



Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

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Happy Birthday!

Residents

5/2	Norma A.
5/6	James B.
5/8	Geraldine K.
5/11	Doris B.
5/17	Jill B.
5/27	Donald K.
5/28	Ardys R.

Themed Dinner

Are you ready to have some fun with our theme week scheduled 4/29-5/3? Our theme is Chicago: Speak Easy. We encouraged you to dress in your best outfits and experience our version of Chicago Speakeasy! You may also wear anything that ties into the overall Speakeasy or 1920's theme.

Campus in Color

It's that time of year again to make our campus beautiful and full of flowers. We will be taking a trip to garden gate to select our flowers for the campus. Feel free to shop for yourselves as well. We are also looking for volunteers to help water and assist with keeping them looking their best

Did you Know...?

That you can read the monthly newsletter on-line? Please follow the campus link www.blairridge.com.

The private dining room and basement can be reserved for parties, meetings and get togethers. Contact Life Enrichment to reserve a room.

Happy Hour is every Friday at 3pm.

Follow us on Facebook-Blair Ridge Health Campus and Twitter-@BlairRidgeHC. See photos and upcoming special events.

Sunday Brunch is on the second Sunday of the month. Please be sure to RSVP in advance.



Executive Director Corner

Happy May! As summertime approaches, we encourage you to enjoy

the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike

recently sat side by side in our dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

Mike Wray, RN
Executive Director

SMILES OF THE MONTH

Residents had fun during our Mardi Gras theme week! Also, with warmer weather we are starting fun spring crafts, everyone enjoyed making the 3D butterflies. We also celebrated "Pi day" (3.14) with delicious pie tarts. We finished out the month with a visit from the Columbian Park Zoo.



MORE... SMILES OF THE MONTH



Live a Dream

Since it is turning warm again we would love to get you out and grant those wishes! If you have something that you have always wanted to do tell the Life Enrichment team! We would love to make this happen for you!

Servant Leader

Our servant leader for the month of April was Mel Anderson, LPN. She has been employed at Blair Ridge Health Campus for 11 years as a beautician. Most recently as a new graduate nurse! She has 4 children and 9 grandchildren. She enjoys crocheting, reading, time with the family and sleeping! When you see Mel please thank her for being a great servant leader.





BLAIR RIDGE

HEALTH CAMPUS

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Mary Gross
Customer Service Representative

Becca Iliff
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Erin Murphy
Life Enrichment Director

Kaleigh Collins
Director of Resident Services

Jeremy Fisher
Director of Plant Operations

Mary Ann Estes
Director of Food Services

Brenda Jackson
Environmental Services Director

Caleb Meives
Therapy Program Director

Chrissy Parkard
Social Service Director

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Theme Week'

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It's natural to crave
adventure, and we're always
looking for new ways to
bring that adventure to
you. So while you wait for
our next Theme Week, let
us take you for a trip to
town. Visit the Farmer's
Market, or enroll in an art
course with our *Lifelong
Learning* program. And
while you're enjoying
yourself, we'll already
be making plans for
what you can do next.



Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
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ACTIVITIES
ADVENTURE
AMERICA
CELEBRATE

COSTUMES
DINNER
EXPERIENCE
GALORE

GATSBY
JAZZ
MARTINI
OUTFITS

PARTY
SPEAKEASY
THEME
WEEK