



TRIPLE CREEK
RETIREMENT COMMUNITY
A Trilogy Senior Living Community

Connection

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

Katherine S.	May 01
Thomas W.	May 05
Pamela S.	May 07
Stanley S.	May 14
Bob W.	May 24
Ralph S.	May 27
Joe M.	May 30

Staff

Darryl M. <i>Plant Ops Assistant</i>	May 02
Ashley W. <i>Licensed Practical Nurse</i>	May 04
Tiffany R. <i>CRCA-Preceptor</i>	May 06
Cody J. <i>Licensed Practical Nurse</i>	May 07
Greg H. <i>CRCA-Preceptor</i>	May 11
Crystal H. <i>Licensed Practical Nurse</i>	May 12
Tavaira U. <i>Licensed Practical Nurse</i>	May 16
Tiffany C. <i>Dining Services Assistant</i>	May 19
Hirut A. <i>Licensed Practical Nurse</i>	May 21
Tiffany S. <i>CRCA-Preceptor</i>	May 24
Ana R. <i>Dining Services Assistant</i>	May 27
Nikki O. <i>Life Enrichment Associate</i>	May 30

Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience. Flappers and gangsters alike recently sat side by side in our dining room to fully immerse

themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Sharon Wilburn

LNHA, RD/LD
Executive Director

SMILES OF THE MONTH

A win for the Reds on Opening Day brought smiles to our faces!



Living Arts

What a great creation we cooked up - Peeps S'mores Dip!





Volunteer News

If you or someone you know is interested in the opportunity to volunteer at Triple Creek and make a difference in the lives of others, please contact the Life Enrichment Department.

Family Brunch

This month's Family Brunch will be Sunday, May 19. As always, each resident from the main campus and each Villa may have two complimentary guests. Each additional guest is as follows, children:

Ages 0-4 yrs: \$0

Ages 5-12 yrs: \$5

Ages 13+ yrs: \$10

Tickets may be purchased in advance from the Business Office. For your convenience, you may also purchase tickets at the brunch from the manager, or extra tickets may be added onto the resident's bill.

To help us ensure that we have a plentiful and enjoyable brunch, everyone is asked to RSVP by Tuesday, May 14. This will enable dietary to order and prepare the proper amount of food and to allow us to prearrange tables and additional dining areas according to the reservations. We are unable to accept reservations after this date, walk-ins or added guests to existing reservations on the day of the brunch. Please call early to make reservations due to limited space. The first seating will start at 10:30am and end at 11:30am. In order to have time to reset and restock fresh food, second seating will start at 11:45am and will end at 12:45pm. Please arrive on time for your reservation as both seating's will end as scheduled.

Looking Ahead

Thursday, May 02: Theme Dinner Chicago – "Speak Easy Style"

Wednesday, May 15: Taste of the Town

Sunday, May 19: Family Brunch

Check your calendar for these additional upcoming fun dates! Weekly outings and entertainers, TC Traders Activity Dollar Store, Friday Happy Hours and more!





FAMILY NIGHT

Despite storms and tornado warnings we had a fun and tasty family night celebrating National Pi Day!





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Sharon Wilburn, E.D., LNHA, RD/LD
Executive Director

Jenny Lowell
Director of Health Services

Sarah Thornton
Customer Service Representative

Hanna Rosteck
Business Office Manager

Georgina Appelman
Life Enrichment Director

Lynn Bastin, PD, PTA
Director of Rehab Services

Tim Hawthorne
Director of Environmental Services

Steve Marsh
Director of Plant Services

Jamie Insko
Director of Dining Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
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P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK