

May 2019



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you've probably already noticed, we've designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

Dressing Up

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

...continued on back page

Happy Birthday!

| Phillis N. | 5-2 |
|-------------|------|
| Ray R. | 5-6 |
| Margaret F. | 5-10 |
| William S. | 5-10 |
| Leland P. | 5-11 |
| May C. | 5-12 |
| Janette G. | 5-13 |
| Ruby W. | 5-15 |
| Daphne W. | 5-24 |



Check out this beautiful cake that Chef Phil made for our March Birthday Club!

Volunteer News

Campus in Color began in April by planning what we want to plant in the courtyards this year! Please contact Ann Knott, SLED if you would like to volunteer with the planting, gardening, weeding for Campus in Color this year.



Executive Director Corner

Happy May! As summertime approaches, we encourage

you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you will need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service.

Tammy R. Nelson

Executive Director

Men's Club Glen Oaks now offers a Men's Activity weekly.

The pictures are of projects the men have done so far. Way to go guys!



Men's group

More... Men's Club Highlights



Men's painting rocks



April 4th Men's Club

LIVING ARTS

Residents have an art or crafts class at least twice a week. Art is an awesome way to keep your mind active. Enjoy these pictures of our resident's great creativity!



Naomi Showing her art work



Bernice and Bird



Living Arts Betty L.

Legacy Lane

LL residents like to play bingo too. They play "numbers bingo" to help them keep sharp!



Photo Highlights



Willie Exercising



Carolyn and Jenive



A Trilogy Senior Living Community

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> Tammy Nelson Executive Director

Amie Groce Director of Health Services

Michelle Hacker Assistant Director of Health Services

Kilyssa Hamm Community Service Representative

> Anna Selvidge Business Office Manager

Ann Knott
Life Enrichment Director

Kathleen Chaney Director of Social Services

> David McMullen Plant Operations

Phillip Wright Director of Food Services

Briana Harter Environmental Services Director

Renee Madden Care Plan/Assessment Coordinator

> Alissa White Medical Records

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



Word Gearch

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ACTIVITIES COSTUMES GATSBY PARTY ADVENTURE DINNER **SPEAKEASY JAZZ AMERICA EXPERIENCE MARTINI THEME CELEBRATE GALORE OUTFITS** WEEK