



### CHEF'S COOKING DEMONSTRATIONS

**01** Uno de Mayo  
Enjoy tableside chips and guacamole!

**15** Tableside  
Caesar Salad

**22** Cooking On The Grill  
Nothing beats firing up the grill for tasty burgers, dogs and brats!

**24** Strawberry  
Brownie Flambe

### Apple Streusel Bread (Great for Mother's Day Brunch!)

**Ingredients:**

- 1/2 cup butter, softened
- 1 cup sugar
- 2 eggs
- 1 tablespoon lemon juice
- 2 teaspoons vanilla
- 2 cups flour
- 1 teaspoon baking soda
- 1/4 teaspoon salt
- 2 cups apple, peeled and diced

**Topping Ingredients:**

- 2 tablespoons brown sugar
- 2 tablespoons sugar
- 2 tablespoons flour
- 1 tablespoon butter
- 1 teaspoon cinnamon

**Instructions:**

- In the bowl of a stand mixer, blend butter, sugar, eggs, lemon juice, and vanilla.
- In a medium bowl, stir together flour, baking soda, and salt. Add flour mixture to sugar mixture while stand mixer is on medium speed until well combined.
- Gently fold in apples.
- For topping, blend all ingredients together with two knives or a pastry blender until dry and crumbly.
- To assemble bread, spread half of apple batter into the bottom of a well-greased loaf pan. Sprinkle half of streusel over batter. Repeat layers with remaining batter and streusel.
- Bake at 350 degrees for 55 to 60 minutes. Allow bread to cool before slicing and serving.

- Chef Joel Vassallo, Culinary Services Manager

# CARRIAGE PARK CONNECT

MAY



2250 Canton Center Rd., Canton, MI 48188  
[www.waltonwood.com](http://www.waltonwood.com) | 734-844-3060  
Facebook: /WaltonwoodCarriagePark



Welcome May  
Happy May Day!  
Happy Memorial Day  
And most of all  
Happy Mother's Day!

All of us at Waltonwood want to thank all mothers this month for always seeing the best in us, even when we didn't. We especially thank you for giving us your love unconditionally. We start off May 7<sup>th</sup> with a Mary Kay Spring Color Clinic. Come learn about new anti-aging skin care and makeup tips to look your best at any age. May 8<sup>th</sup>, we have a special Mothers Day Tea with Elvis impersonator, Ron Short to entertain you! May 9<sup>th</sup> we will load the bus for Holland Michigan to enjoy the Tulip Festival. May 10<sup>th</sup> we will close our week with a special hand care clinic in the morning just for you! P.S. Mystery trips are back on the calendar. Hope to see you there.

### COMMUNITY MANAGEMENT

Dustin Stolzman  
Executive Director  
Terry Lobb  
Business Office Manager

Joel Vassallo  
Culinary Services  
Manager

Erin McGraw  
Life Enrichment Manager

Nichole Passmore  
Life Enrichment Manager

Annette Rogers  
Marketing Manager

JoAnn Mayher  
Resident Care Manager

Jeremy Meriwether  
Wellness Coordinator

Mike Burlett  
Maintenance Manager

Nathan Brown  
Independent Living  
Manager

### Celebrating Birthdays In May

5/14 Carole C.

5/16 Charlotte W.

5/19 Paul L

5/23 Charlotte G.

5/27 Sue D.

5/31 Larry E

Birthday

Social

May 23<sup>rd</sup>



FRIENDS & FAMILY REFERRAL PROGRAM!

### \$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



## ASSOCIATE SPOTLIGHT

Our Associate of the Month is Oliva Chamberlain! Oliva recently celebrated five years with Waltonwood Carriage Park, the last two as the Dining Room Supervisor. Oliva has been pivotal in helping successfully implement our new Point of Sale system in the dining room. Oliva is known for her reliability in the team, working hard to uphold the Waltonwood standards. We appreciate Oliva's contributions to our community!



## APRIL HIGHLIGHTS

07

We enjoy a new game, "Minute To Win It"

13

Our Easter Egg Hunt was so much fun! Kids of all ages enjoyed a visit from the Easter Bunny!



17

We visited the Webber Museum

20

Craft class with Sarah



## NATIONAL SENIOR HEALTH & FITNESS DAY

On Wednesday May 29<sup>th</sup> join with over 100,00 other older adults across the country as we celebrate National Senior Health and Fitness Day. Now in its 26<sup>th</sup> year, this annual celebration highlights the impact that staying healthy and fit has on our overall wellness as we age. This year's theme "Live and Thrive with Exercise", shifts the focus squarely onto the role that regular exercise plays in maintaining our health and independence. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise while finding creative ways to incorporate it into your daily routine. From group classes to fitness center training and everything in between the Waltonwood Forever Fit Program can help lay the foundation for an active, healthy lifestyle. This May 29<sup>th</sup> join us as we celebrate National Senior Health and Fitness Day and show what it means to truly "Live and Thrive with Exercise."  
- Chris Grabowski, MS, Senior Forever Fit Manager

## TRANSPORTATION INFORMATION

This month we are starting something new. We have a calendar at our front desk to post your medical appointments when you get them. You no longer need to wait for the months transportation sheets to be put out. As always, Mondays and Tuesdays are our preferred medical appointment days. Wednesday's the Waltonwood Cadillac will be available for hospital runs. We will do our best to accommodate your transportation needs throughout the month.

**Note:** Transportation sheets for the month are posted the first of each month in our mail room.

## MAY OUTINGS

May 2<sup>nd</sup> Trip to Novi for Kentucky Derby Festival

May 9<sup>th</sup> Holland Tulip Festival

May 24<sup>th</sup> Hollywood Casino

May 30<sup>th</sup> Mystery Trip

*\*\*Please note that all outings are weather permitting.*

## MAY SPECIAL EVENTS

02

Were off to the Derby!

08

Let's celebrate Mom! We will be hosting a special Mother's Day Tea today at 1:30pm.



24

Try your luck at HOLLYWOOD CASINO

29

It's National Senior Health & Fitness Day! Start the day off right with Chris' exercise class!



## EXECUTIVE DIRECTOR CORNER

Mark your calendar: On the evening of Friday, June 21<sup>st</sup>, we will be hosting our inaugural Camp Waltonwood! This intergenerational event will be hosted at Waltonwood Carriage Park for kids between ages 5-11 and will include outdoor games, crafts, food & beverages, music, campfire, s'mores & more! Please be sure to Save the Date and invite your grandchildren, great-grandchildren, or any special kids in your life! We hope to create summer camp memories to be remembered for years to come!

Best Regards, Dustin Stolzman,  
Executive Director