



Notable
Quotable

“A good traveler
has no fixed
plans, and is
not intent on
arriving.”

~ Lao Tzu,
Chinese
philosopher



May Birthdays

Resident Birthdays

May 10 Grace Carnal
May 17 Linda Belusky
May 17 Arthur Brunner

**Birthday Celebration for will be on
Thursday, May 9th during the
Happy Hour with Entertainment!**

Road Trip *continued from pg. 1*

Oklahoma. Two giant milk bottles are all that remain of the Benewah Dairy Company of Spokane, Washington. The Longaberger Basket Company of Newark, Ohio, spent \$30 million to build its headquarters in the shape of a seven-story picnic basket with two 150-ton handles. (The Longaberger Company has since vacated the property but the unique building still remains.)

For those with an itch to see the exotic, you can find a replica of

Dancing *Ghawazee*

May 11 heralds the arrival of World Belly Dance Day. The term *belly dance* is a Westernized description of what was originally traditional Middle Eastern dancing. The earliest form of belly dancing came from the Egyptian *ghawazee* dancers. The *ghawazee* were popular street dancers, unveiled women who rapidly shook their hips and played brass cymbals or castanets with their hands. While men, women, and children alike enjoyed the popular art form, it was often frowned upon as improper.

Employee Birthdays

May 3 Josefina Reed
May 12 Jennifer Figgins
May 15 Diane Moultrie
May 15 Peggy Price
May 18 Maria Henderson
May 30 Pamela Williams

the Leaning Tower of Pisa in Niles, Illinois, but it's only half as tall and half as leaning. A small-scale replica of China's Forbidden City exists in Katy, Texas, complete with a miniature army of 6,000 tiny terra-cotta soldiers. You need travel no farther than Lake Havasu City, Arizona, to see the London Bridge. Oil baron Robert McCulloch moved all the pieces of the “fallen down” London Bridge to Arizona and put them together again as a ploy to draw tourists, which it has for almost 50 years.

By the early 1800s, Europeans became fascinated with all aspects of orientalism, or Eastern culture, including belly dancing. It was the French who first called it *danse de ventre*, or belly dance. In the 20th century, the dancing of the *ghawazee* evolved into *raqs sharqi*, a classical Egyptian style of belly dance. This modern style rose to fame during Egypt's golden age of film, but despite its popularity, *raqs sharqi* is still considered disreputable, much like the *ghawazee* of the previous century.

Newsletter Title

May 2019



Arbor Oaks at Tyrone
1701 68th Street N
St Petersburg, FL 33710

Phone: 727-345-8900 Fax: 727-347-0709

Celebrating
May

Physical Fitness
& Sports Month

National Nurses
Week
May 5–11

Mother's Day
May 12

Memorial Day: U.S.
May 27

Arbor Oaks
Staff Directory

Erica Hutsenpiller
Executive Director

Tara Bryant
Business Office Manager

Gina Bicknell, LPN
Resident Care Director

Wil Moore
Maintenance Director

Keydion Brown
“Chef Key”
Food and Dining Service
Director

Donna MacKenzie
Activities Director

Road Trip to the Odd and Awesome

May 5–11 is Travel and Tourism Week, and while you could spend all seven days visiting popular destinations such as Niagara Falls, Mount Rushmore, or the Grand Canyon, you could also pile into the car and take the path less traveled to see some of America's odd and awesome roadside attractions.

In Houston, Texas, you'll find the home of John Milkovisch. Back in 1968, he grew tired of mowing the lawn, so he decided to landscape his yard entirely in brick, marbles, concrete, rock, and wood. He didn't stop there: Milkovisch continued to cover his house entirely in siding made from aluminum beer cans. For the next 18 years, he used an estimated 50,000 beer cans to both

insulate and decorate his home. The “Beer Can House” is not just a monument to the power of recycling, but it is an artistic center complete with guided tours and a gift shop.

If you're interested in giant-sized sculptures, options abound along America's highways. Thirty-foot-tall dinosaurs loom above Interstate 10 south of Palm Springs, California. An 80-foot-long blue whale rests in a lagoon along Route 66 in Catoosa,

continued on pg. 4

Grace Carnal 100th Birthday! – May 10th

ANNOUNCEMENTS

Food and Dining Services Director

Keydion Brown – “Chef Key”
He joined our Team in March of this year and is already doing an amazing job in the kitchen.

Activites Director

Donna MacKenzie. She will be starting on Monday, May 13th. Please welcome her to our Arbor Oaks Family!

Coffee with The Executive Director

This month on the calender you will see dates to have coffee with Erica on Fridays May 10th , 17th , & 31st and will continue throughout the year. This will be limited to 10 residents per date that may have questions, suggestions or compliments they want to share with the Executive Director. Sign up at the front desk.



A Scent Is Born



Coco Chanel not only created her new perfume but encouraged women to wear pants.

On May 5, 1921, Gabrielle “Coco” Chanel introduced the first modern perfume to the world—her famous Chanel No. 5. It was no mistake that she debuted her fragrance on the fifth day of the fifth month, for the number five had long held special significance to Chanel.

When Chanel was just 12 years old, her mother died of tuberculosis and her father sent her to live in the convent of Aubazine. As Chanel walked the pathways of the convent gardens, she discovered that the stones were laid in groups of five. She constantly passed over these stones, and they made a lasting impression. While her childhood was stark and frugal, it was amongst the nuns that Chanel learned to sew, a skill that blossomed into a fabulous career in fashion design. But always, the number five stayed with her.

Fashion houses were not interested in the perfume business, yet Coco

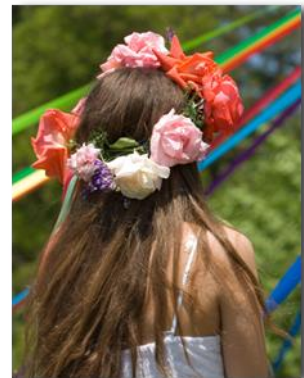
Chanel was not interested in following traditions. In 1920, she approached the French-Russian perfumier Ernst Beaux and asked him to “create a scent that would make its wearer smell like a woman, and not a rose.” At the time, most perfumes mimicked the scent of one flower or they were overpowering with musks and jasmine. Chanel wanted something new.

Beaux concocted several scents and presented bottles labeled 1–5 and 20–24. Chanel, of course, selected the fifth vial and named it, simply and accurately, Chanel No. 5. On the fifth day of the fifth month of the next year, Chanel not only presented her latest fashion collection but also her new fragrance, a delicate mixture of jasmine, ylang-ylang, may rose, and sandalwood. It also contained aldehydes, which are chemicals that create longevity in the scent. Chanel No. 5 was a hit, and women have worn it ever since.

May Day

For many, the first rite of spring comes on May 1, May Day, with the raising of the maypole. The celebration of May Day dates back thousands of years. The Celts of the British Isles celebrated May 1 as Beltane, their most important holiday. It was believed that this holiday marked the halfway point of a year split between the dark and light. Massive fires were burned to herald the start of the return of life. The tradition of raising and dancing around a maypole came much later, during the Middle Ages. It was common for villagers

to dance around the maypole bearing colorful streamers, ribbons, and baskets of flowers, symbolizing the fertility of the earth. It wasn’t until May 1, 1886, that May Day became associated with the labor movement. In those days, workers of all ages suffered from abhorrent working conditions. It was on that May Day that 300,000 workers marched across America to demand better working conditions. While May Day is considered a major holiday in many countries, it is not widely celebrated, least of all in the United States.



Tradition tells that washing your face with May Day’s morning dew freshens the skin.

For the Love of Pugs



Pugs likely got their name from marmoset monkeys, which look a lot like pugs.

Pug lovers will flock to Milwaukee on the weekend of May 18–19 for the annual Pugfest. The festivities revolve around three adorable costume contests, where pug owners parade their dogs for all to see. The costume categories are: “Hand-Crafted,” “Ready-Made,” and “Strollers and Floats.” When visitors aren’t ooh-ing and aah-ing over the cute dogs, they will be watching pug races and allowing Father

John Allen to perform the annual Blessing of the Pugs. Why do people love these tiny and, some might say, ugly dogs? They were originally bred as companion animals for Chinese royalty. When the dogs were brought back to Europe in the 16th century, European royalty adopted the practice. Today, anyone can feel like a king or queen with their own pug pup.

The Big Cheese

Every May a wide field of intrepid contestants converges on Cooper’s Hill outside the small village of Gloucester in England. They will throw themselves down the 650-foot hill, risking life and limb, to chase a rolling nine-pound wheel of double Gloucester cheese. This is the extreme sport of cheese rolling.

No one knows how this strange pastime originated. Some say that it came from an ancient pagan rite of spring, where bundles of burning brushwood were rolled down the hillside to represent the rebirth of spring after the dead of winter. After the burning bundle was rolled down the hill, buns, biscuits, and sweets were scattered over the hilltop as an offering to the spirits and to ensure a plentiful harvest. Likewise, no one knows when the rolling bundle of burning sticks became a wheel of cheese. What we do know is that the event was first recorded for posterity in 1826. Notes on that year’s cheese rolling were recorded by the town crier, and from those notes, it is understood

that even then the event had long been a pastime.

The event is simple. Contestants assemble at the top of Cooper’s Hill and wait for the master of ceremonies to push the cheese down the slope. After the cheese is released, the contestants follow. The first to grab the cheese is the winner. However, the cheese may roll up to 70 mph, so usually no one catches the cheese. In that case, the first to cross the finish line is declared the winner. As simple as the competition sounds, there is nothing easy about chasing the cheese down the hill. Each year, many people suffer serious injuries. Paramedics wait at the hill’s foot, ready to cart the injured off to local hospitals. Chris Anderson, a repeat champion, has suffered bruised kidneys, a concussion, and a torn calf for his victories. In 2013, in an attempt to mitigate the risk, the speeding wheel of cheese was swapped with a foam replica. Not to worry, the grand prize still remains. Winners, of course, get to take home the cheese.



Cheese rolling has taken place since the 15th century.