## Cedar Creek Health Campus Assisted Living



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections C - Creative Cooking GF - Gathering of Friends G - Generations GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About	Activity Location codes: (1) Assisted Living Activity Room (2) Health Center Activity Room (3) Assisted Living Lobby (4) Health Center Dining Room (5) Pub	*Calendar is subject to change. All changes will be posted on Lifeshare TV please check daily!*	May Day  8:30 Hospitality Cart 10:00 Bible Study Group (3) V11:00 Trilogy Fit (1) 1:30 Courtyard Trivia 2:30 1920's Peanut Butter Cookies (2) GF 3:30 Uncork & Unwind (1)	A 10:00 1920's Headbands (2) V 11:00 Trilogy Fit (1) I 2:00 Catholic Service (2) S 4:00 Chicago Speakeasy Themed Dinner	8:30 Hospitality Cart M 10:00 Glee Club (2) V 11:00 Trilogy Fit (1) I 1:30 Afternoon Aromatherapy (1) M 3:00 Happy Hour w/David R. (4)	4  1 9:30 Garden Club  V 11:00 Trilogy Fit (2)  CC 1:00 BINGO (2)  A 2:30 Kentucky Derby Sun Hats (2)  K 3:30 Bunco Club (2)
5 Ramadan Begins	6	7	8	9	10	11
M 10:00 Songs of Faith (3) V 11:00 Trilogy Fit (1) S 11:30 Sunday Brunch I 1:00 Bethel Church Service (2) GF 2:30 Movie & Popcom (2)	V 11:00 Trilogy Fit (1) M 1:30 Kent Lane Sings (4) K 3:00 Patio Games	9:00 Seniors & Songbirds(3) V11:00 Trilogy Fit (1) A 1:30 Painted Flower Pots (2) C 2:30 Walgreens Trip-\$ X 3:30 Afternoon Adult Coloring (2) C 6:00 Nickel Bingo! (2)	<ul> <li>8:30 Hospitality Cart</li> <li>10:00 Bible Study Group (3)</li> <li>V11:00 Trilogy Fit (1)</li> <li>1:30 Courtyard Trivia</li> <li>2:30 Delicious Desserts! (2)</li> <li>3:30 Lucky 7's (1)</li> </ul>	<ul> <li>\$\mathbb{G}\$ 9:30 Courtyard Coffee</li> <li>\$\mathbb{V}\$ 11:00 Trilogy Fit (1)</li> <li>\$\mathbb{I}\$ 2:00 Catholic Service (2)</li> <li>\$\mathbb{G}\$ 3:00 Scenic Drive</li> <li>\$\mathbb{G}\$ 6:00 Popcorn &amp; Game Night (2)</li> </ul>	<ul> <li>8:30 Hospitality Cart</li> <li>10:00 Glee Club (2)</li> <li>11:00 Trilogy Fit (1)</li> <li>1:30 Afternoon</li></ul>	9:30 Garden Club 11:00 Trilogy Fit (2) 1:00 BINGO (2) 2:30 Ceramic Birdhouses (2) 3:30 Bunco Club (2)
.2 Mother's Day	13	14	15	16	17	18 Armed Forces Day
9:00 Courtyard Coffee 10:00 Songs of Faith (3) 11:00 Trilogy Fit (1) S 1:15 Mother's Day Tea Party (1)	8:30 Hospitality Cart CC 10:00 Magnificent Manicures (2) V 11:00 Trilogy Fit (1) GC 1:30 Bingo! (2) K 3:00 Patio Games	A 1:30 Card Creations w/ Dorothy (2)	8:30 Hospitality Cart 10:00 Bible Study Group (3) V1:00 Trilogy Fit (1) 1:30 Courtyard Trivia 2:30 Delicious Desserts! (2) GF 3:30 Uncork & Unwind (1)	9:30 Courtyard Coffee V11:00 Trilogy Fit (1) 1 2:00 Catholic Service (2) 3:00 Scenic Drive 6:00 Popcorn & Game Night (2)	8:30 Hospitality Cart M 10:00 Glee Club (2) V 11:00 Trilogy Fit (1) I 1:30 Afternoon Aromatherapy (1) M 3:00 Happy Hour w/ Jeff Anderson (4)	9:30 Garden Club V11:00 Trilogy Fit (2) CC 1:00 BINGO (2) A 2:30 Bird Seed Omaments (2) K 3:30 Bunco Club (2)
M 10:00 Songs of Faith (3) V 11:00 Trilogy Fit (1) I 1:00 Bethel Church Service (2) F 2:00 Ice Cream Social (5) 3:30 Sunday Stroll	20  K 8:30 Hospitality Cart K 10:00 Puzzle Club (1) V 11:00 Trilogy Fit (1) GG 1:30 Bingo! (2) S 2:30 Resident Council (2) K 3:00 Patio Games	<ul> <li>9:00 Seniors &amp; Songbirds(3)</li> <li>11:00 Trilogy Fit (1)</li> <li>1:30 Flower Pot Garden Windchime (2)</li> <li>2:30 Resale Shop Trip-\$</li> <li>3:30 Rummy (2)</li> <li>6:00 Nickel Bingo! (2)</li> </ul>	X 8:30 Hospitality Cart 10:00 Bible Study Group (3) V11:00 Trilogy Fit (1) 1:30 Courtyard Trivia CC 2:30 Delicious Desserts! (2) X 3:30 Lucky 7's (1)	X 9:30 Courtyard Coffee V11:00 Trilogy Fit (1) 1 2:00 Catholic Service (2) 0 3:00 Scenic Drive K 6:00 Popcorn & Game Night (2)	24  K 8:30 Hospitality Cart M 10:00 Glee Club (2) V 11:00 Trilogy Fit (1) I 1:30 Afternoon	25  1 9:30 Garden Club  V 11:00 Trilogy Fit (2)  CC 1:00 BINGO (2)  A 2:30 Paper Daisy (2)  K 3:30 Bunco Club (2)
M 10:00 Songs of Faith (3) V 11:00 Trilogy Fit (1) K 1:00 Patio Games F 2:00 Ice Cream Social (5) 3:30 Sunday Stroll	V 11:00 Trilogy Fit (1) GC 1:30 Bingo! (2)	1:30 Rose Curls (2) 2:30 Dollar Tree Trip-\$	8:30 Hospitality Cart 10:00 Bible Study Group (3) V11:00 Trilogy Fit (1) 1:30 Courtyard Trivia CC 2:30 Delicious Desserts! (2) GF 3:30 Uncom & Unwind (1)	9:30 The Shrine of Christ's Passion 1 2:00 Catholic Service (2) 3:00 Afternoon Aerobics (3) K 6:00 Popcorn & Game Night (2)	X 8:30 Hospitality Cart M 10:00 Glee Club (2) V 11:00 Trilogy Fit (1) I 1:30 Afternoon Aromatherapy (1) M 3:00 Happy Hour w/ David B.	Any activity with \$ next to it residents will need to bring the own money! Thank you!

## Cedar Cřeek Health Campus Health Center

## \* MAY 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	Activity Location codes: (1) Assisted Living Activity Room (2) Health Center Activity Room (3) Assisted Living Lobby (4) Health Center Dining Room (5) Pub	Happy birthday to everyone celebrating this month!	May Day  K 8:30 Hospitality Cart  9:30 Sensory Wakeup (2) 10:00 Bible Study Group (3) V11:00 Golden Age Movers(2) 1:30 Courtyard Trivia CC 2:30 1920's Peanut Butter Cookies (2)  GF 3:30 Uncork & Unwind (1)	MP 9:30 Sensory Wakeup (2) A 10:00 1920's Headbands (2) V 11:00 Golden Age Movers(2) I 2:00 Catholic Service (2) S 4:00 Chicago Speakeasy Themed Dinner	8:30 Hospitality Cart 9:30 Sensory Wakeup (2) M 10:00 Glee Club (2) V 11:00 Golden Age Movers(2) I 1:30 Afternoon Aromatherapy (1) Happy Hour w/David R. (4)	4  1. 9:30 Garden Club MN 10:30 Sensory Wakeup (2 V 11:00 Trilogy Fit (2) CC 1:00 BINGO (2) A 2:30 Kentucky Derby Sur Hats (2) K 3:30 Bunco Club (2)
Ramadan Begins	6	7	8	9	10	11
10:30 Sensory Wakeup (2) 10:00 Songs of Faith (3) 11:00 Trilogy Fit (1) 11:30 Sunday Brunch 1:00 Bethel Church Service (2) 15 2:30 Movie & Popcom (2)	<ul> <li>8:30 Hospitality Cart</li> <li>10:00 Puzzle Club (1)</li> <li>10:30 Sensory Wakeup (2)</li> <li>11:00 Golden Age Movers(2)</li> <li>1:30 Kent Lane Sings (4)</li> <li>3:00 Patio Games</li> </ul>	G 10:00 Seniors & Songbirds (3) MP 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) S 1:15 Chef Circle A 1:30 Painted Flower Pots (2) O 2:30 Walgreens Trip-\$ K 3:30 Afternoon Adult Coloring (2) GC 6:00 Nickel Bingo! (2)	<ul> <li>8:30 Hospitality Cart</li> <li>10:00 Bible Study Group (3)</li> <li>10:30 Sensory Wakeup (2)</li> <li>11:00 Golden Age Movers(2)</li> <li>1:30 Courtyard Trivia</li> <li>2:30 Delicious Desserts! (2)</li> <li>3:30 Lucky 7's (1)</li> </ul>	<ul> <li>W 9:30 Courtyard Coffee</li> <li>MR 10:30 Sensory Wakeup (2)</li> <li>V 11:00 Golden Age Movers(2)</li> <li>I 2:00 Catholic Service (2)</li> <li>O 3:00 Scenic Drive</li> <li>K 6:00 Popcorn &amp; Game Night (2)</li> </ul>	<ul> <li>8:30 Hospitality Cart</li> <li>9:30 Sensory Wakeup (2)</li> <li>10:00 Glee Club (2)</li> <li>11:00 Golden Age Movers(2)</li> <li>11:30 Afternoon</li></ul>	9:30 Garden Club 10:30 Sensory Wakeup (2) 11:00 Trilogy Fit (2) 1:00 BINGO (2) 2:30 Ceramic Birdhouses 3:30 Bunco Club (2)
2 Mother's Day	13	14	15	16	17	18 Armed Forces Day
9:00 Courtyard Coffee 9:30 Sensory Wakeup (2) 10:00 Songs of Faith (3) 11:00 Trilogy Fit (1) 1:15 Mother's Day Tea Party (1)	<ul> <li>8:30 Hospitality Cart</li> <li>10:00 Magnificent Manicures (2)</li> <li>10:30 Sensory Wakeup (2)</li> <li>11:00 Golden Age Movers(2)</li> <li>1:30 Bingo! (2)</li> <li>2:30 Resident Council (2)</li> <li>3:00 Patio Games</li> </ul>	M 10:00 Seniors & Songbirds (3) M 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) A 1:30 Card Creations w/ Dorothy (2) O 2:30 Meijer Trip-\$ K 3:30 Lucky 7's (2) GC 6:00 Nickel Bingo! (2)	K 8:30 Hospitality Cart I 10:00 Bible Study Group (3) MN 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) I 1:30 Courtyard Trivia C 2:30 Delicious Desserts! (2) GF 3:30 Uncork & Unwind (1)	<ul> <li>K 9:30 Courtyard Coffee</li> <li>MP 10:30 Sensory Wakeup (2)</li> <li>V 11:00 Golden Age Movers(2)</li> <li>I 2:00 Catholic Service (2)</li> <li>O 3:00 Scenic Drive</li> <li>K 6:00 Popcorn &amp; Game Night (2)</li> </ul>	<ul> <li>8:30 Hospitality Cart</li> <li>9:30 Sensory Wakeup (2)</li> <li>10:00 Glee Club (2)</li> <li>11:00 Golden Age Movers(2)</li> <li>11:30 Afternoon</li></ul>	MR 9:30 Sensory Wakeup (2) 9:30 Garden Club V11:00 Trilogy Fit (2) CC 1:00 BINGO (2) A 2:30 Bird Seed Ornaments (2) K 3:30 Bunco Club (2)
9:30 Sensory Wakeup (2) 10:00 Songs of Faith (3) 11:00 Trilogy Fit (1) 1:00 Bethel Church Service (2) F 2:00 Ice Cream Social (5) 3:30 Sunday Stroll	<ul> <li>8:30 Hospitality Cart</li> <li>10:00 Puzzle Club (1)</li> <li>10:30 Sensory Wakeup (2)</li> <li>11:00 Golden Age Movers(2)</li> <li>1:30 Bingo! (2)</li> <li>3:00 Patio Games</li> </ul>	M10:00 Seniors & Songbirds (3) M10:30 Sensory Wakeup (2) V11:00 Golden Age Movers(2) S 1:15 Chef Circle A 1:30 Flower Pot Garden Windchime (2) O 2:30 Resale Shop Trip-\$ K 3:30 Rummy (2) GC 6:00 Nickel Bingo! (2)	K 8:30 Hospitality Cart 10:00 Bible Study Group (3) 10:30 Sensory Wakeup (2) V1:00 Golden Age Movers(2) 1:30 Courtyard Trivia CC 2:30 Delicious Desserts! (2) K 3:30 Lucky 7's (1)	X 9:30 Courtyard Coffee MN 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) I 2:00 Catholic Service (2) O 3:00 Scenic Drive K 6:00 Popcorn & Game Night (2)	X 8:30 Hospitality Cart 9:30 Sensory Wakeup (2) M 10:00 Glee Club (2) V 11:00 Golden Age Movers(2) I 1:30 Afternoon Aromatherapy (1) M 3:00 Happy Hour w/ Gil (4)	9:30 Sensory Wakeup (2) 9:30 Garden Club V11:00 Trilogy Fit (2) CC 1:00 BINGO (2) A 2:30 Paper Daisy (2) K 3:30 Bunco Club (2)
9:30 Sensory Wakeup (2) 10:00 Songs of Faith (3) 11:00 Trilogy Fit (1) 1:00 Patio Games F 2:00 Ice Cream Social (5) 3:30 Sunday Stroll	Memorial Day  K 8:30 Hospitality Cart 9:30 Courtyard Coffee MD 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) GG 1:30 Bingo! (2)	28  M 10:00 Seniors & Songbirds (3) M 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) A 1:30 Rose Curls (2) O 2:30 Dollar Tree Trip-\$ K 3:30 Lucky 7's (2) GC 6:00 Nickel Bingo! (2)	K 8:30 Hospitality Cart 10:00 Bible Study Group (3) M 10:30 Sensory Wakeup (2) V 11:00 Golden Age Movers(2) 1:30 Courtyard Trivia C 2:30 Delicious Desserts! (2) GF 3:30 Uncom & Unwind (1)	8:30 Sensory Wakeup (2) 9:30 The Shrine of Christ's Passion 1 2:00 Catholic Service (2) 3:00 Afternoon Aerobics (3) K 6:00 Popcorn & Game Night (2)	8:30 Hospitality Cart 9:30 Sensory Wakeup (2) M10:00 Glee Club (2) V11:00 Golden Age Movers(2) I 1:30 Afternoon Aromatherapy (1) M 3:00 Happy Hour w/ David B.	*Calendar is subject to chang All changes will be posted on Lifeshare TV*

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## Tuesday Wednesday Thursday Friday Saturday

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	9:30 Vitality 10:00 Keeping it Sharp 10:30 Creative Cooking 11:00 Housekeeping 11:30 Lunch Prep	Early Afternoon 12:45 Relax & Recharge 2:00 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group Games (Cognitive/Physical) 4:30 Dinner Prep 4:45 Keeping It Sharp	May Day  W Batter Up  K Matching Colors  CC Apple Pie Oatmeal Dessert Relax & Recharge  A May Day Wands  Singin' in the Rain  GC Parachute Games Healthy Hands  GF Shake Loose A Memory	V Moving Through Magnificent Mile Signs of Spring Pepperoni Pizza Soup Relax & Recharge 1920s Headband Catholic Service (2) M Let's Dance the Charleston! S Chicago Speakeasy Themed Dinner	Par 4 Golf Club Spring Basket CC Chocolate Chip Cookie Bars Relax & Recharge Derby Hats M A Roaring Good Time Happy Hour GC Com Hole Healthy Hands	W Ribbon Dance Penny Ante Butterscotch Pecan Bread Pudding Relax & Recharge A Road Map Magnets Fabulous Flowers GC Horse Racing Healthy Hands
5 Ramadan Begins	6	7	8	9	10	11
<ul> <li>V Sunday Stretch</li> <li>K Opposites</li> <li>C Cinco de Mayo Com Dip</li> <li>S Sunday Brunch Relax &amp; Recharge</li> <li>A Cinco De Mayo Banner</li> <li>M Name That Croon</li> <li>G Games We Played As Kids Healthy Hands</li> </ul>	Move It Monday Spring Babies Basil Garlic Bread Relax & Recharge M Kent Lane Sings (4) Paper Daisy Feel the Heartbeat GG Horseshoes Healthy Hands	<ul> <li>Wildflower Tour</li> <li>Garden Beginnings</li> <li>Milky Way Fudge</li> <li>Relax &amp; Recharge</li> <li>Road Map Rosette</li> <li>I Like You</li> <li>Life on the Farm</li> <li>Healthy Hands</li> <li>Reminiscing Through Photos</li> </ul>	W Batter Up K Matching Colors Chocolate Chip Raspberry Bars Relax & Recharge A Rose Curls M Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	V Spring Sing Along and Dance K Signs of Spring Italian Cabbage Soup Relax & Recharge A Homemade Sugar Scrub I Catholic Service (2) Scenic Drive M Shake It Up, Baby! GC Flip n' Chips Matching Game	Par 4 Golf Club  Spring Basket Peanut Butter Brownies Relax & Recharge Bumble Bee Art  A Roaring Good Time Happy Hour  GC Com Hole Healthy Hands	<ul> <li>Ribbon Dance</li> <li>Penny Ante</li> <li>Buttermilk Sugar Cookies</li> <li>Relax &amp; Recharge</li> <li>Beaded Suncatcher</li> <li>Fabulous Flowers</li> <li>Horse Racing</li> <li>Healthy Hands</li> <li>Old Time Theater</li> </ul>
12 Mother's Day	13	14	15	16	17	18 Armed Forces Day
V Sunday Stretch K Opposites Cheesy Pizza Fondue Relax & Recharge Mother's Day Cards M Name That Croon G Games We Played As Kids Healthy Hands A Time For Tea!	Move It Monday Spring Babies Banana Wheat Bread Relax & Recharge Paint Chip Bookmarks Feel the Heartbeat Horseshoes Healthy Hands LifeShare Games	Wildflower Tour Garden Beginnings Blueberry Muffins Relax & Recharge Homemade Headache Balm I Like You GC Life on the Farm Healthy Hands GF Reminiscing Through Photos	W Batter Up K Matching Colors C Caramel Butter-Peacan Bars Relax & Recharge Painted Flower Pots Singin' in the Rain G Parachute Games Healthy Hands GF Shake Loose A Memory	<ul> <li>Spring Sing Along and Dance</li> <li>Signs of Spring</li> <li>Hearty Hash Brown Soup</li> <li>Relax &amp; Recharge</li> <li>Glass Beaded Garden Sparklers</li> <li>Catholic Service (2)</li> <li>Scenic Drive</li> <li>Shake It Up, Baby!</li> <li>Flip n' Chips Matching Game</li> </ul>	Par 4 Golf Club Spring Basket Chocolate Chip Cookies Relax & Recharge Flower Pot Garden Windchime A Roaring Good Time Happy Hour Com Hole Healthy Hands	W Ribbon Dance Penny Ante Grandma's Honey Muffins Relax & Recharge A Support Our Troops Keychain M Armed Forces Appreciation GC Horse Racing Healthy Hands GF Old Time Theater
V Sunday Stretch C Opposites C Chocolate Lover's Cookies Relax & Recharge A Rain Chain M Name That Croon G Games We Played As Kids Healthy Hands G A Time For Tea!	V Move It Monday Spring Babies CC Golden Wheat Bread Relax & Recharge A Mason Jar Tissue Holder Feel the Heartbeat GC Horseshoes Healthy Hands GF LifeShare Games	V Wildflower Tour Garden Beginnings CC Candy Bar Apple Salad Relax & Recharge A Mason Jar Tissue Holder I Like You GC Life on the Farm Healthy Hands GF Reminiscing Through Photos	V Batter Up K Matching Colors C Chocolate Cookie Dip Relax & Recharge A Salted Painting M Singin' in the Rain GC Parachute Games Healthy Hands GF Shake Loose A Memory	V Spring Sing Along and Dance K Signs of Spring C Chicken Noodle Soup Relax & Recharge A Pulled Sting Art I Catholic Service (2) Scenic Drive M Shake It Up, Baby! G Flip n' Chips Matching Game	V Par 4 Golf Club Spring Basket Peanut Butter Cup Cupcakes Relax & Recharge Watercolor Silhouette M A Roaring Good Time Happy Hour GG Com Hole Healthy Hands	V Ribbon Dance Penny Ante Lemon Pie Relax & Recharge Mosaic Garden Rocks Fabulous Flowers GG Horse Racing Healthy Hands GF Old Time Theater
26	27 Memorial Day	28	29	30	31	Evening
<ul> <li>Sunday Stretch</li> <li>Opposites</li> <li>Taco Joe Dip Relax &amp; Recharge</li> <li>Red, White and Blue Candle Holder</li> <li>Name That Croon</li> <li>Games We Played As Kids Healthy Hands</li> </ul>	<ul> <li>Move It Monday</li> <li>Spring Babies</li> <li>Oatmeal Bread</li> <li>Relax &amp; Recharge</li> <li>Nature Sensory Bag Suncatcher</li> <li>America, the Beautiful</li> <li>Horseshoes</li> <li>Healthy Hands</li> <li>LifeShare Games</li> </ul>	W Wildflower Tour Garden Beginnings Cinnamon French Toast Casserole Relax & Recharge Creative Storytelling I Like You Life on the Farm Healthy Hands	W Batter Up     Matching Colors     Strawberry Bread     Relax & Recharge     Framed Flower Pine Cone Decor     Singin' in the Rain     Parachute Games     Healthy Hands     Shake Loose A Memory	<ul> <li>Spring Sing Along and Dance</li> <li>Signs of Spring</li> <li>Strawberry Soup         Relax &amp; Recharge</li> <li>Bird Seed Omament</li> <li>Catholic Service (2)</li> <li>Shake It Up, Baby!</li> <li>Flip n' Chips Matching Game         Healthy Hands</li> </ul>	Par 4 Golf Club Spring Basket Cinnamon Oatmeal Cookies Relax & Recharge Mod Podge Stiffy Doily Bowl M A Roaring Good Time Happy Hour Com Hole Healthy Hands	6:00 Gathering of Friends 7:00 Nighttime Traditions