



A Trilogy Senior Living Community



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our "Party in the USA" year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn't have the chance to participate, or simply want to know more about similar events in the future, look no further! Here's everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you've probably already noticed, we've designed each Theme Week this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We're already planning for our next destination, and we can't wait for you to see it!

Dressing Up

To make you truly feel like you're experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their bestthemed outfits. Don't worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we'll make sure that you're fully immersed in the theme that we're celebrating. In the past, we've had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

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Sunday Brunch

Our Sunday Brunch will be held on May 5, from 11:30-1:00pm. Every resident is given 2 free guest tickets additional tickets will be \$7 each. We ask that each family have a limit of 7 guests. If you plan to attend, we ask that you RSVP to our front desk by that Tuesday prior to brunch. Thank you!

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.cedarcreekhc.com

Happy Hour is weekly on Friday from 3:00-4:00pm.

All family and friends are welcome and encouraged to attend with their loved ones. Entertainment and food is served weekly for the enjoyment of our residents and their guests.

Happy May! As summertime approaches, we encourage

you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our

Featured Resident

Executive Director Corner

dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Andy Plantinga, HFA

Executive Director

Every morning at 11:00am, our residents come together for a fun and fit exercise program. If you have yet to join in the fun come on down to the AL living room, be there at 11:00am!



LEGACY LANE SPOTLIGHT

Our residents love to get their hands dirty in the kitchen, whether it's baking homemade chocolate chip cookies, chopping fresh vegetables for homemade chicken noodle soup or kneading dough for some tasty homemade bread. Each week you can find our residents creatively cooking a new recipe.









Smile of the Month

Special shout out to Dolores C. and her nieces Lorraine, Mary Ellis and Justine for putting together a wonderful St. Patrick's themed Tea Party for our residents! Full of fun, games, and special treats!











HEALTH CAMPUS A Trilogy Senior Living Community

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> > Judy Plantinga Executive Director

Amanda Lewis Director of Health Services Breanne McDowell Assistant Director of Health Services

Kevin Hand Community Service Representative

> Ronda Dessauer Business Office Manager

Brittany Rigoni Life Enrichment Director

Vanessa Mazzaia Director of Social Services

Mick O'Sullivan Director of Plant Operations

Tim Merkel Director of Dining Services

Patricia Pitrowski Environmental Services Director

> Kathy Aeschliman MDS Coordinator

Holly Bakker Therapy Program Director

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Theme Week'

It's natural to crave adventure, and we're always looking for new ways to bring that adventure to you. So while you wait for our next Theme Week, let us take you for a trip to town. Visit the Farmer's Market, or enroll in an art course with our *Lifelong Learning* program. And while you're enjoying yourself, we'll already be making plans for what you can do next.



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OUTFITS

WEEK

GALORE

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