

HEALTH CAMPUS A Trilogy Senior Living Community



May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you've probably already noticed, we've designed each Theme Week this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

Dressing Up

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their bestthemed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

Billy J.	5/10
Phyllis B.	5/10
Bob B.	5/11
D'Arleen W.	5/15
Marilyn H.	5/16
Nevin M.	5/18
Hazel S.	5/19
Dutch R.	5/20
Ellen K.	5/28
Staff	
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Kaitlyn W.	5/07
00	5/07 5/08
Kaitlyn W.	
Kaitlyn W. Brianna H.	5/08
Kaitlyn W. Brianna H. Jackie M.	5/08 5/10
Kaitlyn W. Brianna H. Jackie M. Debra C.	5/08 5/10 5/11
Kaitlyn W. Brianna H. Jackie M. Debra C. April H.	5/08 5/10 5/11 5/14
Kaitlyn W. Brianna H. Jackie M. Debra C. April H. Catherine B.	5/08 5/10 5/11 5/14 5/15
Kaitlyn W. Brianna H. Jackie M. Debra C. April H. Catherine B. Alexis B.	5/08 5/10 5/11 5/14 5/15 5/18
Kaitlyn W. Brianna H. Jackie M. Debra C. April H. Catherine B. Alexis B. Celeste L.	5/08 5/10 5/11 5/14 5/15 5/18 5/22

### Sunday Brunch

May 12 from 11:00am-1:00pm. Each resident may have up to two guests at no charge. Each additional guest is \$7.00. Please RSVP by May 9 to 937-548-1993.

### Senior Exec. Club

*May 15 at 2:00pm.* Entertainment and a meal will be provided. Please RSVP by May 13 to 937-548-1993.

### Did You Know...?

We have rooms available for reservation to hold birthday parties, family gatherings and more! Please see Guest Relations or Life Enrichment for more info.

Happy Hour is weekly on Fridays at 2:30pm. Family and friends are always invited to join in the fun!

Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact our Life Enrichment department to learn about how you can save yourself a seat!

Yours in Service,

Alyssa Winner Executive Director

## **FLOWER ARRANGING**

We love making beautiful flower arrangements on these Spring days!





## **TRILOGY TRIATHLON 2019**

Congratulations to all of our winners and participants of the 2019 Trilogy Triathlon! Residents completed in events including cake decorating, bobsledding, jeopardy and a spelling bee.



Bill B. with his Medal



Jeanne B. with her Medal





David T. Bobsledding

Bill F. Bobsledding



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Alyssa Winner Executive Director Sara Agler Director of Health Servi<u>ces</u>

April Hall Assistant Director of Health Services

> Cheryl Stump Business Office Manager Cortney Yount

Life Enrichment Director

Tammie Moore Director of Resident Services Brett Shock

Director of Dining Services

Natasha Sizemore Environmental Services Director

> Casey Steinbrenner Therapy Director

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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## 'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



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**AMERICA** 

**CELEBRATE** 

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MARTINI

OUTFITS

THEME

WEEK

**EXPERIENCE** 

GALORE

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