

#### MAY 2019

#### WILLIAMS PLACE STAFF

### Lessie Kirch: Resident of the Month

Lessie is our Corn Hole "team queen" and runs the show and orders the T-shirts for the team. She is a "take charge" person and makes things happen. She is an ambassador and checks on the residents who may need help or assistance. She has gotten the players together and helped organize the card and board games. She makes sure no one is left out or gets overlooked.

When 2nd floor didn't have a housekeeper, she took toilet paper to all the residents on the 2nd floor.



Lessie Kirch



# We Said Goodbye to Our Co-Managers

Chuck and Charlene were with us for almost a year, until a community came open for them to move up and give them a chance to touch even more residents' lives, as they have here at Williams Place.



We will miss you, Charlene and Chuck!



#### Yellow Day

We had Color Week for spring and thought yellow really stuck out. We had a LOT of participation for this!





Yellow Day for Color Week

Bumblebee and yellow jacket

#### May in History

**May 30, 1783:** The Pennsylvania Evening Post became the first daily newspaper published in America.

**May 17, 1875:** The first Kentucky Derby horse race took place at Churchill Downs in Louisville.

**May 20, 1932:** Amelia Earhart became the first woman to fly solo across the Atlantic.

**May 27, 1937:** In San Francisco, 200,000 people celebrated the grand opening of the Golden Gate Bridge by strolling across it.

May 4, 1970: At Kent State University, four students were killed by National Guardsmen who opened fire on a crowd of 1,000 students protesting President Richard Nixon's decision to invade Cambodia. Eleven others were wounded. The shootings set off tumultuous campus demonstrations across America resulting in the temporary closing of over 450 colleges and universities.

May 2, 2011: U.S. Special Operations Forces killed Osama bin Laden during a raid on his secret compound in Abbottabad, Pakistan.

#### Resident-Led Activities

We have other resident-led activities that are not mentioned.



Toni's watercolor class



Ann teaches light and easy exercise in the afternoons.

## Charles Domiter: The Big Band Era

Charlie came and sang for us to bring in April showers.



"Singing in the Rain"



### How Did National Day of Prayer Get Started?

On April 17, 1952, President Harry Truman signed a bill proclaiming the National Day of Prayer into law in the United States. President Reagan amended the law in 1988, designating the first Thursday of May each year as the National Day of Prayer.



Pray for our nation

#### Quote

"No man is poor who has had a Godly Mother."

- Abraham Lincoln

## When Did Memorial Day Become a Holiday?

Memorial Day was first held in 1865 after the American Civil War. It was called Decoration Day at that time. The holiday was first called Memorial Day in 1882 and became a federal holiday in 1967.

Thank you to all those who gave their lives so that we can have the freedom we have today!



A BIG thank you!

#### **Tulip Garden Trip**

We took a trip to Historic Concord for lunch at the Bistro and then went and saw the tulips. We happened to pick a beautiful day as far as weather is concerned. We stopped for ice cream on the way back home!



We had beautiful weather for our tulip garden!



Bistro for lunch right at the Tulip Garden



Richard enjoyed taking pictures himself.



Big Red tulips

#### **MAY 2019**

#### **Birthdays**

James Rhine, 5th Libby Crawford, 22nd Faye Nietopki, 24th

#### **Locations**

Activity Room, ACT Back Patio, BP Billiards Room, BIL Chapel, C Dining Room, DR Fitness Room, FIT Library, LIB Lobby, LBY Movie Theatre, MT TV Room, TV Upper Deck, UD

#### **Bus Schedule**

**Monday** is Walmart and Harris Teeter Day. **Tuesday** is Doctor Appt. Day. Wednesday is Special Outing Day. **Thursday** is Doctor Appt. Day. Friday is Walmart and Harris Teeter Day

\*\*Calendar and Outings **Subject to** Change\*\*

"Age is not how old you are, but how many years of fun you've had."

-Matt Maldre

|                                       | SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|---------------------------------------|---|---|---|---|--|---|---|
|                                       |   |   |   | 9:15 Baseball Game Outing 9:30 Exercise and Weights with Debbie, ACT 10:00 Play Skip-Bo, ACT 1:45 Bingo with Home Careolina, ACT 7:00 Dime Bingo with Jan, ACT  | 9:00 National Day of Prayer Gathering, C 9:30 Exercise Cardio Aerobics with Debbie, ACT 10:00 Chat with Managers, ACT 10:00 Rummikub, BIL 11:00 Corn Hole Practice, ACT 2:00 Just Us Band, ACT 4:00 Light and Easy Exercise, ACT 7:00 Dime Bingo with Jan, ACT | 9:30 Exercise and Weights with Debbie, ACT  10:00 Rummikub, BIL  1:45 Health Fair, ACT  3:00 Audio Reading of the Bible, C  7:00 Dime Bingo with Jan, ACT   | 9:30 Exercise in the Gym 4 (On Your Own), FIT  10:00 Bocce, BP  11:00 Skip-Bo, ACT 2:00 Matinee Movie, MT 3:00 Uno, ACT 3:30 Light Exercise with Richard, ACT 7:00 American Movie Classic, MT         |
| 10:45<br>3:00                         | Walking Club, BP Catholic Communion, C Movies on Sundays, MT Bocce, BP  | 9:30 Exercise and Weights 6 with Debbie, ACT  10:00 Rummikub, BIL  1:45 How to Use Technology with Jim, MT  2:00 Men's Bible Study, C  3:30 Cards in the Activity Room, ACT  7:00 Dime Bingo with Jan, ACT          | 9:30 Cardio Exercise Class with Debbie, ACT 10:00 Bible Study with Karen, C 11:00 Corn Hole Practice, ACT 2:00 Advanced Drawing Class with Toni, ACT 3:30 Light and Easy Exercise, ACT 7:00 Movie Night, MT   | 9:15 Visit Davidson Library 9:30 Exercise and Weights with Debbie, ACT 10:00 Play Skip-Bo, ACT 10:00 Target/TJ Maxx Shopping/Lunch 1:45 Bingo with Home Careolina, ACT 3:30 Ambassadors' Meeting, ACT 4:30 Davidson Church Children's Choir, DR 7:00 Dime Bingo with Jan, ACT | 8:00 Twin Day  9:30 Exercise Cardio Aerobics with Debbie, ACT  10:00 Rummikub, BIL  11:00 Rosary, C  11:00 Corn Hole Practice, ACT  12:00 Resident Meeting, DR  2:45 Singalong Group, C  4:00 Light and Easy Exercise, ACT  7:00 Dime Bingo with Jan, ACT      | 9:30 Exercise and Weights with Debbie, ACT 10:00 Rummikub, BIL 10:30 Investing and Planning with Fifth Third Bank, MT 1:45 Blood Pressure Check by Home Careolina 1:45 Jewelry Sale, ACT 3:00 Uno, ACT 3:00 Audio Reading of the Bible, C 7:00 Dime Bingo with Jan, ACT | 9:30 Exercise in the Gym (On Your Own), FIT  10:00 Bocce, BP  11:00 Uno, ACT  2:00 Matinee Movie, MT  3:00 Skip-Bo, ACT  3:30 Light Exercise with Richard, ACT  7:00 American Movie Classic, MT       |
| 9:30<br>10:45<br><b>11:00</b><br>3:00 | Walking Club, BP Catholic Communion, C Mother's Day Brunch with Entertainment Movies on Sundays, MT Bocce, BP | 9:30 Exercise and Weights with Debbie, ACT 10:00 Rummikub, BIL 10:00 Pharmacy Introduction, ACT 2:00 Jim Cooper Sing, ACT 3:30 Cards in the Activity Room, ACT 7:00 Dime Bingo with Jan, ACT                        | 9:30 Cardio Exercise Class with Debbie, ACT 10:00 Bible Study with Karen, C 11:00 Corn Hole Tournament with the 6th Grade, ACT 3:00 Book Club Meets, LIB 3:00 Exercise and Strength Class by Legacy, ACT 7:00 Movie Night, MT   | 9:30 Exercise and Weights with Debbie, ACT 10:00 Play Skip-Bo, ACT 10:00 Picnic at Dan Nicholas Park 1:45 Bingo with Home Careolina, ACT 3:00 History Trivia, ACT 7:00 Dime Bingo with Jan, ACT   | 9:30 Exercise Cardio Aerobics with Debbie, ACT 10:00 Rummikub, BIL 11:00 Corn Hole Practice, ACT 3:00 Talking About Speech Therapy with Legacy, ACT 4:00 Light and Easy Exercise, ACT 7:00 Dime Bingo with Jan, ACT  | 9:30 Exercise and Weights with Debbie, ACT 10:00 Rummikub, BIL 11:00 Garden Club, LIB 2:00 Pokeno, ACT 3:00 Uno, ACT 3:00 Audio Reading of the Bible, C 7:00 Handbells of Lake Norman, ACT  | 9:30 Exercise in the Gym (On Your Own), FIT  10:00 Bocce, BP  11:00 Skip-Bo, ACT 2:00 Matinee Movie, MT 3:00 Uno, ACT  3:30 Light Stretching Class with Richard, ACT  7:00 American Movie Classic, MT |
| 10:45<br>3:00<br>3:00                 | Walking Club, BP Catholic Communion, C Movies on Sundays, MT Wine/Cheese with Tom, ACT Bocce, BP              | 9:30 Exercise and Weights with Debbie, ACT 10:00 Rummikub, BIL 10:30 Fun with Handbells, ACT 2:00 Music by Harold, ACT 2:00 Men's Bible Study, C 3:30 Cards in the Activity Room, ACT 7:00 Dime Bingo with Jan, ACT | 9:30 Cardio Exercise Class 21 with Debbie, ACT 10:00 Bible Study with Karen, C 10:00 Hearing Aid Cleaning, ACT 11:00 Corn Hole Practice, ACT 2:00 Advanced Drawing Class with Toni, ACT 3:30 90s Plus Club, MT 3:30 Light and Easy Exercise, ACT 7:00 Movie Night, MT | 8:45 Tour Carolina Panthers Stadium  9:30 Exercise and Weights with Debbie, ACT  10:00 Play Skip-Bo, ACT  11:00 Tea Party with the Royal Family (Home Careolina), ACT  1:45 Bingo with Home Careolina, ACT  7:00 Dime Bingo with Jan, ACT                                     | 9:30 Exercise Cardio Aerobics with Debbie, ACT  10:00 Rummikub, BIL  10:30 Residents Meet with Chef Cody, ACT  11:00 Corn Hole Practice, ACT  3:00 Coffee Chat with Davidson Village, ACT  4:00 Light and Easy Exercise, ACT  7:00 Dime Bingo with Jan, ACT    | 9:30 Exercise and Weights with Debbie, ACT  10:00 Rummikub, BIL 3:00 Uno, ACT  3:00 Audio Reading of the Bible, C  7:00 Dime Bingo with Jan, ACT  | 9:30 Exercise in the Gym (On Your Own), FIT  10:00 Bocce, BP  11:00 Uno, ACT  2:00 Matinee Movie, MT  3:00 Skip-Bo, ACT  3:30 Light Exercise with Richard, ACT  7:00 American Movie Classic, MT       |
| 10:45<br>3:00                         | Walking Club, BP<br>Catholic<br>Communion, C<br>Movies on<br>Sundays, MT<br>Bocce, BP                         | 9:30 Exercise and Weights with Debbie, ACT 10:00 Rummikub, BIL 1:45 Blood Pressure Check by Legacy, ACT 3:30 Cards in the Activity Room, ACT 7:00 Dime Bingo with Jan, ACT  | 9:30 Cardio Exercise Class with Debbie, ACT  10:00 Bible Study with Karen, C  11:00 Corn Hole Practice, ACT  2:00 Coffee Chat with Legacy, ACT  3:00 Exercise and Strength Class by Legacy, ACT  7:00 Movie Night, MT   | 9:15 Visit Davidson Library 9:30 Exercise and Weights with Debbie, ACT 10:00 Play Skip-Bo, ACT 10:00 Patterson Farms (Strawberries, Jams, Jellies) 1:45 Bingo with Home Careolina, ACT 7:00 Dime Bingo with Jan, ACT  | 9:30 Exercise Cardio Aerobics with Debbie, ACT 10:00 Rummikub, BIL 11:00 Corn Hole Practice, ACT 2:00 Pokeno, ACT 4:00 Light and Easy Exercise, ACT 7:00 Dime Bingo with Jan, ACT  | 9:30 Exercise and Weights with Debbie, ACT 10:00 Rummikub, BIL 11:00 Notary (Courtney), ACT 3:00 Uno, ACT 3:00 Audio Reading of the Bible, C 7:00 Dime Bingo with Jan, ACT  |   |



#### Our Trip to Our Neighboring Community: Providence Meadows

We went less than an hour away to play beanbag baseball and share lunch together. Our residents doesn't play this game, but plays more corn hole, but they won the game!



John (Frank) had a great time!



Our teams working together ...



Getting into the game!

#### "Let's Go Bananas"

We wanted to give our residents more information about

out handouts and answered questions that we didn't know about bananas. We found out that the darker the banana is, the healthier it is. A fully ripe banana with dark patches on the yellow of the skin produces a substance called Tumor Necrosis Factor which has the ability to combat abnormal cells. Ripe bananas also contain higher levels of powerful

antioxidants, too!

bananas. Chef Cody gave



Chef Cody makes us banana smoothies.

#### **Troutman Winery**

We had a wonderful time just 30 minutes away. We had a wine and beer tasting and then we had a picnic lunch. We spent most of the morning connecting with each other and enjoying the nice countryside.



The ladies are having fun!



Banana talk



Cheers!



Enjoying our connection



#### Art Show

We displayed all the artwork from paintings, needlework. and wedding dresses in the activities room and had a great turnout. We have a lot of talented residents, and you don't realize it until you advertise and see all who have these talents.



Our residents who worked behind the scenes to make it possible



Mildred has made plenty of wedding dresses!



Elizabeth is from England and showed her cross-stitch off.



Betty Mapes poses with her painting.



Those who worked behind the scenes



MiMi also likes to paint.

#### Happy Mother's Day!

We wanted to share some pictures of some of our residents with their children. We wish you all a Happy Mother's Day and a BIG thank you for all the sacrifices you have made. May you feel special on your special day.

#### **A Godly Woman**

A woman of beauty A woman of grace A woman of excellence Beholding God's face She walks with the Lord With integrity Knowing her purpose And destiny No matter what happens
She walks in God's love
Reflecting the beauty
Of her Father above
M. S. Lowndes



Barbara and her two daughters



Ann Stewart and her kids



Charlotte and her kids



MiMi and her daughter





