



AUTUMN WOODS

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# Journal

May 2019



## Getting Involved with Theme Week

From April 29th to May 3rd, we celebrated our Chicago Speakeasy Theme Week. As the latest destination in our “Party in the USA” year, this event took us back to the 1920s for five days of jazz, black sequin headbands, and The Great Gatsby.

If you didn’t have the chance to participate, or simply want to know more about similar events in the future, look no further! Here’s everything you can expect when we celebrate our next Theme Week.

### Party in the USA

As you’ve probably already noticed, we’ve designed each Theme Week

this year to take you to a different place and celebration in America. In February, we brought out our gold and green to make our home look like New Orleans during Mardi Gras. With our latest Theme Dinner, everyone came together to discuss Manhattans and Martinis in our dining room-turned- Chicago speakeasy. We’re already planning for our next destination, and we can’t wait for you to see it!

### Dressing Up

To make you truly feel like you’re experiencing an extraordinary night in a new city, we encourage all of our residents to dress in their best-

themed outfits. Don’t worry - your invitation will include additional details on how to best dress for the theme! Our staff will also help you look the part by handing out necklaces, hats, and other wardrobe pieces prior to the Theme Dinner.

### Activities Galore

With the help of our Life Enrichment Team, we’ll make sure that you’re fully immersed in the theme that we’re celebrating. In the past, we’ve had a Cajun lunch outing, created parade floats out of cardboard, hosted jazz bands, and taught each other how to do The Charleston.

*...continued on back page*

# Happy Birthday!

## Residents

William M.	5/05
Thea M.	5/10
Vernon K.	5/14
Milli M.	5/17
Bonnie S.	5/19
William A.	5/28
Jean C.	5/28

## Staff

Christina J.	5/07
Megan R.	5/09

## Themed Dinner

Our theme will be "Chicago Speak Easy". It will be held on Thursday, May 02 at 5:00pm.

## Taste of the Town

We will be featuring Road Runner Cafe, Wednesday, May 08 for lunch.

## Volunteer Corner

We GREATLY appreciate each and every one of you and the MANY lives you have changed just by giving your time! Without your time and effort activities would not be so successful! Our Volunteer Appreciation Dinner turned out to be a fabulous event!

Have you ever thought about volunteering? Did you know that everyone has a hidden talent? Why not use that talent by making a difference here at Autumn Woods. Please contact one of our Life Enrichment Associates to get more information on volunteering. Just a smile alone can make a huge difference in someone's life!



## Executive Director Corner

Happy May! As summertime approaches, we encourage

you to enjoy the warm weather by taking a stroll through our garden. With grandkids about to be on vacation, you'll need all the "me time" you can get! It's an exciting time to be a member of our community, and we're excited to be kicking this month off in a very special way.

You might have noticed that some members of our staff have added a fedora to their uniform. Maybe you're wondering why your friend is donning a purple necklace with a feather boa to boot. If it feels like everyone has suddenly stepped back in time, you'd be right! With our latest Theme Week, the roaring 20s have come alive again to provide you with an authentic Chicago Speakeasy Experience.

Flappers and gangsters alike recently sat side by side in our

dining room to fully immerse themselves in the Theme Dinner. We served up Capone's Baked Ziti with Red Sauce, along with Breaded Veal Cutlet. The dessert, Bootleg Pineapple Upside Down Cake with Tommy Gun Rum Sauce, had everyone talking in what looked like a scene pulled straight from a noir film. And like most of my favorite films, I felt like I could've watched it forever.

Thank you to everyone who joined us for this adventure into the prohibition era. We can't wait for you to see the other Theme Weeks that we have planned for this year. If you're interested in participating, contact a member of our Life Enrichment to learn about how you can save yourself a seat!

Yours in Service,

*Lori Hess, HFA*  
Executive Director

## Life Enrichment Corner

As many already know I love to capture special moments of laughter and memories on my camera with your loved ones. With this being said I encourage you to email me your address so I can share those memories with you. My email is Bobbie. Adams@autumnwoodshc.com. As always I am always looking for ways to make your loved one's days brighter while here. So please share any ideas you may have: a particular outing, game or an idea "live a dream wish". I cherish your feedback and support! Thank you for allowing me to be apart of your loved one's journey!

**Please mark your calendars now and plan to attend to upcoming events:**

**Happy Hour** every Friday afternoon at 2:00pm in the MLR!

**Taste of the Town:** Road Runner, Wednesday, May 08 for lunch.

**Mother's Day Brunch:** Please join us for a special brunch on Sunday, May 12 from 11:30-1:00pm.

**Senior Executive Club:** Third Tuesday of each month -Tuesday, May 21 at 10:00am.



# LIFELONG LEARNING

Several residents have had an enjoyable time by learning how to make flower arrangements. They have worked with a local flower arrangement designer learning how to make simple flower arrangements. Once they were finished, they received more out of blessing others with their beautiful creations!

## Mother's Day Sunday Brunch

We would like to formally invite you and up to two family members to join us for a special Mother's Day Brunch beginning at 11:30am on May 12th. Any additional family members are welcome to join by purchasing a meal ticket at the front office for \$7.

## Photo Highlights



*Dora and Bill "thumbs up" the April Fool's prank*



*April Fool's Day fun with the ladies pranking Don*



*We celebrated "World Down Syndrome Day" by wearing mis-matched socks (Taylor, Margie and Dewan)*



*World Down Syndrome ladies celebrated by wearing mis-matched socks (Beverley, Sandy and Addy)*



*We celebrated Miranda's 9 years of service and Rachel's 3 years of service! (Tammy, Miranda, Rachel and Camille)*



*Carolyn K with her family celebrating St. Patty's Day*



*Sosi celebrates 1 year of service with Autumn Woods*



*Debra Fulton celebrated 15 yrs of service!*



*St. Patty's Day fun with a Leprechaun! (Tom F with Leprechaun)*



## Upcoming Musical Entertainment

May 02: Performance by "Dave on the Piano" beginning at 2:00pm in the TDR

May 02: Performance by "Tari Martin" during Themed Dinner "Chicago Speak Easy" beginning at 5:00pm

May 03: Performance by Steven Pate during Happy Hour

May 07: Performance RDA Rainbow Dance Academy "Tiny Tots" beginning at 6:30pm in the MLR

May 09: Performance by "Here by Grace" beginning at 6:00pm in the MLR

May 13: Performance by "Sue Loy" on LL beginning at 2:00pm

May 21: Performance by "Susie Grelle" beginning at 9:30am on LL and 10:30am in the MLR

May 23: Performance by "The Country Boys" beginning at 6:00pm in the MLR

## Did You Know...?

That you can read the monthly newsletter on-line in addition to the printed copy or rather than receiving it in the mail? Please follow the campus [autumnwoodshc.com](http://autumnwoodshc.com) and let Bobbie Jo Adams, LED know you would like to discontinue the newsletter by mail.

The Private Dining Room can be reserved by our families for a family dinner or Birthday party by calling our front office.

The Trilogy Foundation grants scholarships to employees who would like to further their Education in Healthcare.



# AUTUMN WOODS

HEALTH CAMPUS

*A Trilogy Senior Living Community*

2911 Green Valley Road

New Albany, IN 47150

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autumnwoodshc.com |  

*Lori Hess*

*Executive Director*

*Camille Wilkerson*

*Director of Health Services*

*Tammy Barger*

*Assistant Director of Health Services*

*Natalie Foushee*

*Business Office Manager*

*Bobbie Jo Adams*

*Life Enrichment Director*

*Amanda Rusk*

*Director of Rehab Services*

*Brian Brooks*

*Legacy Lane Coordinator*

*Vincent Gray*

*Director of Food Services*

*Don Lear*

*Director of Plant Operations*

*Melissa Nance*

*Social Service Director*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or comply@trilogyhs.com*

*Newsletter Production by PorterOneDesign.com*

# 'Theme Week'

*...continued from cover*

It's natural to crave  
adventure, and we're always  
looking for new ways to  
bring that adventure to  
you. So while you wait for  
our next Theme Week, let  
us take you for a trip to  
town. Visit the Farmer's  
Market, or enroll in an art  
course with our *Lifelong  
Learning* program. And  
while you're enjoying  
yourself, we'll already  
be making plans for  
what you can do next.



## Word Search

Q	R	U	S	L	H	K	F	D	W	N	R	H	P	Y	K	S	K	J
H	G	V	I	P	P	E	E	L	V	A	S	N	D	A	R	S	T	Z
W	N	G	K	I	E	Z	D	U	D	T	J	C	T	S	R	X	N	Q
C	K	W	N	G	I	A	D	H	I	Q	B	W	O	J	E	T	F	V
L	B	G	F	A	C	F	K	F	X	A	H	S	H	T	E	N	Y	D
B	K	I	K	T	G	X	T	E	D	M	C	V	A	V	Q	Y	W	E
C	L	Q	O	S	M	U	J	I	A	G	A	R	J	K	W	K	C	G
D	R	M	G	B	O	K	V	K	Y	S	B	R	G	J	E	N	B	S
M	Y	C	D	Y	Y	Z	H	A	K	E	Y	D	T	R	E	Q	D	E
I	M	X	Y	N	F	G	R	T	L	O	V	B	D	I	K	P	R	X
A	C	T	I	V	I	T	I	E	S	G	B	F	R	S	N	U	M	J
G	Q	D	A	E	V	U	C	J	B	Z	O	E	E	O	T	I	R	V
K	A	P	P	W	V	X	E	A	A	F	P	M	I	N	Q	K	L	H
I	I	L	C	B	A	D	C	Z	K	X	U	D	E	I	C	Y	Y	A
J	H	M	O	K	L	I	U	Z	E	T	J	V	F	J	M	T	X	T
C	G	G	S	R	R	C	S	W	S	C	D	K	C	O	F	M	O	H
L	U	D	M	E	E	H	I	O	C	A	O	J	C	I	Q	B	H	E
I	L	L	M	O	N	W	C	B	I	A	H	T	U	D	Z	Z	A	M
P	M	A	A	X	F	F	M	W	D	I	N	N	E	R	Q	F	Y	E

ACTIVITIES  
ADVENTURE  
AMERICA  
CELEBRATE

COSTUMES  
DINNER  
EXPERIENCE  
GALORE

GATSBY  
JAZZ  
MARTINI  
OUTFITS

PARTY  
SPEAKEASY  
THEME  
WEEK