



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

5/07	Anna T.
5/08	Emma V.
5/10	Alan L.
5/12	Mary Jean K.
5/13	Ruth K.
5/21	Marge H.
5/22	Juanita J.
5/23	Frances D.
5/23	Barbara H.
5/23	May B.
5/27	Ivis C.

Family Night

Date and time to be announced

Door Usage

Families are not to use the hallway doors to enter or leave the campus. Instead, use the main entrances only.

Guest Driving

Please slow down when driving through the parking lot and the roads near the villas.

Popcorn Wednesdays

Come get popcorn from Life Enrichment every Wednesday Afternoon. Free of charge to residents and guests...50 cents for staff.

Lost and Found

We have a lost and Found rack in the laundry room. Please come see us if your loved one is missing any clothing items.

Massages

Schedule your massage appointment for May with Massage Therapist Kate Young, LMT.

\$65 for 1hr massage

248-231-5283

Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our dining room to fully immerse

themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Brent Hayes

Executive Director

Volunteer Spotlight: Karen

We'd love to introduce you to our wonderful volunteer, Karen! She is our happy hour volunteer, and she always comes prepared with a joke of the day. Karen is an integral part of our happy hours, and even does crosswords with the residents as well. If you see her say hello!



Please Label Clothing

If you bring in any new items (clothes, blankets, shoes, slippers) for your loved one, please bring them down to the laundry room so that they can be labeled. You may leave them in a bag with the resident's name and room number if no staff are present in the laundry room at the time. If you do not want one of our company labels, you may choose to use permanent marker (available in the laundry room) to identify the item by writing your loved ones initials on the clothing tags. This will help us ensure safe keeping of personal items.



Resident Spotlight: Stella C.

We would like to introduce you to Stella Clement, one of our residents in the Assisted Living area. Stella is the definition of sweet and sassy. She has the best sense of humor, and is always able to bring a smile to residents and staff alike! Stella loves sitting down with a cup of orange juice and a mug of coffee to have a nice chat, and share a few laughs. She is mom to Kim and Pam, and will often tell you how much she loves her daughters!



Ponny Morris curating the library

Please Come Check Out Our Library!

A former resident, Ponny Morris has been diligently working on creating a great library space for the residents at Westlake. It is in the Activity Room near the Assisted Living dining room and looks beautiful. No need to check books out, just borrow and return at your leisure or keep and enjoy!

SNAPSHOTS OF WESTLAKE

We have been having a great time this winter, spending lots of time making memories and making friends. Here are some photos of some of the fun we have been having out and about in the community and in our own backyard!



Jo was granted a sewing machine for her live a dream!



Voted best long term care facility, way to go Westlake!



We love going out for lunch



Brunch time at Legacy!



Friendly Reminder

The campus and its grounds are non-smoking. Please refrain from smoking on the property including the parking lot and from discarding of cigarettes on the grounds.

Upcoming Events

May 2, 2019

Chicago Speakeasy Theme Dinner

May 19, 2019

Sunday Brunch 11:00am-1:00pm

Volunteer News

There are plenty of resources available for residents and community members that are visually impaired. See a Life Enrichment team member for information on receiving free books on tape.

Life Enrichment is also happy to help provide magazines, books, adult coloring, word puzzles, jigsaw puzzles and other leisure resources as needed.

Out and About

We take the residents on outings each week. Assisted Living and Health Campus typically goes out on Tuesdays and Thursdays. Legacy goes out on Friday's. It would be helpful if you could leave money for your loved on in an account at the business office to use for outings. Many of them are free, but sometimes we go shopping or to the museum. We are also always looking for volunteers to help us on these outings. If you are available to attend with your loved one please let Life Enrichment know! See the calendar or Life Enrichment for more information on where we are going each week!



WESTLAKE

HEALTH CAMPUS

A Trilogy Senior Living Community

10735 Bogie Lake Road
Commerce Township, MI 48382

248-363-9400

westlakehc.com |

Brent Hayes
Executive Director

Denise Burgess
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Suzanne Poling
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Megan Campbell
Life Enrichment Director

Rick Gasperowich
Director of Plant Operations

Kim Penn
Director of Environmental Services

Marissa Jao
MDS Coordinator

Regina Hughes
Legacy Neighborhood Director

Chelsea Thelen
Director of Social Services

Casey Bernaiche
Therapy Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Theme Week'

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It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
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D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
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P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK