



WELLBROOKE
OF SOUTH BEND

A Trilogy Senior Living Community

News

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

Happy Birthday!

Assisted Living

Marcelle N.	05/03
Martha F.	05/07
Carolyn R.	05/08
Theodore D.	05/21

Volunteer News

Have you ever thought about becoming a volunteer? Do you have a passion and enjoy:

Gardening	Crafts
Manicures	Games
Music	Cooking
Outings	

We would like to have you join our Volunteer Team, It takes many helping hands to help our residents to enjoy every day to the fullest potential they can. Contact a member of The Enrichment Team at 574-247-7044 if you are interested in sharing your time and expertise with our residents. Thank you in advance for considering this great opportunity.



Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience. Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Caley Nixon
Executive Director

Lunch Bunch



LEGACY LANE



Photo Highlights



Transportation Reminder

Wellbrooke of South Bend Health Campus bus is available to transport residents to doctor appointments on Monday, Thursday, and Friday. We reserve the bus for Life Enrichment transport on Tuesday and Wednesday.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link www.wellbrookeofsouthbend.com, scroll down the page and click on Newsletter sign-up.

The Movie Theatre Room can be reserved for small Birthday parties and other special events for your loved ones. Please contact Wellbrooke of South Bend, 574-247-7044.

Happy Hour is every Friday from 3:00pm - 4:00pm.

Like us on Facebook at Wellbrooke of South Bend

Like us on Twitter @wellbrookeofSB

Sunday Brunch

You are invited to join us for Sunday Brunch May 26, 2019 each resident may enjoy up to 2 family complementary tickets for additional guest cost will be \$10.00 a ticket, *PLEASE RSVP to Guest Relations*. Monday-Friday 10:30 a.m-5 p.m., to ensure we can have your space ready for your loved one!



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574-247-7044**

wellbrookeofsouthbend.com | [t](#) [f](#)

*Caley Nixon
Executive Director*

*Asbely Hearld
Director of Health Services*

*Jessica Doms
Business Office Manager*

*Derek Ressler
Director of Social Service*

*Michael Quinn
Director of Food Services*

*Terrence Harris
Director of Plant Operations*

*Diana Grady
Director of Life Enrichment*

*Raquel Jimenez
Customer Service Specialist*

*Marie Bastine
Community Services*

*Jennifer VanKirk
Environmental Service Director*

*Emily Nieboer
AP/Payroll Coordinator*

*Marci Griesinger
MDS Coordinator*

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Theme Week'

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It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
L	B	G	F	A	C	F	K	F	X	A	H	S	H	T	E	N	Y	D
B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
G	Q	D	A	E	V	U	C	J	B	Z	O	E	E	O	T	I	R	V
K	A	P	P	W	V	X	E	A	A	F	P	M	I	N	Q	K	L	H
I	I	L	C	B	A	D	C	Z	K	X	U	D	E	I	C	Y	Y	A
J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
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P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK