Wellbrooke of Carmel Assisted Living

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L ifelong Learning M - Music to My Ears O - Out & About	FS- Fireside L- Lobby B- Bistro G- 2nd floor gym T- Theater C- 2nd floor classroom PDR- Private dining room GR- 2nd floor game room O- Outside (weather permitting)	***Outings and other activities may be cancelled or rescheduled due to weather conditions, unexpected events, lack of interest or lack of volunteers.	May Day V 9:45 Morning Stretch FS V 10:00 Wellbrooke Walkers-O O 10:45 Theme Lunch @Roselli's S 2:00 AL Resident Council- C GG 3:45 Racing Horse Game-B	CC 9:30 Jumbo Crossword- FS V 11:15 Trilogy Fit- C S 1:15 Inspired Living-C I 2:00 Communion and Rosary - T L 3:00 Flower Club- B S 4:30 Prohibition Photo Booth-HCDR S 5:00 Chicago Speakeasy	9:45 Moming Stretch- L K 10:00 Speedy Recall-FS CC 11:15 Carmel Mobile Library - L M 11:45 HarpStrings with Debi- AL NS V 1:30 Tai Chi-G M 3:30 Live Music with Robin Harrison	M 10:00 Music in Motion- C K 10:45 Kings in the Comer-GR GF 1:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L I 1:30 Catholic Mass/ live stream-T CC 2:00 Root Beer Floats-B	9:45 Morning Stretch- FS GC10:00 Popcom Toss Game- FS O10:45 Spring Snack Drive A 1:30 Campus in Color Crafts-C GC 3:00 Bingo - B GC 5:45 Old West Shooting Game-ALNS	M 9:45 Sing a long- FS V 11:15 Trilogy Fit- G L 1:30 Rick Steves Europe- T S 2:30 Chefs Comer- B GF 3:00 Wii Games-Jeopardy-G	9:45 Morning Stretch FS V 10:00 Wellbrooke Walkers-O A 10:30 Collaborative Art- C O 1:30 Shopping at Michael's GG 3:45 Racing Horse Game-B	9:30 Jumbo Crossword- FS V 11:15 Trilogy Fit- C I 2:00 Communion and Rosary - T I 3:00 Flower Club- B	V 9:45 Morning Stretch- L K 10:00 Speedy Recall-FS CC 11:15 Carmel Mobile Library - L CC 11:45 Paws and Think Therapy Dogs V 1:30 Tai Chi-G M 3:30 Live Music with Dave Lasky-B	M 10:00 Music in Motion- C K 10:45 Kings in the Comer-GR GF 1:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
Mother's Day M10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L I 1:30 Catholic Mass/ live stream-T CC 2:00 Root Beer Floats-B	9:45 Morning Stretch- FS GG10:00 Popcom Toss Game- FS O10:45 Spring Snack Drive A 1:30 Campus in Color Crafts-C GG 3:00 Bingo - B GG 5:45 Old West Shooting Game-ALNS	M 9:45 Sing a long- FS V 11:15 Trilogy Fit- G L 1:30 Rick Steves Europe- T S 2:30 Chefs Corner- B GF 3:00 Wii Games-Jeopardy-G	9:45 Moming Stretch FS V 10:00 Wellbrooke Walkers-O A 10:30 Collaborative Art- C O 1:30 Carmel Public Library GC 3:45 Racing Horse Game-B Indy 500 Family Night with Indy Princesses	CC 9:30 Jumbo Crossword- FS V 11:15 Trilogy Fit- C I 2:00 