



THE SPRINGS
AT STONY BROOK

A Trilogy Senior Living Community

News

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

Happy Birthday!

Residents

Patrick J.	May 14
Mary L.	May 14
Charles H.	May 24
Thelma M.	May 28
Barbara W.	May 28

Staff

Halimatu Sadia	May 05
Lorna H.	May 05
Tatum Marie I.	May 09
Olivia W.	May 10
Tanya M. J.	May 11
Shannon O.	May 14
Keshia Dushae A.	May 16
Darriana Monique R.	May 24
Lakeisha Renee J.	May 25
Emily H.	May 26

Themed Dinner

Thursday, May 02

A Night at the Speakeasy!

Taste of the Town

Wednesday, May 08

Smokey Bones at 12:00pm

Sunday Brunch

Mother's Day Brunch on May 12 at 11:30am. All women will receive a token of our appreciation and love for all mothers!

Out and About

Thursday, May 23 at 7:00 Outing to Louisville Bats game. Family and friends are welcome to attend with their loved one. It will be a great time at Slugger Field.

Did You Know...?

The Private Dining Room can be reserved for family dinners, special events or a quiet meal.

Happy Hour is weekly at 3:00 p.m. on Fridays.



Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Lisa Gann

Executive Director

Meet the Chef

My name is Melissa. I went to culinary school at Sullivan. I have 14 years experience in the food industry. I have worked in health care for 8 years.

My ultimate dream in life, is to have my own food truck and travel around the country.

When I'm not in the kitchen, I'm very active outdoors; Biking, hiking, camping, and backpacking.

I have 3 dogs, who I love very much, and I love spending time with them and taking them along on my adventures.



PHOTO HIGHLIGHTS



Out and About

Thursday, May 02 at 3:00pm
shopping at the Dollar Tree

Thursday, May 09 at 11:00am
Lunch outing to China Buffet

Thursday, May 16 at
2:30pm shopping for plants
and flowers at Lowe's

Thursday, May 30 at 10:30am
Picnic in the park

Also every Monday at 1:30pm
there is a Scenic Tour bus outing

Reminder: residents please sign
up in advance for the outings.
Volunteers are needed and much
appreciated for the outings!





THE SPRINGS AT STONY BROOK

A Trilogy Senior Living Community

2200 Stony Brook Drive

Louisville, KY 40220

502-491-4692

springsatstonbrook.com | [t](#) [f](#)

Lisa Gann
Executive Director

Mindy Hahn
Director of Health Services

Annette Bader
Life Enrichment Director

Crystal Crimmins
Community Services Representative

Tabitha Kielian
Director of Social Services

Tracy Novak
Business Office Manager

Jonathan Bufford
Director of Dietary Services

Stephen Valentine
Director of Environmental Services

Chris Crimmons
Director of Plant Operations

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
L	B	G	F	A	C	F	K	F	X	A	H	S	H	T	E	N	Y	D
B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
G	Q	D	A	E	V	U	C	J	B	Z	O	E	E	O	T	I	R	V
K	A	P	P	W	V	X	E	A	A	F	P	M	I	N	Q	K	L	H
I	I	L	C	B	A	D	C	Z	K	X	U	D	E	I	C	Y	Y	A
J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
L	U	D	M	E	E	H	I	O	C	A	O	J	C	I	Q	B	H	E
I	L	L	M	O	N	W	C	B	I	A	H	T	U	D	Z	Z	A	M
P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK