



May 2019



# **Getting Involved with Theme Week**

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

### Party in the USA

As you've probably already noticed, we've designed each Theme Week this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

### **Dressing Up**

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their bestthemed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

### **Activities Galore**

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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## Happy Birthday!

Residents

Richard C.	05/19
Vivian G.	05/24
Julie V.	05/26
Jeannie W.	05/30
	Staff
Anthony O.	05/04
Diana S.	05/13
Jason B	05/16
Barbara C.	05/18
Allison Z.	05/18
Belinda C.	05/20
Anisa L.	05/23
Janet N.	05/23
Glenda M.	05/24

### Smile of the Month





Dear Springs at Lafayette friends and family members,

Happy May! As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

# Cooking Club

Executive Director Corner

Flappers and gangsters alike
recently sat side by side in our
dining room to fully immerse
themselves in the Theme Dinner.
We served up Capone's Baked
Ziti with Red Sauce, along
with Breaded Veal Cutlet. The
dessert, Bootleg Pineapple
Upside Down Cake with Tommy
Gun Rum Sauce, had everyone
talking in what looked like a
scene pulled straight from a

noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Michael Meadows Executive Director



Group of residents at cooking club

## PHOTO HIGHLIGHTS



Helen made a Easter egg wreath to hang on her door.





Jean painting with cotton balls to kick off Easter Celebration



To Celebrate St. Patrick's day we made and painted leprechaun hats



St. Patrick's Day Family night



Would you look at that! Jerrys Catch of the month at Columbian park.

### A Note from Life Enrichment



Hello everyone! As spring has approched us we have so many great things to look forward to. We

are getting so excited about our Campus in Color this year. We are looking for some wonderful "green thumb" volunteers. So if you or someone you know would like to help us plant and water this spring/summer let us know. During the month of May we have great activities internal and external to look forward to such as fun spring crafts, cooking club, taking walks to culumbian park, lunch outings to Arni's and Golden Corral. Will will also be taking a few shopping trips to Walmart and Dollar Tree. We also value your opinion and ideas on new activites. Please be sure to join our monthly **Inspired Living Committee** Meetings. As a reminder of bus runs appointments on Mondays, Wednesday and Friday 9am-3pm.

#### Warmly,

(Amber McCall

Life Enrichment Director

### **Upcoming Events**

Upcoming Special Events Assisted Living Resident Council Health Center Resident Council Speak Easy Theme Dinner Sunday Brunch Taste of Town Inspired Living Committee



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> Michael Meadows Executive Director Stephanie McCalment Director of Health Services

TBD Assistant Director of Health Services

Lisa Botka Business Office

Amber McCall Life Enrichment Director

Hannah Napier Director of Social Services

Jina Harris Director of Food Service

Tom Kennedy Director of Plant Operations Barb Chumley Director of Environmental <u>Services</u>

Brooke Ekola Community Services Manager

> Diana Stetler MDS Coordinator

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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## 'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



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**CELEBRATE** 

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OUTFITS

WEEK

GALORE

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