Communion and Rosary - T I 3:00 Flower Club- B	V 9:45 Morning Stretch- L K 10:00 Speedy Recall-FS JG 11:00 Just the Guys-Coffee and Donuts-L CC 11:15 Carmel Mobile Library - L V 1:30 Tai Chi-G 5 3:30 Happy Hour - B	M 10:00 Music in Motion- C K 10:45 Kings in the Comer-GR GF 1:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L S 11:00 Sunday Brunch- DR I 1:30 Catholic Mass/ live stream-T CC 2:00 Root Beer Floats-B	O 10:45 Spring Snack Drive A 1:30 Campus in Color	M 9:45 Sing a long- FS V11:15 Trilogy Fit- G L 1:30 Rick Steves Europe- T S 2:30 Chefs Corner- B GF 3:00 Wii Games-Jeopardy-G	V 9:45 Morning Stretch FS V 10:00 Wellbrooke Walkers-O 0 10:45 Lunch at Red Lobster-O 1:45 Collaborative Art- C GC 3:45 Racing Horse Game-B	23 CC 9:30 Jumbo Crossword- FS V 11:15 Trilogy Fit- C I 2:00 Communion and Rosary - T L 3:00 Flower Club- B	V 9:45 Moming Stretch- L K 10:00 Speedy Recall-FS CC 11:15 Carmel Mobile Library - L CC 11:45 Paws and Think Therapy Dogs V 1:30 Tai Chi-G M 3:30 Live Music with RJ Sutton	M 10:00 Music in Motion- C K 10:45 Kings in the Comer-GR GF 1:45 Movie Matinee- T K 4:00 Finishing Lines-AL NS
M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L Catholic Mass/ live stream-T CC 2:00 Root Beer Floats-B	Memorial Day K 9:45 Memorial Day Trivia -B GC10:15 Popcom Toss Game- FS GC 1:30 Bingo - B	M 9:45 Sing a long- FS V 11:15 Trilogy Fit- G L 1:30 Rick Steves Europe- T S 2:30 Chefs Comer- B GF 3:00 Wii Games-Jeopardy-G	V 9:45 Morning Stretch FS V 10:00 Wellbrooke Walkers-O A 10:30 Collaborative Art- C O 1:30 Shopping at Wal-Mart GG 3:45 Racing Horse Game-B	CC 9:30 Jumbo Crossword- FS V 11:15 Trilogy Fit- C I 2:00 Communion and Rosary - T I 3:00 Flower Club- B	 9:45 Moming Stretch- L 10:00 Speedy Recall-FS 11:00 Just the Guys-Coffee and Donuts-L 1:15 Carmel Mobile Library - L 1:30 Tai Chi-G 2:00 Live Music with Tim Wright 	Resident Birthdays: 5/8 Marilyn G. 5/11 Dorothy Ra. 5/23 Kathleen P. Staff Birthdays: 5/1 Kimberly R. 5/1 Nicole W. 5/6 Alyssa G. 5/8 Aaryn A.

Wellbrooke of Carmel Health Center

* MAY 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	FS- Fireside L- Lobby B- Bistro G- 2nd floor Gym T- Theater C- 2nd floor classroom PDR- Private dining room GR- 2nd floor game room O- Outside (weather permitting)	***Outing and other activities may be cancelled or rescheduled due to weather conditions, unexpected events, lack of interest or lack of volunteers.	May Day 9:45 Moming Stretch FS 10:00 Wellbrooke Walkers-O 10:45 Theme Lunch @Roselli's 11:00 Daily Chronicles and Activities on Wheels 2:45 HC Resident Council- 1st floor CR GC 3:45 Racing Horse Game-B	MP 9:00 Daily Chronicle Room Visit CC 9:30 Jumbo Crossword- FS MP 11:15 May Sensory- NS S 1:15 Inspired Living-C I 2:00 Communion and Rosary - T L 3:00 Flower Club- B S 4:30 Prohibition Photo	MIN 9:00 Daily Chronicle Room Visit V 9:45 Moming Stretch- L K 10:00 Speedy Recall-FS M 11:00 Harpstrings with Debi CC 11:15 Carmel Mobile Library - L V 1:30 Tai Chi-G M 3:30 Live Music with Robin	MIN 9:00 Daily Chronicle Room Visit MIN 9:00 Activities on Wheels K 10:45 Kings in the Comer-G GF 1:45 Movie Matinee- T MIN 2:30 Seasonal Sensory Bre - NS
Ramadan Begins 10:00 Sunday Hymns- FS 10:15 Bible Study & Devotionals - L Daily Cronicle and Seasonal Sensory 1:30 Catholic Mass/ live stream-T C 2:00 Root Beer Floats-B	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- FS GC10:00 Popcom Toss Game- FS O10:45 Spring Snack Drive MN11:00 Activies on Wheels A 1:30 Campus in Color Crafts-C GC 3:00 Bingo - B	7 MP 9:00 Daily Chronicle Room Visit M 9:45 Sing a long- FS L 1:30 Rick Steves Europe- T MP 2:30 Sensory-N.S. S 2:30 Chefs Corner- B GF 3:00 Wii Games-Jeopardy-G	9:45 Moming Stretch FS V 10:00 Wellbrooke Walkers-O A 10:30 Collaborative Art- C MIV11:00 Daily Chronicles and Activities on Wheels O 1:30 Shopping at Michael's GG 3:45 Racing Horse Game-B GG 5:45 Old West Shooting Game-FS	9 9:00 Daily Chronicle Room Visit CC 9:30 Jumbo Crossword- FS MP 11:15 May Sensory- NS 1 2:00 Communion and Rosary - T 1 3:00 Flower Club- B	10 MIN 9:00 Daily Chronicle Room Visit V 9:45 Moming Stretch- L K 10:00 Speedy Recall-FS CC 11:00 Paws & Think Therapy Dogs: Campus Visits CC 11:15 Carmel Mobile Library - L V 1:30 Tai Chi-G	MP 9:00 Daily Chronicle Room Visit MP 9:00 Activities on Wheels K 10:45 Kings in the Comer-G GF 1:45 Movie Matinee- T MP 2:30 Seasonal Sensory Bre - NS
Mother's Day M 10:00 Sunday Hymns- FS I 10:15 Bible Study & Devotionals - L Daily Cronicle and Seasonal Sensory I 1:30 Catholic Mass/ live stream-T C 2:00 Root Beer Floats-B	MP 9:00 Daily Chronicle Room Visit V 9:45 Morning Stretch- FS GC 10:00 Popcom Toss Game- FS O 10:45 Spring Snack Drive MP 11:00 Activies on Wheels A 1:30 Campus in Color Crafts-C GC 3:00 Bingo - B	MP 9:00 Daily Chronicle Room Visit M 9:45 Sing a long- FS L 1:30 Rick Steves Europe- T MP 2:30 Sensory-N.S. S 2:30 Chefs Corner- B GF 3:00 Wii Games-Jeopardy-G	9:45 Moming Stretch FS V 10:00 Wellbrooke Walkers-O A 10:30 Collaborative Art- C MN 11:00 Daily Chronicles and Activities on Wheels O 1:30 Carmel Public Library GG 3:45 Racing Horse Game-B Indy 500 Family Night with Indy Princesses	9:00 Daily Chronicle Room Visit 9:30 Jumbo Crossword- FS MD 11:15 May Sensory- NS 1 2:00 Communion and Rosary - T 1 3:00 Flower Club- B	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- L 10:00 Speedy Recall-FS JG 11:00 Just the Guys-Coffee and Donuts-L CC 11:15 Carmel Mobile Library - L V 1:30 Tai Chi-G	Armed Forces Day 9:00 Daily Chronicle Room Visit 9:00 Activities on Wheels K 10:45 Kings in the Corner-G GF 1:45 Movie Matinee- T MI 2:30 Seasonal Sensory Bre - NS
10:00 Sunday Hymns- FS 10:15 Bible Study & Devotionals - L 11:00 Sunday Brunch- DR 11:15 Daily Cronicle and Seasonal Sensory 1:30 Catholic Mass/ live stream-T 2:00 Root Beer Floats-B	9:00 Daily Chronicle Room Visit 9:45 Morning Stretch- FS GC10:00 Popcom Toss Game- FS O10:45 Spring Snack Drive MN 11:00 Activies on Wheels A 1:30 Campus in Color Crafts-C GC 3:00 Bingo - B	9:00 Daily Chronicle Room Visit 9:45 Sing a long- FS 1:30 Rick Steves Europe- T 2:30 Sensory-N.S. 5 2:30 Chefs Corner- B GF 3:00 Wii Games-Jeopardy-G	V 9:45 Morning Stretch FS V 10:00 Wellbrooke Walkers-O 0 10:45 Lunch at Red Lobster-O MN 11:00 Daily Chronicles and Activities on Wheels A 1:45 Collaborative Art- C GG 3:45 Racing Horse Game-B GG 5:45 Old West Shooting Game-FS	9:00 Daily Chronicle Room Visit CC 9:30 Jumbo Crossword- FS MD 11:15 May Sensory- NS I 2:00 Communion and Rosary - T L 3:00 Flower Club- B	9:00 Daily Chronicle Room Visit 9:45 Moming Stretch- L 10:00 Speedy Recall-FS CC 11:00 Paw & Think Therapy Dogs - Room Visits CC 11:15 Carmel Mobile Library - L 1:30 Tai Chi-G	MP 9:00 Daily Chronicle Room Visit MP 9:00 Activities on Wheels K 10:45 Kings in the Comer-C GF 1:45 Movie Matinee- T MP 2:30 Seasonal Sensory Bro-NS
10:00 Sunday Hymns- FS 10:15 Bible Study & Devotionals - L 11:15 Daily Cronicle and Seasonal Sensory 1:30 Catholic Mass/ live stream-T 2:00 Root Beer Floats-B	Memorial Day K 9:45 Memorial Day Trivia -B GC 10:15 Popcom Toss Game- FS MN 11:00 Activities on Wheels and Daily Chronicle GC 1:30 Bingo - B	9:00 Daily Chronicle Room Visit 9:45 Sing a long- FS 1:30 Rick Steves Europe- T 2:30 Sensory-N.S. 2:30 Chefs Corner- B GF 3:00 Wii Games-Jeopardy-G	 9:45 Morning Stretch FS 10:00 Wellbrooke Walkers-O A 10:30 Collaborative Art- C M 11:00 Daily Chronicles and Activities on Wheels 1:30 Shopping at Wal-Mart 3:45 Racing Horse Game-B 5:45 Old West Shooting Game-FS 	9:00 Daily Chronicle Room Visit CC 9:30 Jumbo Crossword- FS MN 11:15 May Sensory- NS I 2:00 Communion and Rosary - T L 3:00 Flower Club- B	 9:00 Daily Chronicle Room Visit 9:45 Moming Stretch- L 10:00 Speedy Recall-FS 11:00 Just the Guys-Coffee and Donuts-L CC 11:15 Carmel Mobile Library - L 1:30 Tai Chi-G 	Resident Birthdays: 5/8 Marilyn G. 5/11 Dorothy Ra. 5/23 Kathleen P. Staff Birthday: 5/1 Kimberly R. 5/1 Nicole W. 5/6 Alyssa G. 5/8 Aaryn A.

Wellbrooke of Carmel Legacy Lane

4:30 Healthy Hands

4:30 Healthy Hands

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends GC - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	If you are interested in helping out with an activity or volunteering please contact a member of life enrichment.	Consider joining your loved one during meal times for family style dining.	1 V 9:00 Batter Up K 9:30 Matching Colors CC 10:45 Apple Pie Oatmeal Dessert 12:45 Relax & Recharge A 2:00 May Day Wands M 3:30 Singin' in the Rain GC 4:00 Parachute Games 4:30 Healthy Hands	 9:00 Moving Through Magnificent Mile 9:30 Signs of Spring 10:45 Pepperoni Pizza Soup 12:45 Relax & Recharge 2:00 1920s Headband 3:30 Let's Dance the Charleston! 4:00 Flip n' Chips Matching 	9:00 Par 4 Golf Club 9:30 Spring Basket CC10:45 Chocolate Chip Cookie Bars 12:45 Relax & Recharge A 2:00 Derby Hats M 3:30 A Roaring Good Time Happy Hour GC 4:00 Com Hole	9:00 Ribbon Dance 9:30 Penny Ante CC 10:45 Butterscotch Pecan Bread Pudding 12:45 Relax & Recharge A 2:00 Road Map Magnets M 3:30 Fabulous Flowers GC 4:00 Horse Racing 4:30 Healthy Hands
5 Ramadan Begins	6 May Day	7	8	9	10	11
9:00 Sunday Stretch 9:30 Opposites CC10:45 Cinco de Mayo Com Dip 12:45 Relax & Recharge 2:00 Cinco De Mayo Banner M 3:30 Name That Croon GC 4:00 Games We Played As Kids	 9:00 Move It Monday 9:30 Spring Babies 10:45 Basil Garlic Bread 12:45 Relax & Recharge 2:00 Paper Daisy 3:30 Feel the Heartbeat 4:00 Horseshoes 4:30 Healthy Hands 6:00 LifeShare Games 	9:00 Wildflower Tour 9:30 Garden Beginnings Cc10:45 Milky Way Fudge 12:45 Relax & Recharge 2:00 Road Map Rosette M 3:30 I Like You GC 4:00 Life on the Farm 4:30 Healthy Hands GF 6:00 Reminiscing Through	9:00 Batter Up 9:30 Matching Colors 10:45 Chocolate Chip Raspberry Bars 12:45 Relax & Recharge 2:00 Rose Curls 3:30 Singin' in the Rain 4:00 Parachute Games 4:30 Healthy Hands	 9:00 Spring Sing Along and Dance 9:30 Signs of Spring 10:45 Italian Cabbage Soup 12:45 Relax & Recharge 2:00 Homemade Sugar Scrub 3:30 Shake It Up, Baby! 4:00 Flip n' Chips Matching Game 	 9:00 Par 4 Golf Club 9:30 Spring Basket 10:45 Peanut Butter Brownies 12:45 Relax & Recharge 2:00 Bumble Bee Art 3:30 A Roaring Good Time Happy Hour 4:00 Com Hole 4:30 Healthy Hands 	 9:00 Ribbon Dance 9:30 Penny Ante 10:45 Buttermilk Sugar Cookies 12:45 Relax & Recharge 2:00 Beaded Suncatcher 3:30 Fabulous Flowers 4:00 Horse Racing 4:30 Healthy Hands
12 Mother's Day	13	14	15	16	17	18 Armed Forces Day
 9:00 Sunday Stretch 9:30 Opposites 10:45 Cheesy Pizza Fondue 12:45 Relax & Recharge 2:00 Mother's Day Cards 3:30 Name That Croon 4:00 Games We Played As Kids 4:30 Healthy Hands 	 9:00 Move It Monday 9:30 Spring Babies 10:45 Banana Wheat Bread 12:45 Relax & Recharge 2:00 Paint Chip Bookmarks 3:30 Feel the Heartbeat 4:00 Horseshoes 4:30 Healthy Hands 6:00 LifeShare Games 	 9:00 Wildflower Tour 9:30 Garden Beginnings 10:45 Blueberry Muffins 12:45 Relax & Recharge 2:00 Homemade Headache Balm 3:30 I Like You 4:00 Life on the Farm 4:30 Healthy Hands 	9:00 Batter Up 9:30 Matching Colors 10:45 Caramel Butter-Peacan Bars 12:45 Relax & Recharge 2:00 Painted Flower Pots 3:30 Singin' in the Rain 4:00 Parachute Games 4:30 Healthy Hands	 V 9:00 Spring Sing Along and Dance K 9:30 Signs of Spring C 10:45 Hearty Hash Brown Soup 12:45 Relax & Recharge A 2:00 Glass Beaded Garden Sparklers M 3:30 Shake It Up, Baby! 	 9:00 Par 4 Golf Club 9:30 Spring Basket 10:45 Chocolate Chip Cookies 12:45 Relax & Recharge 2:00 Flower Pot Garden Windchime 3:30 A Roaring Good Time Happy Hour 4:00 Com Hole 	 9:00 Ribbon Dance 9:30 Penny Ante 10:45 Grandma's Honey Muffins 12:45 Relax & Recharge 2:00 Support Our Troops Keychain 3:30 Armed Forces Appreciation
19	20	21	22	23	24	25
9:00 Sunday Stretch 9:30 Opposites Clo:45 Chocolate Lover's Cookies 12:45 Relax & Recharge A 2:00 Rain Chain M 3:30 Name That Croon GC 4:00 Games We Played As Kids	9:00 Move It Monday 9:30 Spring Babies CC 10:45 Golden Wheat Bread 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder M 3:30 Feel the Heartbeat GC 4:00 Horseshoes 4:30 Healthy Hands GF 6:00 LifeShare Games	9:00 Wildflower Tour 9:30 Garden Beginnings 10:45 Candy Bar Apple Salad 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder 3:30 I Like You 4:00 Life on the Farm 4:30 Healthy Hands 6F 6:00 Reminiscing Through	9:00 Batter Up S 9:30 Matching Colors 10:45 Chocolate Cookie Dip 12:45 Relax & Recharge 2:00 Salted Painting 3:30 Singin' in the Rain 4:00 Parachute Games 4:30 Healthy Hands 6 6:00 Shake Loose A Memory	 9:00 Spring Sing Along and Dance 9:30 Signs of Spring 10:45 Chicken Noodle Soup 12:45 Relax & Recharge 2:00 Pulled Sting Art 3:30 Shake It Up, Baby! 4:00 Flip n' Chips Matching Game 	9:00 Par 4 Golf Club 9:30 Spring Basket CC10:45 Peanut Butter Cup Cupcakes 12:45 Relax & Recharge A 2:00 Watercolor Silhouette M 3:30 A Roaring Good Time Happy Hour GC 4:00 Com Hole	9:00 Ribbon Dance 9:30 Penny Ante 10:45 Lemon Pie 12:45 Relax & Recharge A 2:00 Mosaic Garden Rocks 3:30 Fabulous Flowers GC 4:00 Horse Racing 4:30 Healthy Hands GF 6:00 Old Time Theater
26	27 Memorial Day	28	29	30	31	Make your loved ones memory
 9:00 Sunday Stretch 9:30 Opposites 10:45 Taco Joe Dip 12:45 Relax & Recharge 2:00 Red, White and Blue Candle Holder 3:30 Name That Croon 4:00 Games We Played As Kids 	 9:00 Move It Monday 9:30 Spring Babies 10:45 Oatmeal Bread 12:45 Relax & Recharge 2:00 Nature Sensory Bag Suncatcher 3:30 America, the Beautiful 4:00 Horseshoes 4:30 Healthy Hands 	9:00 Wildflower Tour 9:30 Garden Beginnings Colors Cinnamon French Toast Casserole 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 I Like You GC 4:00 Life on the Farm 4:30 Healthy Hands	 9:00 Batter Up 9:30 Matching Colors 10:45 Strawberry Bread 12:45 Relax & Recharge 2:00 Framed Flower Pine Cone Decor 3:30 Singin' in the Rain 4:00 Parachute Games 4:30 Healthy Hands 	 9:00 Spring Sing Along and Dance 9:30 Signs of Spring 10:45 Strawberry Soup 12:45 Relax & Recharge 2:00 Bird Seed Ornament 3:30 Shake It Up, Baby! 4:00 Flip n' Chips Matching Game 	9:00 Par 4 Golf Club 9:30 Spring Basket C10:45 Cinnamon Oatmeal Cookies 12:45 Relax & Recharge A 2:00 Mod Podge Stiffy Doily Bowl M 3:30 A Roaring Good Time Happy Hour	box extra special and bring in personal photos or items they cherished.

4:30 Healthy Hands

Happy Hour