

On Campus

## **Getting Involved with Theme Week**

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

### Party in the USA

As you've probably already noticed, we've designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

### **Dressing Up**

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

### **Activities Galore**

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

## Happy Birthday!

### Residents

Harriet H. May 08

Exxie D. May 13

Marlene B. May 24

Betty S. May 25

Janet V. May 26

### Sunday Brunch

This month's Sunday Brunch will be held on Sunday, May 12 from 11:00 until 1:00. In continuing our effort to better serve our residents and families, please RSVP by Thursday, May 9th to assure seating. Each resident will have 2 complimentary guest meals. Each meal after will be \$7.00. If you have any questions, please contact the campus. We look forward to seeing everyone!

### Live a Dream

Please help us discover what dreams your loved one has. What is something special that your loved one would love to do again, has always wanted to do, or thought it would be impossible to do? Your Life Enrichment Department is only a phone call away and they are waiting to make dreams come true.

### Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at stonebridgehs.com

The Private Dining Room can be reserved for birthdays or special occasions.

Happy Hour is weekly from 3:00-4:00pm in the Health Center Dining Room.



## Executive Director Corner

Happy May! As summertime approaches, we encourage

you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our

dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Gara Kelley
Executive Director

Yours in Service.

# Employee of the Month

Sonya Miller is a wonderful part of the Stonebridge Family. Her compassion, patience and servants heart shows every day as she provides comfort and care for our residents. Even more, Sonya is a fabulous example of what it means to be a team player. We are very thankful for Sonya's commitment to our residents, their families and our team.



## Mother's Day Tea Party

Come join us for a Mother's Day Tea Party on Saturday, May 11 from 10-11am. There will be tea, punch and finger foods as we celebrate our Mothers! Please RSVP by May 3 at 812-278-8195 or 812-508-9636. Call our campus to find out more!

The McGlenns sang a beautiful duet.



Raise your hand if you love chocolate – Creative Cooking



Florence C., Carolyn W., and Doris F. enjoying a Mother's Day treat.



Corinne P. and Vivian J.



Doris F. showing her creative side.

## PHOTO HIGHLIGHTS

### LifeShare

Each resident room is equipped with LifeShare, an internet based program that helps families stay connected with their loved ones through emails and text messages. Pictures can also be sent. The residents can play various games and listen to music right on their TV screen through this program. Each resident is assigned an email address when they arrive. It will usually be structured: firstname. lastname@lifesharemail.com Website is www.lifesharetech. com or vou can ask vour Life **Enrichment Associate for details** when you visit.

## Legacy Lane

On our Legacy Lane, our care and activities are based on personal preferences and histories, and are scheduled with changing energy levels in mind. Our Daily Rhythms program is based on protocols embraced by national Alzheimer's advocacy groups, and allows us to create a schedule for your loved one that is comfortable, engaging, and purposeful. Time spent in the garden, painting, exercising, or quietly relaxing is all time well spent at our campus. Our Legacy Lane Residents also enjoy bus cruises. We take drives to Amish Country, Monroe Lake, go out for lunch and much more!



Edy F., with daughter, Jenny and Mary F.



Jerry Q. helping paint the pieces to the group art project.



Mary F. working on an art project for our Artisans program



HEALTH CAMPUS

A Trilogy Senior Living Community

3100 Shawnee Drive South Bedford, IN 47421 812-278-8195 stonebridgehs.com | ♥ f

Sara Kelley Executive Director Katie Kleber Director of Health Services

Sonya Miller Assistant Director of Health Services

Tammy Baily Community Service Representative

Laurie Neel Director of Life Enrichment

Amy Stewart Director of Assisted Living/ Legacy Lane

Cindy Carver, LPN Director of Resident Services

Amanda Happel Director of Dietary Services

Tessa Holland Therapy Program Director

Amy Stewart Legacy Lane Unit Manager

Donna Burgess Environmental Services Supervisor

### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

## 'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



## Word Gearch

F D W Ν R Н K S K Ι Р E S Ζ Н G P E S Ν R Т L V Α D Α Е 7 W Ν G K D D Т J C X Ν Q W В Ε Т F C K Ν G Ι Α D Н O W 0 J Ι G F C K F S L В Α X Α Н Ν Υ D В K Ι K Т G X Т E D Μ C V Υ Е Α V Q W U C G C L O 0 S М J Ι G Α R J K W R G В O K V K S В R S D Μ G J Е Ν В Μ Y C Z Н Α Ε Т Е D Ε D Y Υ K Υ D Q Ι Μ X Y Ν G R T O V В D Ι K Ρ R X T Ι Е S F S J Α C Т Ι V Ι G В R Ν U М G Q D Α Ε V U C J Ζ 0 Ε Ε 0 Т Ι R V F Р W V X Ε Α Р Ι Ν Q K Α М K L Н Ι Ι L C В Α D C Z K X U D Е Ι C Y Y Α Ζ U Е Т F Т J Н М 0 K L Ι J V X Т S W C G G S R R C D K 0 0 Н D М Е Е Н Ι O O J Ι В Е L U Q Н Ι C D Ζ L Μ 0 Ν W В Α Н U Ζ Α М F W Ι F М Α Α X М D Ν Ν E Y E

**ACTIVITIES COSTUMES GATSBY PARTY ADVENTURE** DINNER **SPEAKEASY JAZZ AMERICA EXPERIENCE MARTINI THEME CELEBRATE GALORE OUTFITS WEEK**