

# Monthly May 2019



# Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

#### Party in the USA

As you've probably already noticed, we've designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

#### **Dressing Up**

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

#### **Activities Galore**

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

## Happy Birthday!

Residents	
Darlene B.	05/23
Staff	
Mike P.	05/08
Joe E.	05/11
Micheal B.	05/13
Regina H.	05/22
Kimberly M.	05/27
Godfrey G.	05/31

## Sunday Brunch

May 12 from 11:00 – 1:00. Please RSVP to 765-447- 4102

#### Did You Know...?

Did you know that you could read the monthly newsletter on-line? Please follow the campus link www.stmaryhc.com Please follow the campus link: www.stmaryhc.com

The Private Dining Room can be reserved for Family Celebrations, Sunday Brunch, Family Reunions and Birthday Parties. Call Donna Littleton, LED to reserve your special time.

Social Media! Follow us on Facebook and Twitter! Please "like" our Trilogy Health Services Facebook page and follow us on Twitter @TrilogyLiving to see all the fun happenings at St. Mary. In addition, if you have not provided us with your email address, please do so to ensure that you receive our monthly campus newsletter!



# Executive Director Corner

As I type this, once again we just went through

another crazy start to spring! However, the promise of spring is near as we have seen the ducks hanging around our courtyards recently – we should have a bunch of little ducklings waddling around for our viewing entertainment!

Regardless of the ever changing outside environment, one of my favorite things to witness inside our facility is seeing one of our St Mary residents smile. Even better, I love any opportunity to overhear their laughter. That is ALWAYS our goal – to somehow bring some cheer to their faces, followed by moments of laughter and joy. Nothing brings more joy to me than when we find a way to help someone who is going

through a difficult day or night
– still find the ability to smile or
laugh, even for a brief moment.
A writer named Alain de Botton
once said – "Cheerfulness is
an achievement, and hope is
something to celebrate." I want
to be surrounded by people
who adhere to this belief. I am
confident our St Mary residents,
family, and team members feel
the same!

As always, thank you for allowing us to work with and care for your loved ones — and please continue to provide feedback to our team for areas we can keep working to improve upon in our mission to be the best we can be in all areas of care and service!

Joe Gmart
Executive Director

God Bless.

## PHOTO HIGHLIGHTS









### MORE PHOTO HIGHLIGHTS



CeCe loves to perform!



Julieta loves to shop!



Pet Theray.



Out and about smelling the flowers and shopping!



Rob and Barb enjoy Happy Hour!



Nancy enjoys our Senior Health and Fitness class.



# Donna's Insights

Hello all, Happy May! As summertime approaches, we

encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you will need all the "me time" you can get! It is an exciting time to be a member of our community, and we are excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you are wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you would be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. In addition, like most of my favorite films, I felt like I could have watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We cannot wait for you to see the other Theme Weeks that we have planned for this year. If you are interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service, Donna

#### Save The Dates!

May 02, 2019 at 5:00 Theme Dinner – Chicago: Speak Easy

Mass will be every second Friday of the month

## Activity Highlights

5/01 at 2:30 - VCC Singers 5/02 at 5:00 - Theme Dinner – Chicago Speak Easy 5/02 at 5:30 - Marla performs 5/03 at 3:00 -

Happy Hour w/ Al Jones 5/05 at 2:30 - Worship Service 5/06 at 10:15 - Wheelchair Zumba 5/08 at 1:30 - Artful Connections w/ Julia on Legacy 5/08 at 3:30 -

5/08 at 3:30 -LaLa Pottery Cla

LaLa Pottery Class w/ Angela 5/09 at 10:00 -

Senior Executive Meeting 5/10 at 3:00 -

Happy Hour w/ Ryan Rollins 5/12 from 11-1 - Sunday Brunch 5/12 at 2:30 -

Worship Service w/ Donna Shaw 5/12 at 3:00 -

Donna Shaw Gospel Show 5/14 at 12:00 -

Just the Guys Luncheon

5/15 at 1:30 - Comfort Creatures from Columbian Park

5/15 at 2:30 -

Monthly Birthday Party w/ Kent 5/17 at 10:30 - Shirley at Piano 5/17 at 3:00 -

Happy Hour w/ Roy Carter 5/19 at 2:30 -

Worship Service w/ Sue Spurling 5/20 at 10:15 - Wheelchair Zumba 5/20 at 1:30 -

Caring and Sharing Band 5/22 at 2:30 - Resident Council

5/24 at 12:00 - Taste of Town

5/24 at 3:00 - Happy Hour w/ Wildcat Creek String Band

5/25 at 2:30 -

Worship Service w/ Darlene D. 5/28 at 12:00 - RHS Luncheon 5/31 at 2:30 -

Happy Hour w/ Kent



2201 Cason Street Lafayette, IN 47904 765-447-4102 stmaryhcc.com | ♥ f

> Joe Smart Executive Director

Concetta Mirelez Community Services Representative

> Suzie Jero Business Office Manager

Donna Littleton
Life Enrichment Director
Machelle Hamilton
Director of Therapy Services
Larry Albright
Director of Plant Operations

Teresa Howe Social Services Director Lisa Miller Director of Health Services Brittany Harbolt Director of Food Services

#### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

## 'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



# Word Gearch

F D W Ν R Н K S K Ι E S Ζ G P Ρ E S Ν R Т V L V Α D Α Е W Ν G K 7 D D Т J C X Ν Q C W В Ε Т F K Ν G Ι Α D Н O W O J G F C K F S В Α X Α Н Ν Υ D K Ι K Т G X Т E D Μ C V Y Е В Α V Q W U C G C L O O S М J Ι G Α R J K W R Μ G В O K V S R S D K В G J Е Ν В Μ Y C Z Н Α Ε Т Е D Ε D Υ K Υ D Q Ι Μ X Y Ν G R T O V В D Ι K Ρ R X T Ι Е S F S J Α C Т Ι V Ι G В R Ν U М G Q D Α Ε C J Ζ 0 Ε Ε 0 Т Ι R V F Ρ W V X Ε Α Р Ι Ν Q K Α М K L Н Ι Ι L C В Α D C Z K X U D Е Ι C Y Y Α Ζ U Е Т F Т J Н М 0 K L Ι J V X Т W C G G S R R C S D K 0 0 Н D М Е Е Ι O O J Ι В Е L U Q Ι C D Ζ L Μ 0 Ν W В Α Н U Ζ Α М F W Ι F М Α Α X М D Ν Ν E Y E

**ACTIVITIES COSTUMES GATSBY PARTY ADVENTURE** DINNER **SPEAKEASY JAZZ AMERICA EXPERIENCE MARTINI THEME CELEBRATE GALORE OUTFITS** WEEK