  
OUTFITS

PARTY  
SPEAKEASY  
THEME  
WEEK