

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Sunday Brunch is May 5th. Please call to RSVP. 11:00am-12:00pm 12:00pm-1:00pm	AL COURT- Assisted Living Courtyard ALAR- Assisted Living Activity Room HCAR- Health Center Activity Room OUT- Outing SICP- Simmon's Ice Cream Parlor HCPD- Health Center Private Dining HC- Health Center	1 May Day S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) K 10:00 Whiteboard Word Fun (ALAR) A 1:30 Speak Easy Artisans (ALAR) L 2:30 Hot Topics Discussion	2 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 11:30 Kentucky Derby Luncheon S 3:00 Meadowbrook \$9 (Out) Assited Living Resident Council (ALAR)	3 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (ALAR) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) K 1:30 Short Stories & Discuss (HCAR)	4 MM 9:45 Mindful Moments K 10:30 Family Fued (HCAR) K 1:30 Toss & Talk (HCAR) K 3:00 Bingo (HCAR)
5 Ramadan Begins I 10:00 Hymn Singing Vol. 2 (HCAR) S 11:00 Sunday Brunch MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Concentration (ALAR)	6 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) V 10:00 Walking Club/ Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)	7 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) I 10:30 Communion & Rosary (HCAR) O 1:30 Bowling \$10 (OUT) K 6:15 Bingo (HCAR)	8 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) I 9:45 Non-Denominational Service w/Bill Roberts (HCAR) A 1:30 Artisans (ALAR) L 2:30 Hot Topics Discussion	9 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Noodle Exercises (ALAR) O 1:30 Dollar Tree (OUT) K 6:15 Game Night (HCAR)	10 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (ALAR) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Sentimental Reflections (ALAR)	11 MM 9:45 Mindful Moments K 10:30 Name that TV Show (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)
12 Mother's Day I 10:00 Hymn Singing Vol. 1 (HCAR) L 11:00 Truth or Balamy Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) I 3:30 Spa Day (ALAR)	13 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) V 10:00 Walking Club/ Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)	14 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) I 10:30 Communion & Rosary (HCAR) O 1:30 Colasanti's Market \$ (OUT) K 6:15 Bingo (HCAR)	15 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) K 10:00 Toss & Talk (ALAR) A 1:30 Artisans (ALAR) L 2:30 Hot Topics Discussion (ALAR) S 3:00 Wine Down Wednesday	16 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 1:00 Afternoon Concert Series (Ft. Jazz Band) (OUT) S 5:00 Family Night & Entertainment: Tom	17 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (ALAR) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) S 3:00 Happy Hour & Entertainment:	18 Armed Forces Day MM 9:45 Mindful Moments M 10:30 Lifeshare "Name that Croone" (HCAR) K 1:30 Pictionary (HCAR) K 3:00 Bingo (HCAR)
19 I 10:00 Hymn Singing Vol. 2 (HCAR) L 11:00 Truth or Balamy Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) K 3:30 Left, Right, Center (ALAR)	20 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) V 10:00 Walking Club/ Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)	21 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) I 10:30 Communion & Rosary (HCAR) O 12:30 Detroit Zoo \$11 (OUT) K 6:15 Bingo (HCAR)	22 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) K 10:00 Whiteboard Word Fun (ALAR) A 1:30 Artisans (ALAR) L 2:30 Hot Topics Discussion (ALAR)	23 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Noodle Exercises (ALAR) O 1:00 Belle Isle (OUT) K 6:15 Game Night (HCAR)	24 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (ALAR) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) L 1:30 Sentimental Reflections (ALAR)	25 MM 9:45 Mindful Moments K 10:30 Family Fued (HCAR) S 1:30 Bingo Store (ALAR) K 3:00 Bingo (HCAR)
26 I 10:00 Hymn Singing Vol. 1 (HCAR) L 11:00 Truth or Balamy Trivia (HCAR) MM 2:00 Coffee and Current Events (HCAR) V 3:00 Sunday Stretch (ALAR) I 3:30 Spa Day (ALAR)	27 Memorial Day S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) V 10:00 Walking Club/ Exercise (ALAR) S 10:30 Assisted Living Chef's Circle (ALAR) A 1:30 Artisans (ALAR)	28 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Exercises w/Jim (ALAR) I 10:30 Communion & Rosary (HCAR) O 1:30 Boogie Lake Green House (OUT) K 6:15 Bingo (HCAR)	29 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (HCAR) K 10:00 Whiteboard Word Fun (ALAR) S 11:30 Men's Luncheon (ALAR) A 1:30 Artisans /Planting Day (ALAR)	30 MM 9:30 Mindful Moments (HCAR) M 10:00 Glee Club (ALAR) V 10:30 Sit & Get Fit (ALAR) O 11:30 Gumseys \$ (Out) V 3:30 Cornhole (ALCOURT) K 6:15 Game Night (HCAR)	31 S 9:15 Hospitality Cart (Room to Room) MM 9:30 Mindful Moments (ALAR) M 10:00 Cardio Drumming (HCAR) CC 10:30 Cooking Hour (ALAR) S 3:00 Happy Hour/Birhday Club & Entertainment:	-All activity time and locations are subject to change. -Outings are weather permitting. -Please sign up for outings at Life Enrichment office located in ALAR

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