Life Enrichment - Assisted Living White Oak Health Campus

* MAY 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	Happy Birthday to You: 1 Betty P. 1 Carleta D. 4 Christian C. 6 Gerri L. 9 Rick J. 10 Lucille C. 12 Ray D. 18 Doris P. 30 Tom M.	We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.	 May Day 9:30 Moming Stretch-AR 10:15 Times Past with Kean-ALL 12:00 Pledge of Allegiance-ALD 1:30 Chef's Circle - AR 3:00 Gone Fishing-O 3:00 Reading the Bible with Jerry- TS 	V 9:30 Morning Stretch-AR I 12:00 Pledge of Allegiance-ALD I 2:00 Book Club with Karen-ALL M 3:30 Entertainment TBA -TS 5 5:00 Chicago Speakeasy Theme Dinner -AL/HC	9:30 Moming Stretch-AR 11:00 Jeopardy - 400 Lobby 1 12:00 Pledge of Allegiance-ALD A 1:30 Paper Quilting - AR M 3:30 Cosmopolitans with with Nanas and the Papas- TS K 6:15 Bunco-AR	V 9:30 Exercise Ball-AR CC 10:30 Card Club-AR I 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD
 P:30 Sunday Morning Church-AR 10:30 Sunday Crossword Puzzle - AR 12:00 Pledge of Allegiance-ALD 2:30 Church Service with Pastor Blakey - ALL Sunday Sundae's -AR 	9:30 Dancing To The Music-AR CC 10:15 Inspired Living Committee-AR K 10:30 Random Trivia with Judy - AR I 12:00 Pledge of Allegiance-ALD K 2:00 Cards with friends from	7 V 9:30 Morning Stretch-AR K 11:00 Hangman - AR I 12:00 Pledge of Allegiance-ALD O 1:30 Walmart-O L 6:00 Arm Chair Travels -AR	9:30 Morning Stretch-AR 5 10:30 Chef's Circle - AR 1 12:00 Pledge of Allegiance-ALD V 2:00 Walking Club - Outside 1 3:00 Reading the Bible with Jerry- TS O 3:00 Gone Fishing-O	9 9:30 Morning Stretch-AR IG 10:30 Just Guy Stuff-AR I 12:00 Pledge of Allegiance-ALD I 2:00 Book Club with Karen-ALL K 3:15 Penny Auction-AR I 6:00 Pastor Roberts- 400 Lobby	 9:30 Morning Stretch-AR 10:30 Resident Council-AR 11:00 Jeopardy - 400 Lobby 12:00 Pledge of Allegiance-ALD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour-Sam Piercy TS K 6:15 Bunco-AR 	V 9:30 Exercise Ball-AR CC 10:30 Card Club-AR I 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD GF 3:00 Mother's Day Tea - TS
 Mother's Day 9:30 Sunday Morning Church-AR 10:30 Sunday Crossword Puzzle - AR 11:00 Mother's Day Sunday Brunch HC 11-12 / AL 12-1 12:00 Pledge of Allegiance-ALD 	M 9:30 Dancing To The Music-AR CC 10:30 Hometown Hero Cookies- AR I 12:00 Pledge of Allegiance-ALD K 2:30 Our Lady of the Lakes Bingo-HC K 6:00 Euchre - AR	9:30 Morning Stretch-AR K 11:00 Hangman - AR I 12:00 Pledge of Allegiance-ALD O 1:30 Norway Gardens-O M 6:00 Music with Kent Lane-T	 9:30 Morning Stretch-AR 10:30 Chef's Circle - AR 12:00 Pledge of Allegiance-ALD 2:00 Walking Club - Outside 3:00 Reading the Bible with Jerry- TS 3:00 Gone Fishing-O M 6:00 Music with Ed Halsema- 	V 9:30 Morning Stretch-AR I 12:00 Pledge of Allegiance-ALD I 2:00 Book Club with Karen-ALL O 6:00 Evening Drive / Sycamore -O	9:30 Moming Stretch-AR 11:00 Jeopardy - 400 Lobby 1 12:00 Pledge of Allegiance-ALD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour- Donna Shaw-T K 6:15 Bunco-AR	18 Armed Forces Day V 9:30 Exercise Ball-AR CC 10:30 Card Club-AR I 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD
 1 9:30 Sunday Morning Church-AR L 10:30 Sunday Crossword Puzzle - AR I 12:00 Pledge of Allegiance-ALD M 2:00 Music and Scripture with Jim Delph-TS I 2:30 Coffee & Cookies 	M 9:30 Dancing To The Music-AR K 10:30 Random Trivia with Judy - AR I 12:00 Pledge of Allegiance-ALD L 2:30 Colombian Park Zoo Visit - TS K 6:00 Euchre - AR	 9:30 Morning Stretch-AR K 11:00 Hangman - AR I 12:00 Pledge of Allegiance-ALD O 1:30 Cards with Friends at Delphi-O CC 3:00 Nails with Ruth-AR K 6:00 Brain Benders - AR 	V 9:30 Moming Stretch-AR S 10:30 Chef's Circle - AR I 12:00 Pledge of Allegiance-ALD V 2:00 Walking Club - Outside I 3:00 Reading the Bible with Jerry- TS O 3:00 Gone Fishing-O	V 9:30 Morning Stretch-AR I 12:00 Pledge of Allegiance-ALD I 1:30 Mass w/ Father Rasner - 400 Lobby I 2:00 Book Club with Karen-ALL O 4:45 Romeo's Club - O I 6:00 Pastor Roberts - 400	V 9:30 Morning Stretch-AR I 11:00 Memorial Day Service- TS I 12:00 Pledge of Allegiance- ALD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour with Tracy Boucher-TS K 6:15 Bunco-AR	V 9:30 Exercise Ball-AR CC 10:30 Card Club-AR I 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD
I 9:30 Sunday Moming Church-AR L 10:30 Sunday Crossword Puzzle - AR I 12:00 Pledge of Allegiance- ALD M 2:00 Larry and Ruth Ministry-T CC 2:30 Tea / Coffe Social-T	Memorial Day M 9:30 Dancing To The Music-AR K 10:30 Random Trivia with Judy - AR I 12:00 Pledge of Allegiance-ALD CC 2:00 Mamie's Kitchen / Joe Frogger Cookies - AR K 6:00 Euchre - AR	9:30 Morning Stretch-AR 011:15 Ladies' Lunch Out - O 11:00 Pledge of Allegiance-ALD M 3:00 Mike Alman - TS K 6:00 Brain Benders AR	V 9:30 Moming Stretch-AR 5 10:30 Chef's Circle - AR 1 12:00 Pledge of Allegiance-ALD V 2:00 Walking Club - Outside 1 3:00 Reading the Bible with Jerry- TS 0 3:00 Gone Fishing-O	9:30 Morning Stretch-AR 1 12:00 Pledge of Allegiance-ALD 1 2:00 Book Club with Karen-ALL 0 3:00 Fishing Fun -O 0 4:45 Romeo's Club - O	9:30 Moming Stretch-AR 11:00 Jeopardy - 400 Lobby 1 12:00 Pledge of Allegiance-ALD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour with The Lone Wolf- TS K 6:15 Bunco-AR	KEY: AR - Activity Room ADR - Assisted Living Dining Room ALL - Assisted Living Lounge T - Town Square O - Outing HCD - Health Center Dining Room

Life Enrichment - The Health Center
White Oak Health Campus

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Mindful Moments M - Music to My Ears O - Out & About	Happy Birthday to You: 1 Betty P. 1 Carleta D. 4 Christian C. 6 Gerri L 9 Rick J. 10 Lucille C. 12 Ray D. 18 Doris P. 30 Tom M.	We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.	 May Day 9:30 Moming Stretch-AR 10:15 Times Past with Kean-ALL M 11:15 Sing Fit - TS I 12:10 Pledge of Allegiance-HCD 5 1:30 Chef's Circle - AR O 3:00 Gone Fishing-O I 3:00 Reading the Bible with 	V 9:30 Morning Stretch-AR K 10:00 Hospitality Cart-HC MN 11:15 Stimulation Sensations/Reminising-HC I 12:10 Pledge of Allegiance-HCD K 1:30 Bingo with Ed-TS M 3:30 Entertainment TBA -TS	MP 10:30 Healthy Hands - HC 11:00 Jeopardy - 400 Lobby 1 12:10 Pledge of Allegiance- HCD A 1:30 Paper Quilting - AR M 3:30 Cosmopolitans with with Nanas and the Papas- TS	CC 10:30 Card Club-AR MIC 11:15 Balloon Volleyball - TS I 12:10 Pledge of Allegiance-HCD K 1:30 Bingo-ALD MIC 3:30 Active Minds-HC
 Ramadan Begins 9:30 Sunday Morning Church-AR 10:30 Sunday Crossword Puzzle - AR 12:10 Pledge of Allegiance- HCD 2:30 Church Service with Pastor Blakey - ALL 3:15 Sunday Sundae's -AR 	CC 10:15 Inspired Living Committee-AR K 10:30 Random Trivia with Judy - AR A 11:15 Aqua Painting-TS I 12:10 Pledge of Allegiance- HCD K 2:00 Cards with friends from Delphi-AR	7 K 10:00 Hospitality Cart-HC V 10:30 Bowling-TS K 11:00 Hangman - AR I 12:10 Pledge of Allegiance-HCD O 1:30 Walmart-O CC 3:00 Nails with Ruth-TS MI 4:15 Healthy Hands-HC I 6:00 Arm Chair Travels -AR	9:30 Morning Stretch-AR M 11:15 Sing Fit - TS I 12:10 Pledge of Allegiance-HCD S 1:30 Chef's Circle - Sunroom V 2:00 Walking Club - Outside I 3:00 Reading the Bible with Jerry- TS O 3:00 Gone Fishing-O	9 9:30 Morning Stretch-AR K 10:00 Hospitality Cart-HC JG 10:30 Just Guy Stuff-AR Stimulation Sensations/Reminising-HC I 12:10 Pledge of Allegiance-HCD K 1:30 Bingo with Ed-TS	MP 10:30 Healthy Hands - HC S 10:30 Resident Council-AR L 11:00 Jeopardy - 400 Lobby I 12:10 Pledge of Allegiance-HCD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour-Sam Piercy TS	CC 10:30 Card Club-AR MN 11:15 Balloon Volleyball - TS I 12:10 Pledge of Allegiance-HCD K 1:30 Bingo-ALD GF 3:00 Mother's Day Tea - TS MN 3:30 Active Minds-HC
 Mother's Day 9:30 Sunday Moming Church-AR 10:30 Sunday Crossword Puzzle - AR \$ 11:00 Mother's Day Sunday Brunch HC 11-12 / AL 12-1 1 12:10 Pledge of Allegiance- HCD 	13 CC 10:30 Hometown Hero Cookies- AR A 11:15 Aqua Painting-TS I 12:10 Pledge of Allegiance- HCD K 2:30 Our Lady of the Lakes Bingo-HC MR 4:15 Healthy Hands-HC K 6:00 Euchre - AR	K 10:00 Hospitality Cart-HC V 10:30 Bowling-TS K 11:00 Hangman - AR I 12:10 Pledge of Allegiance-HCD O 1:30 Norway Gardens-O Healthy Hands-HC M 6:00 Music with Kent Lane-T	 9:30 Morning Stretch-AR M1:15 Sing Fit - TS 12:10 Pledge of Allegiance-HCD 1:30 Chef's Circle - Sunroom 2:00 Walking Club - Outside 3:00 Reading the Bible with Jerry- TS 3:00 Gone Fishing-O 	 9:30 Morning Stretch-AR 10:00 Hospitality Cart-HC Stimulation Sensations/Reminiscing-HC 12:10 Pledge of Allegiance-HCD 1:30 Bingo with Ed-TS 4:15 Healthy Hands-HC 	MP 10:30 Healthy Hands - HC L 11:00 Jeopardy - 400 Lobby L 12:10 Pledge of Allegiance-HCD A 1:30 Krafter's Komer - AR S 2:30 Resident Council - Sunroom M 3:30 Happy Hour- Donna Shaw-T	Armed Forces Day CC 10:30 Card Club-AR MIN 11:15 Balloon Volleyball - TS I 12:10 Pledge of Allegiance- HCD K 1:30 Bingo-ALD MIN 3:30 Active Minds-HC
 19:30 Sunday Moming Church-AR 10:30 Sunday Crossword Puzzle - AR 12:10 Pledge of Allegiance-HCD 2:00 Music and Scripture with Jim Delph-TS 2:30 Coffee & Cookies 	L 2:30 Random Trivia with Judy - AR A 11:15 Aqua Painting-TS I 12:10 Pledge of Allegiance- HCD L 2:30 Colombian Park Zoo Visit - TS MR 4:15 Healthy Hands-HC K 6:00 Euchre - AR	K 10:00 Hospitality Cart-HC V 10:30 Bowling-TS K 11:00 Hangman - AR I 12:10 Pledge of Allegiance-HCD O 1:30 Cards with Friends at Delphi-O CC 3:00 Nails with Ruth-AR M 4:15 Healthy Hands-HC	V 9:30 Morning Stretch-AR M 11:15 Sing Fit - TS I 12:10 Pledge of Allegiance-HCD S 1:30 Chef's Circle - Sunroom V 2:00 Walking Club - Outside I 3:00 Reading the Bible with Jerry- TS O 3:00 Gone Fishing-O	V 9:30 Morning Stretch-AR K 10:00 Hospitality Cart-HC MIN 11:15 Stimulation Sensations/Reminising-HC I 12:10 Pledge of Allegiance-HCD I 1:30 Mass w/ Father Rasner - 400 Lobby	MP 10:30 Healthy Hands - HC I 11:00 Memorial Day Service- TS I 12:10 Pledge of Allegiance- HCD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour with Tracy Boucher-TS	CC 10:30 Card Club-AR MIN 11:15 Balloon Volleyball - TS I 12:10 Pledge of Allegiance-HCD K 1:30 Bingo-ALD MIN 3:30 Active Minds-HC
I 9:30 Sunday Morning Church-AR L 10:30 Sunday Crossword Puzzle - AR I 12:10 Pledge of Allegiance- HCD M 2:00 Larry and Ruth Ministry-T CC 2:30 Tea / Coffe Social-T	Memorial Day K 10:30 Random Trivia with Judy - AR A 11:15 Aqua Painting-TS I 12:10 Pledge of Allegiance- HCD CC 2:00 Mamie's Kitchen / Joe Frogger Cookies - AR MR 4:15 Healthy Hands-HC K 6:00 Euchre - AR	K 10:00 Hospitality Cart-HC V 10:30 Bowling-TS O 11:15 Ladies' Lunch Out - O I 12:10 Pledge of Allegiance-HCD M 3:00 Mike Alman - TS MIV 4:15 Healthy Hands-HC K 6:00 Brain Benders AR	V 9:30 Morning Stretch-AR M 11:15 Sing Fit - TS I 12:10 Pledge of Allegiance-HCD S 1:30 Chef's Circle - Sunroom V 2:00 Walking Club - Outside I 3:00 Reading the Bible with Jerry- TS O 3:00 Gone Fishing-O	9:30 Morning Stretch-AR K 10:00 Hospitality Cart-HC MIN 11:15 Stimulation Sensations/Reminising-HC I 12:10 Pledge of Allegiance-HCD K 1:30 Bingo with Ed-TS O 3:00 Fishing Fun -O	M 10:30 Healthy Hands - HC L 11:00 Jeopardy - 400 Lobby L 12:10 Pledge of Allegiance- HCD A 1:30 Krafter's Komer - AR M 3:30 Happy Hour with The Lone Wolf- TS	KEY: AR - Activity Room ADR - Assisted Living Dining Room ALL - Assisted Living Lounge T - Town Square O - Outing HCD - Health Center Dining Room

White Oak Health Campus Legacy	/
Life Enrichment - Daily Rhythms	

* MAY 2019 ***

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	We appreciate our Volunteers! Please feel free to let Life Enrichment know if you know of anyone who may be interested in being a volunteer here at White Oak.	Happy Birthday to You: 1 Betty P. 1 Carleta D. 4 Christian C. 6 Gerri L. 9 Rick J. 10 Lucille C. 12 Ray D. 18 Doris P. 30 Tom M.	May Day Batter Up Matching Colors Apple Pie Oatmeal Dessert Healthy Hands Relax & Recharge May Day Wands Singin' in the Rain GC Parachute Games Healthy Hands	 Moving Through Magnificent Mile Signs of Spring Pepperoni Pizza Soup Healthy Hands Relax & Recharge 1920s Headband Let's Dance the Charleston! Flip n' Chips Matching Game Healthy Hands 	Par 4 Golf Club Spring Basket Chocolate Chip Cookie Bars Healthy Hands Relax & Recharge Derby Hats M A Roaring Good Time Happy Hour Happy Hour with The New Man	W Ribbon Dance Penny Ante Butterscotch Pecan Bread Pudding Healthy Hands Relax & Recharge Piñata Preparations Nails by Ruth Fabulous Flowers
Sunday Stretch Opposites Cinco de Mayo Com Dip Healthy Hands Relax & Recharge Cinco De Mayo Banner M Name That Croon GC Piñata Party Healthy Hands	Move It Monday Spring Babies Basil Garlic Bread Healthy Hands Relax & Recharge Paper Daisy Feel the Heartbeat GC Horseshoes Healthy Hands	W Wildflower Tour Garden Beginnings Milky Way Fudge Healthy Hands Relax & Recharge Walmart-O May Day Baskets I Like You GG Life on the Farm	W Batter Up K Matching Colors C Chocolate Chip Raspberry Bars Healthy Hands Relax & Recharge A Rose Curls Singin' in the Rain GC Parachute Games Healthy Hands	 Spring Sing Along and Dance Signs of Spring Italian Cabbage Soup Healthy Hands Relax & Recharge Homemade Sugar Scrub Shake It Up, Baby! Flip n' Chips Matching Game Healthy Hands 	V Par 4 Golf Club Spring Basket Peanut Butter Brownies Healthy Hands Relax & Recharge Bumble Bee Art Happy Hour with Sam the Piano Man A Roaring Good Time Happy	V Ribbon Dance K Penny Ante C Buttermilk Sugar Cookies Healthy Hands Relax & Recharge A Beaded Suncatcher GF Mother's Day Tea - TS M Fabulous Flowers GC Horse Racing
V Sunday Stretch Opposites Cheesy Pizza Fondue Healthy Hands Relax & Recharge Mother's Day Cards Mame That Croon GG Games We Played As Kids Healthy Hands	Move It Monday Spring Babies Banana Wheat Bread Healthy Hands Relax & Recharge A Paint Chip Bookmarks M Feel the Heartbeat GC Horseshoes Healthy Hands	W Wildflower Tour Garden Beginnings Blueberry Muffins Healthy Hands Relax & Recharge Norway Gardens-O Homemade Headache Balm I Like You M Music by Kent Lane	W Batter Up Matching Colors CC Caramel Butter-Peacan Bars Healthy Hands Relax & Recharge Painted Flower Pots M Singin' in the Rain GC Parachute Games Healthy Hands	V Spring Sing Along and Dance Signs of Spring Hearty Hash Brown Soup Healthy Hands Relax & Recharge Glass Beaded Garden Sparklers Shake It Up, Baby! Flip n' Chips Matching Game Healthy Hands	V Par 4 Golf Club K Spring Basket C Chocolate Chip Cookies Healthy Hands Relax & Recharge A Flower Pot Garden Windchime M A Roaring Good Time Happy Hour M Happy Hour: with Ruth	 Armed Forces Day Ribbon Dance Penny Ante Grandma's Honey Muffins Healthy Hands Relax & Recharge Support Our Troops Keychain Nails by Ruth Armed Forces Appreciation Horse Racing
V Sunday Stretch Opposites Chocolate Lover's Cookies Healthy Hands Relax & Recharge Rain Chain Name That Croon Games We Played As Kids Healthy Hands	V Move It Monday K Spring Babies C Golden Wheat Bread Healthy Hands Relax & Recharge A Mason Jar Tissue Holder M Feel the Heartbeat G Horseshoes Healthy Hands	W Wildflower Tour Garden Beginnings C Candy Bar Apple Salad Healthy Hands Relax & Recharge Mason Jar Tissue Holder I Like You G Life on the Farm Healthy Hands	V Batter Up K Matching Colors C Chocolate Cookie Dip Healthy Hands Relax & Recharge Salted Painting M Singin' in the Rain GC Parachute Games Healthy Hands	V Spring Sing Along and Dance Signs of Spring Chicken Noodle Soup Healthy Hands Relax & Recharge Pulled Sting Art Shake It Up, Baby! GG Flip n' Chips Matching Game Healthy Hands	V Par 4 Golf Club K Spring Basket C Peanut Butter Cup Cupcakes Healthy Hands Relax & Recharge A Watercolor Silhouette M A Roaring Good Time Happy Hour Happy Hour with Kent lane	V Ribbon Dance K Penny Ante C Lemon Pie Healthy Hands Relax & Recharge M Mosaic Garden Rocks M Fabulous Flowers G Horse Racing Healthy Hands
V Sunday Stretch C Opposites C Taco Joe Dip Healthy Hands Relax & Recharge Memorial Day Wreath Name That Croon G Games We Played As Kids Healthy Hands	Spring Babies Oatmeal Bread Healthy Hands Relax & Recharge Nature Sensory Bag Suncatcher	W Wildflower Tour Garden Beginnings C Cinnamon French Toast Casserole Healthy Hands Relax & Recharge M Music with Mike! Creative Storytelling I Like You		Spring Sing Along and Dance Signs of Spring Strawberry Soup Healthy Hands Relax & Recharge A Bird Seed Ornament M Shake It Up, Baby! GG Flip n' Chips Matching Game Healthy Hands	V Par 4 Golf Club K Spring Basket C Cinnamon Oatmeal Cookies Healthy Hands Relax & Recharge A Mod Podge Stiffy Doily Bowl M A Roaring Good Time Happy Hour GC Com Hole	