



## Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

### **Party in the USA**

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

### **Dressing Up**

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

### **Activities Galore**

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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## Happy Birthday!

May 03	Agnes V.
May 12	Tim C.
May 18	Roselyn H.
May 23	Janet W.

## Volunteer News

Here at Silver Oaks Health Campus we welcome all volunteers, including those of the four-legged variety! We truly enjoyed the visit from Rowan the Maltipoo, and all of our Therapy Dogs from Dog World and Love on a Leash! People are happier and healthier in the presence of animals. Scientifically documented benefits of the human-animal bond include decreased blood pressure, reduced anxiety, and enhanced feelings of well-being. Please contact the Life Enrichment Department if you know of an animal visitor that want to come to Silver Oaks!

## Did You Know...?

The Private Dining Room can be reserved for special events, private meals, and family visits. See Guest Relations to make reservations.

Happy Hour is weekly at 3:30pm!

The Trilogy Foundation grants scholarships, support, and aid to staff!

## Executive Director Corner

Greetings from Silver Oaks Health Campus! The April showers have subsided, and May flowers are sprouting all over our campus! Our Campus in Color competition is in full swing, and we encourage you to stop by any time, whether you are looking to get your hands dirty, soak up some sun, or just enjoy a friendly visit in our campus courtyard with a glass of iced tea.

Besides planting, preening, and admiring all of the gorgeous blooms, our residents will be participating in many fun activities outside this month, including our special Senior Health and Fitness Day celebration. For this event,

we will be joining hands with our therapy provider, Paragon Rehabilitation, to host a day full of senior-friendly exercises, activities, and healthy snacks.

I would like to take a moment to thank everyone who filled out our CSS Survey. Your suggestions are invaluable to our campus team as we strive to exceed your expectations! I hope that this month is full of life and color for you, as it will be at our campus. Remember to follow us on Facebook and Twitter to keep up-to-date on all the latest.

Yours in Service,  
*Pamela Cole*  
Executive Director

## BFF Program

Trilogy Health Services and Silver Oaks Health Campus has collaborated with the Best Friends Approach to bring the philosophy of Best Friends to our Campus!

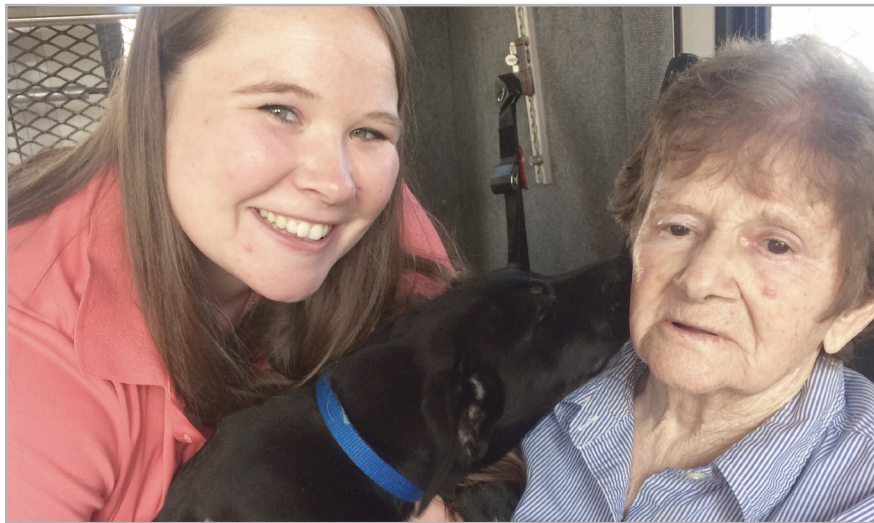
The BFF Approach teaches that what a person with dementia needs most is a friend, a "Best Friend." This can be a family member, friend, or staff member who empathizes with their situation, remains loving and positive, and is dedicated to helping the person feel safe, secure, and valued! Please join us to start your Best Friends journey this year.

Contact the Life Enrichment Department to learn more about the BFF Program!





# Volunteer Highlights







## SILVER OAKS

HEALTH CAMPUS

*A Trilogy Senior Living Community*

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*Pamela Cole*  
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Director of Health Services

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*Alesa McQueary*  
Life Enrichment Director

*Melissa Hacker*  
Director of Therapy

*Bridget McIntosh*  
Social Services Director

*Jill Neuman*  
Community Services Representative

### Stay in the Loop [t](#) [f](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'Theme Week'

*...continued from cover*

It's natural to crave  
adventure, and we're always  
looking for new ways to  
bring that adventure to  
you. So while you wait for  
our next Theme Week, let  
us take you for a trip to  
town. Visit the Farmer's  
Market, or enroll in an art  
course with our *Lifelong  
Learning* program. And  
while you're enjoying  
yourself, we'll already  
be making plans for  
what you can do next.



## Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
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ACTIVITIES  
ADVENTURE  
AMERICA  
CELEBRATE

COSTUMES  
DINNER  
EXPERIENCE  
GALORE

GATSBY  
JAZZ  
MARTINI  
OUTFITS

PARTY  
SPEAKEASY  
THEME  
WEEK