May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you've probably already noticed, we've designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

Dressing Up

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents Dennie K. 5/14 5/25 Mary S. Paul F. 5/26 Ruth B. 5/26 Staff Gina P. 5/2 Cindy A. 5/3 5/6 Shelby Lynn P. Amber H. 5/12 Ariel C. 5/19 Erin H. 5/19 Marshan F. 5/25 Stephanie L. 5/27 5/29 Dylan J. Wendy P. 5/29 Sharon M. 5/30 Jennifer D. 5/31

Life Share

Lifeshare Technologies, in partnership with this campus, is delighted to provide an innovative new service that allows you to connect with family and engage with your community, all through your personal television. With Lifeshare, you can do all of the following through your TV:

- View and send emails and text message
- View photos
- View community information, such as activities, announcements, and dining menus
- Receive event reminders on screen or by phone
- Read daily news
- Play games, music, and faith bases programs.

See your life enrichment department to get set up now!



Executive Director Corner

Happy
May! As
summertime
approaches,
we encourage

you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way. You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience. Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple **Upside Down Cake with Tommy** Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever. Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat! Yours in Service.

Lauren Clayton
Executive Director

Spring Time Fun



More...Spring Time Fun















Theme Dinner Chicago Speak

Thursday, May 2nd

4:30pm — Health Care Center Dining Room

4:45pm — Personal Care Dining Room

Dress in 1920's Attire and Enjoy a Fabulous Dinner!

Taste of Town

May 8th at 12:00 Featured Restaurant: Artic Scoops—Ice Cream

Sunday Brunch

Mother's Day May 12th from 11:30-1:00

Entertainment

Please join us every Friday at 3:00 for Happy Hour

Refreshments and Live Entertainment.

Volunteers Needed:

Glen Ridge strives to make all of our resident's days enjoyable and fun. Volunteers are the heart and soul of our campus and the key to making this happen. Therefore, we are calling all who want to volunteer and bring joy to our residents. You can give 1 hour a month to make a huge difference too many people. If you are interested in volunteering for the following programs, please contact Cindy Allen/Life Enrichment Department. Bingo caller, crafts, leading men's group, nails, hosting a movie night, or bridge club.

Dietary Corner

Please join us for Chef's Corner

Each Wednesday at 2:00. Try new Recipes & bring some of your favorite Recipes to be offered on the Glen Ridge Menu.



HEALTH CAMPUS

A Trilogy Senior Living Community

6415 Calm River Way Louisville, KY 40299 502-297-8590 glenridgehc.com | ♥ f

> Lauren Powers Executive Director

Stephanie Lee Director of Health Services

Jen Humphreys Customer Service Specialist

Amy Flannery Community Service Representative

> Ayla Burkett Business Office Manager

Cindy Allen Life Enrichment Director

Crystal Dickey Director of Social Services

Susan Markle Asst. Director of Social Services

Tim Bridges
Director of Dietary Services

Billie Hourigan Environmental Services Director

> Missy Kitchen Guest Relations

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



Word Gearch

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ACTIVITIES	COSTUMES	GATSBY	PARTY
ADVENTURE	DINNER	JAZZ	SPEAKEASY
AMERICA	EXPERIENCE	MARTINI	THEME
CELEBRATE	GALORE	OUTFITS	WEEK