



THE MEADOWS
OF OTTAWA

A Trilogy Senior Living Community

Messenger

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you've probably already noticed, we've designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

Dressing Up

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

Dolly W.	05/01
Doris R.	05/05
Rita M.	05/05
Bill Mc.	05/26
Audrey C.	05/30
Mary S.	05/30
Jane K.	05/31

Staff

Heather B.	05/03
Joan O.	05/06
Angela W.	05/07
Alicia A.	05/07
Renee M.	05/10
Rena S.	05/14
Makayla D.	05/19
Kathy L.	05/20
Kimberly J.	05/24
Sierra T.	05/26



Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Jim Sherry

Executive Director

Live a Dream

Tell Life Enrichment staff your dream! Dreams do come true with Trilogy!!

Taste of Town

We'd LOVE to hear your suggestions. Please see a dietary staff member.

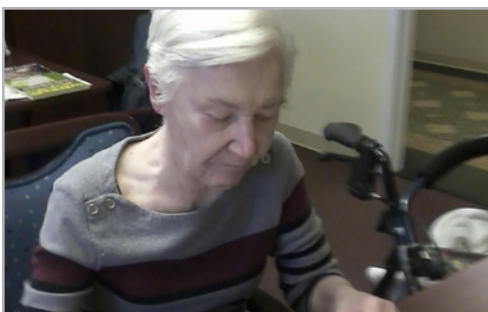
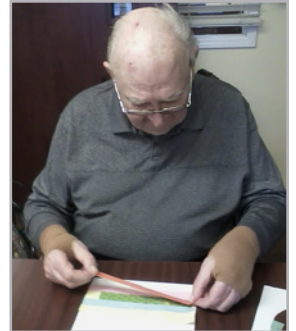
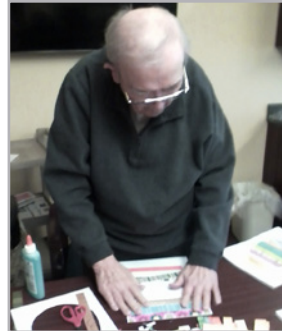
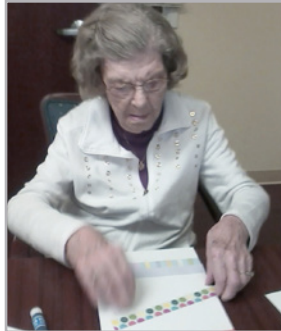
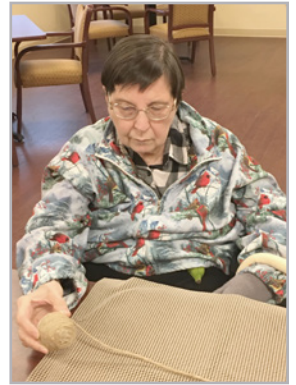
Volunteer News

Thank you to all who attended the Volunteer Luncheon in April. We appreciate you!

Photo Highlights



More from Photo Highlights



Themed Dinner

Chicago Speakeasy
Thursday 05/02

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at meadowsofottawa.com

Happy Hour is Fridays at 2:30

Mothers Day - Sunday 05/12

Memorial Day - Monday 05/27



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meadowsofottawa.com |

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Executive Director

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Director of Health Services

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Assistant Director of Health Services

Brianna Cox
Customer Service Representative

Marilyn Siefker
Business Office Manager

Neil Morrison
Life Enrichment Director

Elizabeth Ebanks
Social Services

Jim Schmenk
Director of Plant Operations

Reenee Schnipke
Director of Food Services

Amber Laudick
Director of Therapy

Karen Warnecke
Environmental Services Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogybs.com

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'Theme Week'

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It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
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ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK