



THE WILLOWS
AT CITATION

A Trilogy Senior Living Community

Monthly

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

Maxine S.	May 07
Patricia R.	May 07
Ruby P.	May 09
Donna P.	May 27
William M.	May 28

Upcoming Events for May

5/6-5/12 National Nurse's Week

5/02 Theme Dinner
"Chicago-Speak Easy"

5/12 Mother's Day Brunch

5/13 Art Walk/Health Fair

5/27 Memorial Day

5/29 National Senior
Health & Fitness Day

Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience. Flappers and gangsters alike recently sat side by side in our dining room to fully immerse

themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Brittany Faucher
Executive Director

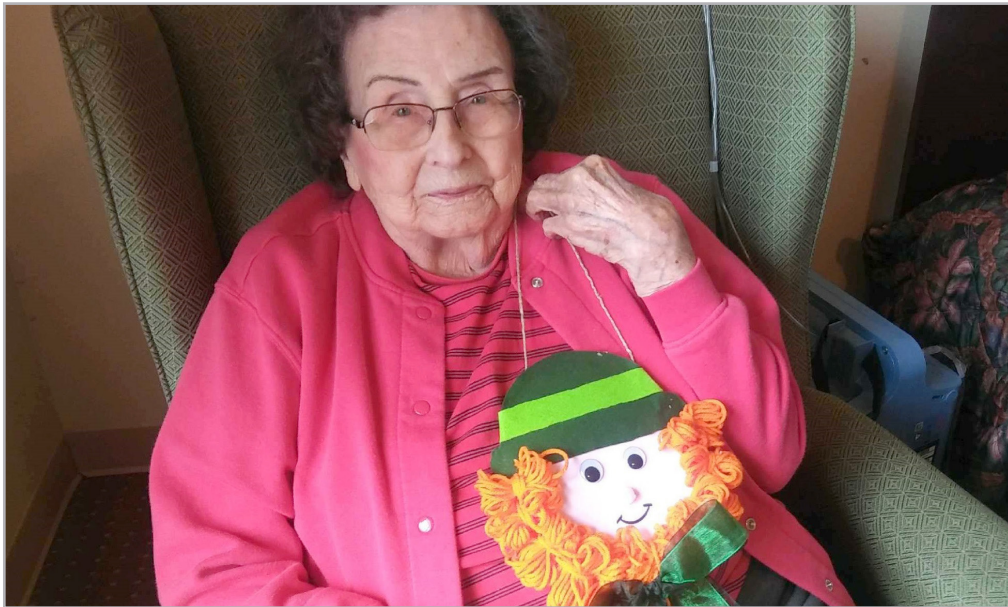
Smile of the Month



ACTIVITY HIGHLIGHTS



MORE FROM ACTIVITY HIGHLIGHTS



Volunteer News

Willows at Citation recognizes that volunteers are a vital component to enriching the lives of our residents. In this spirit, we would like to invite family members, friends and members of the community to volunteer their time and talents to lead activities, pet therapy, visit with residents or assist with special events.

Sunday Brunch

Please join us on Sunday, May 12th from 12:00-1:30 for our Mother's Day Sunday Brunch. We always look forward to mingling with our residents and their families and friends. Each resident can invite up to 2 guests free of charge. Additional tickets may be purchased for \$10 from the business office.

If you anticipate bringing a large group, reservations are accepted up to three days in advance.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at willowsatcitation.com and you can also see our monthly calendar.

Please follow us on Facebook and Twitter! You will see a lot of fun and exciting things we do here at our campus!

Don't forget to ask about how to get hooked up to Lifeshare. Ask our staff to get started.

Join us for Happy Hour every Friday at 3:00; we will be having music, appetizers and beverages.



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willowsatcitation.com |

*Brittany Faucher
Executive Director*

*Rhonda Johnston
Director of Health Services*

*Angie Fields
Asst. Director of Health Services*

*Heather Hall
Community Support Representative*

*Eavan Kelly
Business Office Manager*

*Trish Hall
Life Enrichment Director*

*Michelle King
Community Support Specialist*

*Kathy Ramsey
Social Services Director*

*Erica Felty-Marler
Rehab Director*

*Ray Giron
Director of Dining Services*

*Mary Ritchie
Environmental Services Director*

*Tyler Sands
Director of Plant Ops.*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Theme Week'

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It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
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ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK