Silver Oaks Health Campus Life Enrichment - Assisted Living

* MAY 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections GF - Gathering of Friends G - Generations GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears			May Day 9:00 Coloring Club! HC-LR 9:30 TrilogyFIT Act Rm GC 10:30 Fireplace Stories Act Rm CC 2:30 Resident Council AL X 3:30 Trivia Time! HC-LR	MP 9:30 Mindful Moments HC-LR K 10:00 Chicago Style BINGO HC-DR M 12:00 Peaceful Piano DR S 5:00 Chicago Speak Easy Themed Dinner	9:00 Mindful Moments HC 9:30 Trilogy Fit HC-DR 1:30 Horse Races AL-DR M 3:30 Happy Hour HC-DR	I 10:00 Bible Study HC-DR K 12:00 Daily Chronicles DR MIN 1:30 Mindful Moments HC CC 1:30 Afternoon Movie Act Rm GC 3:00 Birthday Cards Act Rm
 Ramadan Begins 10:00 Worship Service 11:45 Daily Chronicle DR 1:30 Ojo de Dios (God's Eyes) Act Rm 2:45 Let's Celebrate Cinco De Mayo Act Rm 	9:30 Trilogy Fit K 12:00 Daily Chronicles DR A 2:00 Papel Picado Banner Act Rm K 4:00 Game Show Fun! HC-LR	7 MIN 9:30 Mindful Moments HC K 10:00 BINGO HC-DR S 10:50 Chef's Circle HC-DR K 1:30 Brain Games Act Rm M 6:30 Critney Family TCS-DR	9:00 Coloring Club! HC-LR 9:30 TrilogyFIT Act Rm GC10:30 Fireplace Stories Act Rm 0 1:00 Community Outing C:30 Tom Wright Music HC-DR	9 MR 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Piano DR O 1:30 Columbus Cruise M 5:30 Roger's Music TCS DR	MP 9:00 Mindful Moments HC V 9:30 Trilogy Fit HC-DR GC 10:30 Nail Spa Act Rm JG 1:30 Just the Guys Movies Act Rm M 3:30 Happy Hour HC-DR	11 I 10:00 Bible Study HC-DR K 12:00 Daily Chronicles DR MIN 1:30 Mindful Moments HC CC 1:30 Afternoon Movie Act Rm
10:00 Worship Service K 11:45 Daily Chronicle DR A 1:30 Mohter's Day Tea Act Rm L 2:45 Famous Mothers Study with Popcom	9:30 Trilogy Fit K 12:00 Daily Chronicles DR A 2:00 Artisans Act Rm GC 2:30 Inspired Living Committee	MP 9:30 Mindful Moments HC K 10:00 BINGO HC-DR 5 10:50 Chef's Circle HC-DR K 1:30 Brain Games Act Rm M 5:30 Roaming Robin's Music	9:00 Coloring Club! HC-LR 9:30 TrilogyFIT Act Rm GC 10:30 Fireplace Stories Act Rm CC 1:30 Resident Council HC 3:30 Trivia Time! HC-LR	MR 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Piano DR O 1:30 Columbus Cruise K 6:00 LifeShare Trivia	MP 9:00 Mindful Moments HC 9:30 Trilogy Fit HC-DR JG 12:00 Men's Lunch with Ross! GC 1:30 Horse Races AL-DR M 3:30 Happy Hour HC-DR	18 Armed Forces Day 1 10:00 Bible Study HC-DR Daily Chronicles DR Min 1:30 Mindful Moments HC CC 1:30 Afternoon Movie Act Rm
19 1 9:30 Early Worship Service K 11:00 Sunday Brunch 1:30 Flower Art Act Rm 1:30 U.S. Cities Study with Popcom	9:30 Trilogy Fit K 12:00 Daily Chronicles DR A 2:00 Artisans Act Rm K 4:00 Game Show Fun! HC-LR	MP 9:30 Mindful Moments HC K 10:00 BINGO HC-DR S 10:50 Chef's Circle HC-DR K 1:30 Brain Games Act Rm I 6:30 Worship Service HC-DR	9:00 Coloring Club! HC-LR 9:30 TrilogyFIT Act Rm GC 10:30 Fireplace Stories Act Rm 0 1:00 Community Outing K 3:30 Trivia Time! HC-LR	MN 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Piano DR O 1:30 Columbus Cruise K 6:00 LifeShare Trivia	MP 9:00 Mindful Moments HC 9:30 Trilogy Fit HC-DR GC 10:30 Nail Spa Act. Rm. M 3:30 Happy Hour HC-DR	10:00 Bible Study HC-DR L30 Daily Chronicles DR MN 1:30 Mindful Moments HC L30 Afternoon Movie Act Rm
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Silver Oaks Health Campus Life Enrichment - Health Center

MAY 2019

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Silver Oaks Health Campus Legaçy Lane - Daily Rhythms

* MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends GC - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	Every Moming About 9:00 Get Up and Go! About 9:30 Brain Ticklers/Creative Hand About 10:00 Moming Refresher About 10:30 Housekeeping About 11:00 Creative Cooking About 11:30 Lunch Preparation	Every Afternoon About 1:00 Relax & Recharge About 1:30 Reminiscence About 2:00 Creative Hand/Brain Ticklers About 2:30 Afternoon Refresher About 3:00 Music Celebration About 3:30 Group Games About 4:00 Afternoon Pick Me Up	May Day W Batter Up K Matching Colors CC Apple Pie Oatmeal Dessert Relax & Recharge A May Day Wands M Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	V Moving Through Magnificent Mile Signs of Spring Pepperoni Pizza Soup Relax & Recharge 1920s Headband Let's Dance the Charleston! Flip n' Chips Matching Game Healthy Hands Hangman	Par 4 Golf Club Spring Basket CC Chocolate Chip Cookie Bars Relax & Recharge Derby Hats M A Roaring Good Time Happy Hour Com Hole Healthy Hands	Ribbon Dance Penny Ante Butterscotch Pecan Bread Pudding Relax & Recharge Road Map Magnets Fabulous Flowers Horse Racing Healthy Hands
Ramadan Begins Sunday Stretch Opposites Cinco de Mayo Com Dip Relax & Recharge Cinco De Mayo Banner Name That Croon Games We Played As Kids Healthy Hands A Time For Tea!	Healthy Hands	 Wildflower Tour Garden Beginnings Milky Way Fudge Relax & Recharge Road Map Rosette I Like You Life on the Farm Healthy Hands Reminiscing Through Photos 	Batter Up K Matching Colors CC Chocolate Chip Raspberry Bars Relax & Recharge A Rose Curls Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	 Spring Sing Along and Dance Signs of Spring Italian Cabbage Soup Relax & Recharge Homemade Sugar Scrub Shake It Up, Baby! Flip n' Chips Matching Game Healthy Hands Hangman 	V Par 4 Golf Club K Spring Basket Peanut Butter Brownies Relax & Recharge Bumble Bee Art M A Roaring Good Time Happy Hour GC Com Hole Healthy Hands	Ribbon Dance Repensy Ante Buttermilk Sugar Cookies Relax & Recharge Beaded Suncatcher Fabulous Flowers GG Horse Racing Healthy Hands GF Old Time Theater
Sunday Stretch Opposites Cheesy Pizza Fondue Relax & Recharge Mother's Day Cards Name That Croon Games We Played As Kids Healthy Hands A Time For Tea!	V Move It Monday Spring Babies Banana Wheat Bread Relax & Recharge Paint Chip Bookmarks M Feel the Heartbeat	W Wildflower Tour K Garden Beginnings C Blueberry Muffins Relax & Recharge Homemade Headache Balm I Like You GG Life on the Farm Healthy Hands GF Reminiscing Through Photos	W Batter Up K Matching Colors CC Caramel Butter-Peacan Bars Relax & Recharge Painted Flower Pots M Singin' in the Rain	V Spring Sing Along and Dance Signs of Spring Hearty Hash Brown Soup Relax & Recharge A Glass Beaded Garden Sparklers M Shake It Up, Baby! GC Flip n' Chips Matching Game Healthy Hands GF Hangman	V Par 4 Golf Club Spring Basket Chocolate Chip Cookies Relax & Recharge A Flower Pot Garden Windchime A Roaring Good Time Happy Hour Com Hole Healthy Hands	Ribbon Dance Penny Ante Grandma's Honey Muffins Relax & Recharge Support Our Troops Keycha Armed Forces Appreciation Horse Racing Healthy Hands GF Old Time Theater
Sunday Stretch Opposites Chocolate Lover's Cookies Relax & Recharge Rain Chain Name That Croon Games We Played As Kids Healthy Hands A Time For Tea!	V Move It Monday Spring Babies CC Golden Wheat Bread Relax & Recharge A Mason Jar Tissue Holder M Feel the Heartbeat GC Horseshoes Healthy Hands GF LifeShare Games	V Wildflower Tour Garden Beginnings CC Candy Bar Apple Salad Relax & Recharge A Mason Jar Tissue Holder I Like You GC Life on the Farm Healthy Hands GF Reminiscing Through Photos	V Batter Up K Matching Colors C Chocolate Cookie Dip Relax & Recharge A Salted Painting M Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	V Spring Sing Along and Dance Signs of Spring CC Chicken Noodle Soup Relax & Recharge A Pulled Sting Art M Shake It Up, Baby! GC Flip n' Chips Matching Game Healthy Hands GF Hangman	V Par 4 Golf Club K Spring Basket C Peanut Butter Cup Cupcakes Relax & Recharge Watercolor Silhouette M A Roaring Good Time Happy Hour Com Hole Healthy Hands	V Ribbon Dance Penny Ante Lemon Pie Relax & Recharge Mosaic Garden Rocks Fabulous Flowers GC Horse Racing Healthy Hands GF Old Time Theater
Sunday Stretch Opposites Taco Joe Dip Relax & Recharge Red, White and Blue Candle Holder Name That Croon Games We Played As Kids Healthy Hands	V Move It Monday Spring Babies C Oatmeal Bread Relax & Recharge A Nature Sensory Bag Suncatcher M America, the Beautiful G Horseshoes Healthy Hands GF LifeShare Games	Wildflower Tour Garden Beginnings Cinnamon French Toast Casserole Relax & Recharge Creative Storytelling I Like You GG Life on the Farm Healthy Hands	V Batter Up K Matching Colors CC Strawberry Bread Relax & Recharge A Framed Flower Pine Cone Decor Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	V Spring Sing Along and Dance Signs of Spring Strawberry Soup Relax & Recharge A Bird Seed Ornament M Shake It Up, Baby! GC Flip n' Chips Matching Game Healthy Hands GF Hangman	V Par 4 Golf Club Spring Basket Cinnamon Oatmeal Cookies Relax & Recharge Mod Podge Stiffy Doily Bowl A Roaring Good Time Happy Hour Com Hole Healthy Hands	Every Evening About 6:00 Gather with Frien About 6:30 Bedtime Snacks