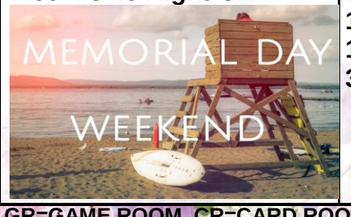
# May 2019

## Campus Commons Senior Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | **1**<br>9:00 Weights & Balance-CL<br>9:30 V Sattui Winery in Napa-L<br>12:00 Bridge-CR<br>3:30 Sing Along-CL<br>7:00 Bingo w/Christa-CL<br>May Day | **2**<br>9:00 YOGA w/Diane-CL<br>10:00 Word Makers-AC<br>1:00 Bridge-CR<br>2:00 Cracker Barrel-CL<br>3:30 Low Impact Exercise-CL<br>7:00 Movie Night-L/T | **3**<br>9:00 Grocery & Banks-L<br>9:00 Stretching & Balance-CL<br>10:30 Catholic Service-L/T<br>12:00 Bridge-CR<br>1:00 Shopping: Dollar Store-L<br>3:00 Happy Hour w/Girls, Girls, Girls-CL<br>6:30 Mexican Train-AC | **4**<br>9:00 Tai Chi w/Joanne McKee-CL<br>12:00 Wii Bowling-AC<br>1:00 Crossword Puzzles & Snacks-AC<br>2:00 Trivia w/Virginia-AC<br>7:00 Movie Night-L/T |
| **5**<br>2:00 Encore w/Pat-AC<br>2:30 Bingo w/Paige-CL<br>6:30 Rummikub-AC<br>7:00 Movie Night-CL<br> <br>Cinco de Mayo | **6**<br>9:00 Weights & Balance w/Tonya-CL<br>12:00 Bridge-GR<br>12:00 Wii Bowling-AC<br>1:00 Knit Pickers-AC<br>2:00 Renaissance Society: The Acropolis<br>2:00 Blood Pressure-CR<br>2:00 Matinee Monday-L/T<br>3:00 Beanbag Baseball-AC<br>Ramadan | **7**<br>9:00 Music in Motion-CL<br>10:30 Craft Class-AC<br>1:00 Bible Study-L/T<br>1:00 Bridge-CR<br>2:00 Atlas Hearing<br>3:30 Low Impact Exercise-CL<br>6:30 Mexican Train-AC | **8**<br>9:15 Physical Therapy-CL<br>11:15 Music @ Noon: Choral Ensemble w/Jennifer Reason-L<br>12:00 Bridge-CR<br>7:00 Bingo w/Christa-CL | **9**<br>9:00 YOGA w/Diane-CL<br>1:00 Bridge-CR<br>2:30 Sutter's Fort Presentation-CL<br>7:00 Movie Night-L/T | **10**<br>9:00 Grocery & Banks-L<br>9:00 Stretching & Balance-CL<br>10:30 Catholic Service-L/T<br>11:00 B'day Lunch Bunch-DR<br>12:00 Bridge-CR<br>1:00 Shopping: Walmart-L<br>3:00 Happy Hour w/Jay Casl-CL<br>6:30 Mexican Train-AC | **11**<br>9:00 Stretch Bands w/ Barbara Holland-CL<br>12:00 Wii Bowling-AC<br>1:00 Tea Party & Fashion Show-CL<br>2:00 Scrabble-AC<br>7:00 Movie Night-L/T |
| **12**<br>6:30 Rummikub-AC<br>7:00 Movie Night-CL<br> <br>Mother's Day | **13**<br>9:00 Weights & Balance w/Tonya-CL<br>12:00 Bridge-CR<br>12:00 Wii Bowling-AC<br>1:00 Knit Pickers-AC<br>3:00 Beanbag Baseball-AC | **14**<br>9:00 Music in Motion-CL<br>1:00 Bible Study-L/T<br>1:00 Bridge-CR<br>2:00 Bookmobile-PL<br>6:30 Mexican Train-AC | **15**<br>9:00 Weights & Balance-CL<br>9:30 Sutter's Fort & Lunch @ Zocalo's Mexican Restaurant-L<br>12:00 Bridge-CR<br>3:30 Sing Along-CL<br>7:00 Bingo w/Christa-CL | **16**<br>9:00 YOGA w/Diane-CL<br>10:00 Word Makers-AC<br>1:00 Bridge-CR<br>2:00 Cracker Barrel-CL<br>3:30 Low Impact Exercise-CL<br>7:00 Movie Night-CL | **17**<br>9:00 Grocery & Banks-L<br>9:00 Stretching & Balance-CL<br>10:30 Catholic Service-L/T<br>12:00 Bridge-CR<br>1:00 Shopping: Target-L<br>3:00 Happy Hour w/Calamity Jazz Band-CL<br>6:30 Mexican Train-AC | **18**<br>9:00 Tai Chi w/Joanne McKee-CL<br>12:00 Wii Bowling-AC<br>1:00 Crossword Puzzles & Snacks-AC<br>2:00 Trivia w/Virginia-AC<br>7:00 Movie Night-CL<br>Armed Forces Day |
| **19**<br>2:30 Bingo w/Paige-CL<br>6:30 Rummikub-AC<br>7:00 Movie Night-CL<br> | **20**<br>9:00 Weights & Balance w/Tonya-CL<br>12:00 Wii Bowling-AC<br>12:00 Bridge-GR<br>1:00 Knit Pickers-AC<br>3:00 Beanbag Baseball-AC<br>Victoria Day (Canada) | **21**<br>9:00 Music in Motion-CL<br>1:00 Bible Study-L/T<br>1:00 Bridge-CR<br>2:00 Healthy Brain w/Dr. Terri Harvath-CL<br>3:30 Low Impact Exercise-CL<br>6:30 Mexican Train-AC | **22**<br>9:15 Physical Therapy-CL<br>11:15 Music @ Noon: Silent Films w/Organist Dave Moreno-L<br>12:00 Bridge-CR<br>3:00 Line Dancing-CL<br>7:00 Bingo w/Christa-CL | **23**<br>9:00 YOGA w/Diane-CL<br>1:00 Bridge-CR<br>3:30 Low Impact Exercise-CL<br>7:00 Movie Night-CL | **24**<br>9:00 Grocery & Banks-L<br>9:00 Stretching & Balance-CL<br>10:30 Catholic Service-L/T<br>12:00 Bridge-CR<br>1:00 Shopping: Arden-L<br>3:00 Happy Hour w/Mike Ely-CL<br>6:30 Mexican Train-AC | **25**<br>9:00 Stretch Bands w/ Barbara Holland-CL<br>12:00 Wii Bowling-AC<br>1:00 Crossword Puzzles & Snacks-AC<br>2:00 Scrabble-AC<br>7:00 Movie Night- CL |
| **26**<br>2:30 Bingo w/Paige-CL<br>6:30 Rummikub-AC<br>7:00 Movie Night-CL<br>  | **27**<br>9:00 Weights & Balance w/Barbara-CL<br>12:00 Bridge-CR<br>12:00 Wii Bowling-AC<br>1:00 Knit Pickers-AC<br>3:00 Beanbag Baseball-AC<br>Memorial Day | **28**<br>9:00 Music in Motion-CL<br>1:00 Bible Study-L/T<br>1:00 Bridge-CR<br>3:30 Low Impact Exercise-CL<br>6:30 Mexican Train-AC | **29**<br>9:00 Weights & Balance-CL<br>11:00 Frasinetti Restaurant/Winery-L<br>12:00 Bridge-CR<br>7:00 Bingo w/Christa-CL | **30**<br>9:00 YOGA w/Diane-CL<br>1:00 Bridge-CR<br>3:30 Low Impact Exercise-CL<br>7:00 Movie Night-CL | **31**<br>9:00 Grocery & Banks-L<br>9:00 Stretching & Balance-CL<br>10:30 Catholic Service-L/T<br>12:00 Bridge-CR<br>1:00 Shopping: Kohl's-L<br>3:00 Happy Hour w/Lincoln Highway-CL<br>6:30 Mexican Train-AC | |

GR=GAME ROOM, CR=CARD ROOM, AC=ACTIVITY CENTER, CL=CABARET LOUNGE, L/T=LIBRARY/THEATRE, L=LOBBY, TF=THIRD FLOOR, PL=PARKING LOT, BS=BEAUTY SHOP, TCR=CONFERENCE ROOM. All Activities are subject to change.