



HEARTHSTONE

HEALTH CAMPUS

A Trilogy Senior Living Community

Herald

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

Happy Birthday!

Residents

5/10	Judy M.
5/12	Sharon I.
5/15	Charles W.
5/15	Dottie G.
5/19	Glenna A.
5/22	Bernie D.
5/25	Glendora D.

Smile of the Month

Ellis B. smiling for the camera!



Live a Dream

Did you know Hearthstone has a Live a Dream program? Image doing the one thing you have always wanted to do, and through a partnership with the Trilogy Foundation, dreams can become a reality. Please see, Life Enrichment team member for more information.



Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Zachary Wilson, HFA
Executive Director

Legacy Neighborhood Spotlight

Our residents love to exercise! We start every morning off with group exercise, we do moves in our chairs, dance, or play games!. One of our favorites is foam paddle ping pong!



Taste of Town

Our residents enjoyed a special lunch from Pizza X! Though we serve pizza from our kitchen, there is nothing like a piece of pizza straight from the box! Taste of Town occurs monthly and provides our residents the opportunity to enjoy food from local area restaurants. This year we have already enjoyed chili from Wendy's and chocolate treats and handmade candy canes from the Martinsville Candy Kitchen!



Volunteer News

Give the gift of time and have fun! Volunteering as little as two hours per week can help reduce depression, lessen chronic pain, and give your brain a boost. Volunteer opportunities include community outings, Sunday Brunch, Life-long learning, one-to-one visits, Bingo, or sharing a talent or hobby. Please see the Life Enrichment Team or call 812.333.7622.

Gathering Around the Hearthstone

April 9: May 9th: Senior Executive club begins at 1:30 in the AL dining room. SEC provides the opportunities to meet new people, enjoy our wonderful food, participate in new activities, and have a group of friends with whom to discuss topics of interest.

May 12th: Join us for Sunday Brunch starting at 11:00am for a chef-prepared buffet. Loved ones are invited and encouraged to attend.

May 14th: Family Forum Join us in our Legacy Neighborhood to learn more about the Alzheimer's Resource Center

May 18th- Community Garage Sale, 8am-1pm, and the AL Lobby!

May 21st: 3rd Annual Cook Out and Car Wash, 12-4 pm!

May 30th : Taste of Town: Smokin' Jacks

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link www.HearthstoneHC.com.

You can follow us on Facebook, simply type Hearthstone Health Campus into the search bar. You can also find us on Twitter. Our handle is @Hearthstone_HC

Happy Hour is weekly at 3:00pm on Fridays in the Stardust Café. Join us for music, appetizers, and drinks!

We go on community outings twice a week. Please sign up in the Activity Room, space is limited!



HEARTHSTONE

HEALTH CAMPUS

A Trilogy Senior Living Community

3043 North Lintel Drive

Bloomington, IN 47404

812-333-7622

hearthstonehc.com |  

Zachary Wilson
Executive Director

Paula McCarthy
Director of Health Services

Janet Thomas
Assistant Director of Health Services

Lynsie Hagg
Customer Service Representative

Brandi Freese
Business Office Manager

Bailey Anderson
Life Enrichment Director

Brenda Wagner
Director of Environmental Services

Cameron Mizell
Director of Food Services

Brandon Jensen
Legacy Neighborhood Director

Tara Todd
Social Service Director

Mary Ann Wininger
Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Theme Week'

...continued from cover

It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
L	B	G	F	A	C	F	K	F	X	A	H	S	H	T	E	N	Y	D
B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
G	Q	D	A	E	V	U	C	J	B	Z	O	E	E	O	T	I	R	V
K	A	P	P	W	V	X	E	A	A	F	P	M	I	N	Q	K	L	H
I	I	L	C	B	A	D	C	Z	K	X	U	D	E	I	C	Y	Y	A
J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
L	U	D	M	E	E	H	I	O	C	A	O	J	C	I	Q	B	H	E
I	L	L	M	O	N	W	C	B	I	A	H	T	U	D	Z	Z	A	M
P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK