



COVERED BRIDGE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# On Campus

May 2019



## Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

### Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

### Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

### Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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# Happy Birthday!

## Residents

5/13	Lucille A.
5/17	Annaphine T.
5/19	Norma F.
5/26	Vera B.
5/28	Selma M.
5/29	Joyce S.

## Staff

5/04	Blue D.
5/04	Jennifer P.

## Welcome to Covered Bridge!

### Residents

Hannah V.	Aileen Y.
Rex B.	Donald F.
Margaret G.	Donna J.
Heather S.	Jewel S.
Richard S.	

### Staff

Suzannah B.	Lyndsay P.
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## Theme Dinner

Our second Theme Dinner of 2019 will be on May 02. We will be doing a Chicago Speak Easy Theme.

## Taste of Town

Taste of Town for our resident's is on May 09. The kitchen will be serving JayC chicken for lunch.

## Family Brunch

May 19 is our next Sunday Brunch. This will be combined with our Luau Community Event. Hope to see you there! Please RSVP to the front office by Thursday, May 16 to reserve your seats.



## Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,  
*Angela Short*  
Executive Director

## WACKY HAT DAY

We love when the residents let their hair down and have fun!!!





# FAMILY NIGHT!

On March 13th we had our CSS kickoff party. Thank you to all who attended. I know our residents had a good time.



## SMILE OF THE MONTH

Franny created a beautiful painting and she was excited. The smile on her face is priceless



## Family Forum

Our next family forum will be Thursday, May 16th at 5:30pm at Scheck's Cancer Center across the street from the Medical Building. There will be light refreshments provided. Alzheimer's disease is life changing for those who are diagnosed and their families. Our goal as a group is to provide a place to connect with other caregivers who truly understand what you going through. Please call 812-523-4841 to reserve your seat. We look forward to seeing you!

## Live a Dream

A resident's wishes and lifelong dreams are as unique as they are. Living out those dreams keeps us young and full of life. That is why we try to grand the wishes and dreams of our residents every chance we get. In addition, because of the generous support of our campus team members and through partnerships with local businesses and the Trilogy Foundation, our campus is a place where dreams come true. Do you wish a wish that you would like to have granted? Please see a member of the Life Enrichment team for details!

## Follow Us

Please follow us on Social Media to see all of the amazing things we are doing here at the campus!!! Follow us on Twitter @CoveredBridgeHC and on Facebook! Here you can see our up and coming event and daily activities of our residents and much more!!

## Volunteers

Our Summer Field Trips are right around the corner. If you are interested, we could use volunteers to help the residents get the best experiences as possible. Please call 812-523-6405 and ask for the Activity Department to see how you can help!

## Did You Know...?

*That we have a resident council each for Health Center and Assisted Living made up of our residents, where they are able to convene for an hour or so, once a month, with one of our Activity staff members to voice concerns, feedback, and get informed about upcoming events, and campus activities. Any feedback that our residents share with us is addressed by the department leaders, as well as, our Executive Director.*

*We also have a Chef's Circle for Health Center and for Assisted Living residents where they get to meet with dietary every week to discuss their meals for that week, upcoming events, future meal ideas, etc.*

*That you can read the monthly newsletter AND our monthly calendar of activities on-line. Please follow the campus link: [www.coveredbridgehc.com](http://www.coveredbridgehc.com)*



## COVERED BRIDGE

HEALTH CAMPUS

*A Trilogy Senior Living Community*

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*Missy Robinson*  
Assistant Director of Health Services

*Marsha Rieckers*  
Community Service Representative

*Mike Craig*  
Business Office Manager

*Kris Bowman*  
Life Enrichment Director

*Erika Muhlbach*  
Director of Social Services

*Cody Schwade*  
Director of Plant Operations

*Sheila Joy-Haws*  
Director of Food Services

*Debbie Redmond*  
Environmental Services Supervisor

*Dr. Neil Strait Hill*  
Medical Director

*Christy Murphy*  
Legacy Lane Coordinator

### Stay in the Loop [t](#) [f](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# 'Theme Week'

*...continued from cover*

It's natural to crave  
adventure, and we're always  
looking for new ways to  
bring that adventure to  
you. So while you wait for  
our next Theme Week, let  
us take you for a trip to  
town. Visit the Farmer's  
Market, or enroll in an art  
course with our *Lifelong  
Learning* program. And  
while you're enjoying  
yourself, we'll already  
be making plans for  
what you can do next.



## Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
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B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
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I	I	L	C	B	A	D	C	Z	K	X	U	D	E	I	C	Y	Y	A
J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
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I	L	L	M	O	N	W	C	B	I	A	H	T	U	D	Z	Z	A	M
P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES  
ADVENTURE  
AMERICA  
CELEBRATE

COSTUMES  
DINNER  
EXPERIENCE  
GALORE

GATSBY  
JAZZ  
MARTINI  
OUTFITS

PARTY  
SPEAKEASY  
THEME  
WEEK