



THE SPRINGS
OF RICHMOND

A Trilogy Senior Living Community

News

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

Gertrude M.	May 09
Edith M.	May 22

Staff

William H.	May 01
Matt H.	May 11
Tina N.	May 11
Melissa B.	May 18
Melissa H.	May 18
Jamie G.	May 20
Chelsea B.	May 20
Diana S.	May 25
Erin S.	May 26
Lorin F.	May 27
Kristina C.	May 27
Teresa B.	May 30
Shelbi P.	May 31

Sunday Brunch

Come in and enjoy our Sunday Brunch May 12, 2019 from 11:00 to 1:00. Residents are welcome to invite as many guests as they wish! Each resident will receive 2 free meal tickets for Sunday Brunch. Any guests after 2 may purchase a meal ticket for \$7.00 each. Meal tickers may be purchased in the Business Office Monday thru Friday 8:00 a.m. to 5:00 p.m. Guest Please R.S.V.P. by Wednesday, May 8th at 3:00 p.m.

Volunteer News

Make a difference! If you are interested in volunteering to serve the aging in a lovely setting with compassionate staff, Contact Teresa Baker @ 765-935-0135 or via email at Teresa.Baker@springsofrichmond.com.



Executive Director Corner

Happy May! As summertime approaches,

we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Keshia Atwood

Executive Director

Smiles of the Month

Our employees jumping in on the Mardi Gras fun
Mekalia L.,
April B.



FEATURED RESIDENT: ROBERTA B.-J.

We have enjoyed the pleasure of having Roberta at our Campus. Roberta loves to be called “Robo”, this is a nickname giving to her at a very young age. Robo is from a small town Milton, IN, where she was born and raised. While in school she thoroughly enjoyed playing the piano and clarinet. Music is still a major part of her life; classical is tops, especially Chopin & Bach. Robo’s work life consisted of being a bookkeeper and working with patients at the Richmond State Hospital from which she retired. Robo and her husband are blessed with two daughters, one son and several grandchildren. Antiques are something she has enjoyed collecting throughout her life, including some received from her grandmother. Each piece she has tells its own story! However, her most important and memorable event in her life is getting married and raising her children. Robo enjoys being at The Springs because the staff is very good, kind, and thoughtful! Her advice to everyone is - Be Good and Be Happy!

Themed Dinner

Mardi Gras 2019 So exciting, the residents had so much fun taking these photos.



Out and About

- 5/02 at 2:00pm - Library
- 5/07 at 10:30am - Meijer
- 5/09 at 2:00pm - Hayes Regional Arboretum
- 3/10 at 3:00pm - Rockin Rod Happy Hour Live
- 3/12 from 11:00am to 1:00pm - Sunday Brunch
- 3/14 at 11:30am - El Bronco
- 3/16 at 2:00pm - Ullery's Homemade Ice Cream
- 3/21 at 11:15am - Carvers
- 3/23 at 2:00pm - Walmart
- 3/23 at 12:00pm - Taste of Town
- 3/28 at 11:15am - Pizza King
- 3/30 at 2:00pm - Apple Orchard
- 3/31 at 3:00pm - Richard Scott Happy Hour Live

Did You Know...?

Happy Hour is weekly every Friday from 3:00 to 4:00 p.m. in the Pub! One of our most attended activities and events in the campus; we would like to see everyone show up for this good time! Live entertainment will have your feet stomping, hands clapping and your head bopping! Enjoy snacks at the Pub and a glass of wine if that is your flavor! Hope to see you there!



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**400 Industries Road
Richmond, IN 47374
765-935-0135
springsofrichmond.com |  **

*Keshia Atwood
Executive Director*

*Gina Robinson
Director of Health Services*

*Christina Falcone
Assistant Director of Health Services*

*Jessica Reneau
Business Office Maager*

*Teresa Baker
Life Enrichment Director*

*Brenda Duke
Medical Director*

*Melissa Bryant
MDS Coordinator*

*Tabbatha Woolwine
Director of Socail Services*

*Amberley Vanwinkle
Director of Environmental Services*

*Jeremiah Mitchell
Director of Plant Ops*

*Matthew Huffman
Director of Food Services*

*Jamie Martin
AP/Payroll*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
L	B	G	F	A	C	F	K	F	X	A	H	S	H	T	E	N	Y	D
B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
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K	A	P	P	W	V	X	E	A	A	F	P	M	I	N	Q	K	L	H
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J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
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P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK