



May 2019



# Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

#### Party in the USA

As you've probably already noticed, we've designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

#### **Dressing Up**

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

#### **Activities Galore**

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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# Happy Birthday!

Residents	
Leona W.	5/01
Edna D.	5/13
Dorothy C.	5/22
Karol T.	5/29
Staff	
Linda R.	5/12
Monica M.	5/15
Serinna C.	5/17
Kandus W.	5/18
Jean V.	5/19
Pat C.	5/20
Masen K.	5/22

## Live a Dream

We are looking forward to granting so many more Live a Dream's this year or the next! If you have a suggestion for a Live a Dream for one of our residents, please share it with the Life Enrichment Director, Heidi Rhodus.

### Themed Dinner

It's not too late to enjoy the final events of our Chicago Speakeasy Theme Dinner which started April 29-May 3. If you did not make it to our last week of fun festivities, I encourage you to join in our next adventure full week! I promise you will not be disappointed!

## Taste of Town

Our Next Taste of Town is from McAlister's on Friday, May 17, 2019.

### Out & About

We are so glad to be getting out & about again on a regular basis. Woo! That was a long winter.

# Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our

dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Gary Griffin

Executive Director

## Living Arts What a trendy 2019 craft!





# Family Night

Our residents and families enjoyed our NCAA
Party. Did you have the winning bracket?



# **Photo Highlights**











# Smile of the Month Dorothy M.

Dorothy is very active in our Campus Life. She is what we call a true Mover & Shaker. She



always has that wonderful, warm smile on her face. If you happen to meet Dorothy at one of our events, please stop and introduce yourself and welcome her to our Forest Park Family.

# Sunday Brunch

IMPORTANT MESSAGE: We look forward to seeing you on Mother's Day, Sunday, May 12, 2019 from 11:00 AM to 1:00 PM.

It is important to make Reservations with us by Friday, May 10, 2019. We allow 2 guest to eat FREE and all other guests with be charged \$7.00 per guest.

#### Did You Know...?

That you can read the monthly newsletter on-line in addition to the printed copy. Please follow the campus link www.trilogyhs. com/campus/forest-park-health-campus or you can pick up a printed copy when you visit our campus. Just a Reminder... We Are No Longer Mailing Them.

The Private Dining Room can be reserved for your Family Occasions, just call Heidi Rhodus, LED to make your plans.

Happy Hour is EVERY FRIDAY at 3:00 PM.

**PARTY** 

**SPEAKEASY** 

THEME

**WEEK** 



A Trilogy Senior Living Community

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Heidi Rhodus Life Enrichment Director

Kendra Lester Director of Social Services

Chuck Berry Director of Food Services

Nikki Kemp Therapy Program Director

> Judy Hobbs, RN MDS Coordinator

> Jean Varner, LPN Medical Records

#### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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# 'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



# Word Gearch

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ACTIVITIES	COSTUMES	GATSBY	
ADVENTURE	DINNER	JAZZ	
AMERICA	EXPERIENCE	MARTINI	
CELEBRATE	GALORE	OUTFITS	