



WELLBROOKE
OF CARMEL

A Trilogy Senior Living Community

News

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

5/08	Marilyn G.
5/11	Dorothy R.
5/23	Kathleen P.
5/28	Barbara M.

Staff

5/01	Kimberly R.
5/01	Nicole W.
5/06	Alyssa G.
5/08	Aaryn A.
5/10	Mina H.
5/17	Yandeh T.
5/21	Will E.
5/27	Karlishia T.
5/29	Shalonda C.
5/29	Eriana M.

Sunday Brunch

Sunday Brunch will be held on May 19. Each Resident gets 2 free guests and each additional is \$10.00. Be sure to make your reservations with Aimee at the front desk.

Did You Know...?

You can email pictures and messages directly to your loved ones television through LifeShare. Ask a member of Life Enrichment how to sign up as a family manager.

That you can read the monthly newsletter on-line in addition to the printed copy. Please follow the campus link: www.wellbrookeofcarmel.com

Wellbrooke of Carmel has a Facebook and Twitter account. Please follow or like us on your favorite social media network.

Twitter: @Carmel_WB

Facebook: Wellbrooke of Carmel



Executive Director Corner

Greetings from Wellbrooke of Carmel! Happy May!

As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Bryce Farnan
Executive Director

LEGACY LANE SPOTLIGHT: COMMUNITY CONNECTION

Carmel, Girl Scout Troop 1119 created and donated 3 sensory lap boxes for our Legacy Lane residents. Each box represents a different decade so our residents can reminisce with loved ones and caregivers.

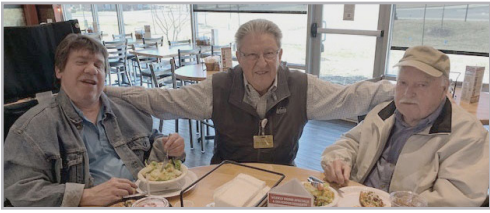


Rose looks through the '70's theme box with a girl scout.



Marilyn sees something in the '50's theme box she had when she was younger.

Out and About



Our R.O.M.E.O. (Retired Old Men Eating Out) group enjoyed lunch at Noble Romans with volunteer Mauro.



The Ladies Lunch Bunch strikes again! We had free pie on Wednesday at O'Charley's.

Volunteer News



Left: Carmel Middle School volunteers come to play their violins for the residents.

Right: Mary Ann loves when our four legged volunteers from Paws and Think come the visit.

Focus on Family

Our residents love when their families come to visit. Happy Mother's Day to a few of the amazing mom's here at Wellbrooke of Carmel.



Nondas B. and her 2 daughters Pam and Jan.



Ann and her daughter Ann.



Nancy C. and her daughter Missy.



Mary M. and her daughter Leslie.

Smile of the Month

Happy Birthday Bertha T.



Theme Week

Our second Theme Week is the first week of May! We will be going to Chicago! Be on the lookout for all the theme filled activities .

A Note from Jenni



I cannot believe it's already May! There is so much going on this month, I can't wait to experience it all

with your loved ones. We will start the month off with our Chicago Theme Week, have activities inspired by the races, Mother's Day and Campus in Color.

School is almost out as well. If you are looking for a volunteer opportunity for your teen/tween, please let me know. Our residents love interacting with the younger generation. If you'd like to come help out with an activity or outing, we are always accepting volunteer applications, again, let me know.

Thank you all for turning in your Customer Satisfaction Surveys. We appreciate the feedback, and will try our best to do all we can to make your loved ones feel at home.

I'd like to thank you for the opportunity to bring joy and enrich the lives of your loved ones here at Wellbrooke of Carmel as your Life Enrichment Director.

Jenni Carrillo



WELLBROOKE OF CARMEL

A Trilogy Senior Living Community

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Jess London
Director of Social Services

Jeannette Rider
Therapy Program Director

John Moore
Senior Director of Plant Operations

Sean Gallagher
Director of Food Services

Karen Caldwell
Environmental Services Supervisor

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
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D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
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A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
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P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK