




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 11475 Pearl Street Northglenn, CO 80233 303-452-0501		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	9:30 PE Optimal Exercise in A.L! 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 1:00 CC A Carnival by Horizon High School 3:00 CE Teachable Moments 6:00 LL Next w/ Kyle Clark on NBC	9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Puzzles 6:00 CE Jeopardy on FOX	9:30 PE Musical Exercise in A.L. 10:30 CC M.O.V.E. = Monthly Optimal Vital's Experience 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Happy Hour for Cinco de Mayo 6:00 LL Weekly Chronicles	10:00 LL Singing w/ Susie Q 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 12:30 145th Kentucky Derby 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS
9:30 SS in2Ls Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Learn by Listening 3:00 AE Karaoke of All Kind 7:00 LL World of Dance on NBC: World Final	9:00 LL Monday Morning Massages 10:30 AE Collaborative Environment! 11:30 SS Monday Motivations 2:00 CC Thank You Cards 4 Nurses 3:00 PE Early Evening Exercises 7:00 LL The Voice on NBC	10:00 AE Poetry Club 10:30 PE Move, Groove, then Sooth 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L! 7:00 LL MasterChef Junior on FOX	Receptionists Day 9:30 PE Optimal Exercise in A.L! 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 6:00 LL Next w/ Kyle Clark on NBC	9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Puzzles 6:00 CE Jeopardy on FOX	10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 LL Afternoon Tea Time w/ Moms & Family 2:00 LL Patio Possibilities 2:30 CC Yesteryears Birthday Bash! 6:00 CE Weekly Chronicles	National Mini Golf Day 10:00 LL Singing w/ Susie Q 11:00 CC Walker's Club 11:30 CE Finish the Lines b4 Lunch 2:30 SS New Life Church in A.L. 3:00 PE Men & Gals' Mini-Golf 6:00 LL The Lawrence Welk Show on PBS: Mother's Day Special
Mother's Day 9:30 SS in2Ls Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 11:30 LL Motherly Humor 2:30 CE Famous Mothers Trivia 3:00 AE Karaoke of All Kind 6:00 LL Movie for Our Mothers	9:00 LL Monday Morning Massages 10:30 AE Collaborative Environment! 11:00 CC Support Our Stroll! 11:30 SS Monday Motivations 2:00 CE Good News Network! 3:00 PE Early Evening Exercises	10:00 AE Poetry Club 10:30 PE Move, Groove, then Sooth 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 LL Gathering All Gentlemen 3:00 PE ALL Bowlers 2 A.L! 7:00 LL MasterChef Junior on FOX	Chocolate Chip Day 9:30 PE Optimal Exercise in A.L! 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:33 CE Chocolate Chip Chef & a Clown 6:00 LL Next w/ Kyle Clark on NBC	9:30 SS Singing w/ Susie Q 10:00 LL Let's Thrive w/ a morning Drive! 11:00 PE Let's Move It! 12:00 LL Veterans' Lunch 2:15 CC Thank You Cards 3:00 AE Seasonal Puzzles 6:00 CE Jeopardy on FOX	10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles	Armed Forces Day 10:00 LL Music of Our Military 11:00 CC Memory Supported Marching 11:30 CE Finish the Lines b4 Lunch 1:00 LL Military Movies 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 3:30 CE Trivia about Out Troops 6:00 LL The Lawrence Welk Show on PBS
9:30 SS in2Ls Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Learn by Listening 3:00 AE Karaoke of All Kind 6:00 LL Sentimental Sunday Movies	9:00 LL Monday Morning Massages 10:45 CE Traveling w/ Toni Presents: The Birthplace of Mothers Day 11:30 SS Monday Motivations 1:30 CC Vitals by Encompass 3:00 PE Early Evening Exercises 7:00 LL The Voice on NBC	10:00 AE Poetry Club 10:30 PE Move, Groove, then Sooth 11:00 CC Support Our Stroll! 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L! 7:00 LL MasterChef Junior on FOX	9:30 PE Optimal Exercise in A.L! 10:00 CC Taste & Tell! 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 6:00 LL Next w/ Kyle Clark on NBC	9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Puzzles 6:00 CE Jeopardy on FOX	10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles	10:00 LL Singing w/ Susie Q 10:15 CE 25 Things to Share & More 11:30 CE Finish the Lines b4 Lunch 2:30 CC 25 Things to Know 2nd Shift 2:30 SS New Life Church in A.L. 3:00 PE Simple Stretches w/ Staff 6:00 LL The Lawrence Welk Show on PBS
9:30 SS in2Ls Spiritual Songs 10:30 PE Sunday Stretches 11:00 CC Walker's Club 2:30 CE Learn by Listening 3:00 AE Karaoke of All Kind 6:00 LL Sentimental Sunday Movies	Memorial Day 9:00 LL Monday Morning Massages 10:30 AE Collaborative Environment! 11:00 CC Support Our Stroll! 12:00 SS Flag Raised in Remembrance 2:00 CE Good News Network! 3:00 LL Our Moment of Silence then Taps as Tradition 7:00 LL The Voice on NBC	10:00 AE Poetry Club 10:30 PE Move, Groove, then Sooth 11:30 SS Words to Fill Our Spirit 2:00 CE Good News Network! 3:00 PE ALL Bowlers 2 A.L! 5:30 CC Our Community Support Meeting 7:00 LL MasterChef Junior on FOX	9:30 PE Optimal Exercise in A.L! 10:00 CE Learning w/ the Bird-Man 10:30 SS Catholic Communion & Blessings 1:30 AE Interactive Music & Entertainment 3:00 CE Teachable Moments 6:00 LL Next w/ Kyle Clark on NBC	9:30 SS Singing w/ Susie Q 10:00 LL Morning Bingo 11:00 PE Let's Move It! 1:15 LL Walkabout in A.L. 2:15 CC Thank You Cards 3:00 AE Seasonal Puzzles 6:00 CE Jeopardy on FOX	10:30 PE Elevated Exercises w/ Optimal 11:30 SS Words to Fill Our Spirit 1:00 AE Fancy Nails on Friday! 2:00 LL Patio Possibilities 2:30 CC Entertainment in A.L. 6:00 CE Weekly Chronicles	Healthy Snacks & Hydration offered throughout each day!