



ST. ELIZABETH
HEALTHCARE CAMPUS

A Trilogy Senior Living Community

Elizabethian

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

Happy Birthday!

Residents

Mary O.	May 02
David B.	May 02
Carol L.	May 15
Ruth P.	May 15
Frances H.	May 18
Richard M.	May 19
Dixie G.	May 27

Staff

Brenda M.	May 08
Alesha H.	May 28
Mindy H.	May 25
Jim F.	May 29

Themed Dinner

Our next theme dinner will be held on Thursday, May 02, the theme will be Chicago: Speakeasy.

Sunday Brunch

Our next Sunday Brunch will be held on May 19th. Come enjoy time with your loved one while enjoying delicious food prepared by our wonderful dietary department.

Out and About

Residents were happy to get out and about in March. Residents enjoyed going on our scenic and afternoon drives. Everyone enjoyed going to Long John Silvers and Taco Bell for lunch, shopping at Walmart and Dollar General and our church lunches at the Presbyterian and Faith Churches.

Taste of Town

Residents enjoyed eating from the restaurant Americus in the month of March.



Executive Director Corner

Happy May! As summertime approaches, we encourage

you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our

dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Shelly Dyrek

Executive Director

LIVE A DREAM

We were happy to host a birthday party for Vaughn and his wife Carolyn. Everyone enjoyed the appetizers and cake, the fun photo booth and reconnecting with family and friends who came to wish them a Happy Birthday!



Enjoying Vaughn and Carolyn's Birthday Party



Happy Birthday Vaughn and Carolyn



Vaughn's Live a Dream

Volunteer News

At St. Elizabeth Healthcare Center, we have several volunteer opportunities. If you love to have fun and would be interested in providing meaningful activities to our Residents please feel free to stop by our campus and speak with Amber Lantz or you can contact her by email at Amber.Lantz@stelizabethhc.com or by phone at 765-564-6380. Currently we are looking for volunteers to help on our outings. We look forward to working with you!

MARCH HIGHLIGHTS

Residents enjoyed the fun activities that were scheduled throughout the month of March. Some of the highlights were our exercise program, our different types of bingo, art class, zoo visit, cooking classes, games and trivia, manicures, Lockport Church, our mindful moment's program, Taste of the Town, staff and Resident led programs and the men enjoyed a men's breakfast and a lunch outing. Residents enjoyed entertainment this month as well, Happy Hour with Malachi, Sam and Jeff, as well as piano with Shirley, the Cutler Band and Mennonites. We also enjoyed the 3rd graders coming over for a fun visit throughout the month of March. We had fun celebrating Mardi Gras, St. Patrick's Day and the first official day of Spring.



We enjoyed hosting Alice's Home Ec Club



Cooking Class-Cream Cheese Oreo Bars



Fun and Games with White Oaks



Lunch at Long John Silvers



Happy St. Patrick's Day!



Shop till we drop!



Bingo fun with the 3rd graders



Shopping at Dollar General



Having fun during our Taste of the Town



UNO Fun



Enjoying lunch at Taco Bell



LifeShare

If you or your loved one would like to know more about LifeShare, please contact our Life Enrichment Department today. LifeShare offers many things, such as, viewing the daily dining menu, activity schedule, weather and notifications. You can also stay in touch with your loved one through email and send pictures that will be put into a slideshow. There is also a variety of games that you can play, such as, chess, Sudoku, math monsters and much more. You can also listen to music and faith programs; keep up with the news, just to name a few.

Senior Executive Club

Finally, the sun is out, Tulips blooming and the snow is gone!!!. Please plan on enjoying the nice weather by joining us at St. Elizabeth for our May 15 Senior Executive Club luncheon. We start promptly at 1:30pm with lunch and we know how busy everyone is so we are committed in trying to end by 2:30pm.

We will be hosting our annual Senior Health and wellness at this event. Our free lunch for those who are 55+ years of age includes a wonderful time for socializing with others in our community and either a fun activity or an educational program. We look forward to seeing you and seeing life at St. Elizabeth. We are also looking for some wonderful volunteers please contact Amber Lantz if you are interested. Please RSVP by May 9 to 765-564-6380 to ensure your spot.

Thank you,

Amber Beatty

Customer Service Representative



ST. ELIZABETH

HEALTHCARE CAMPUS

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stelizabethhc.com |

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Tammy Krpan

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Amber Lantz

Life Enrichment Director

Dr. Li, MD

Medical Director

Kelly Best

Director of Social Services

Cindy Fisher, RN, BSN

MDS Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
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ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK