



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



6161 West Spruce Avenue  
Fresno, CA 93722  
559-479-4700

- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagment
- SS Spiritual Support

**Mother Goose Day 1**  
9:00 LL Music & Meditation  
10:00 Daily Chronicles & Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Curves  
1:30 Chair Yoga  
2:00 CC Scenic Drive & Snack Packs  
3:00 Lets play Blackout  
4:00 Rockin 70's  
5:30 After Dinner Show

**Brother Sister Day 2**  
**Kearney Blvd Outing**  
9:00 SS Music & Meditation  
10:00 Social Talk & Nibbles  
11:00 SS A Walk in Faith/Bible Study: Brother Sister Blessings  
1:00 Community Stroll  
2:00 Where would you go with Muffins  
2:30 Horse Shoe Races  
3:00 LL A Walk in the Park  
4:00 Get to know the 80's  
5:30 After Dinner Show

**Garden Meditation Day 3**  
9:00 SS Music & Meditation  
10:00 Readers Block & Apple wedges  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Challenges: Meditation Time  
1:30 PE Arm Stretches  
2:00 Happy Hour  
3:00 PE Corn Hole  
4:00 Today's Music Generation  
5:30 After Dinner Show

**Kentucky Derby Day 4**  
9:00 SS Music & Meditation  
10:00 Memory Lane & Morning Drinks  
11:00 SS A Walk in Faith/Bible Study  
1:00 May the 4th be with you!  
1:30 PE Arm Swirls  
2:00 CE Travel to Italy: The Italian Experience  
2:30 CC Horsing Around: Horse Presentation  
3:30 LL Oldies BUT Goodies  
5:30 After Dinner Show

**Cinco De Mayo 5**  
9:00 SS Music & Meditation  
10:00 CE In The News & Great Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Table Topics  
1:30 PE Noodle Arms  
2:00 Garden Delights & Our health  
3:30 PE Cinco De Mayo Fiesta  
4:00 Rockin 40's  
5:30 After Dinner Show

**Nurses Day 6**  
9:00 SS Music & Meditation  
10:00 CE Monday Moments & Power snacks  
11:00 SS A Walk in Faith/Bible Study: Hug a Nurse  
1:00 PE Horse Shoes  
1:30 PE Move it or lose it  
2:00 Soda Pop Junction & all that Fizz  
3:00 Card Game Mania  
4:00 Rockin 50's  
5:30 After Dinner Show

**Iris Day 7**  
9:00 SS Music & Meditation  
10:00 Daily News & Doughnuts  
10:30 CC Alice's Embrace  
1:00 Thinklers & Table Conversations  
1:30 PE Tuesday Twists  
2:00 Let's Create Fruit Blends  
2:30 Balloon Toss  
3:00 AE Reflections of an Artist: Paint a Iris for Mother's Day  
4:00 Rockin 60's  
5:30 After Dinner Show

**WWII & No sock Day 8**  
9:00 LL Music & Meditation  
10:00 Daily Chronicles & Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Curves  
1:30 Chair Yoga: Only socks allowed  
2:00 CC Scenic Drive & Snack Packs  
3:00 Let's play blackout  
4:00 Rockin 70's  
5:30 After Dinner Show

**Black Rock Fish Hatchery 9**  
9:00 SS Music & Meditation  
10:00 Social Talk & Nibbles  
11:00 SS A Walk in Faith/Bible Study  
1:00 Community Stroll  
2:00 LL Where would you go with Muffins  
2:30 Horse Shoe Races  
3:00 LL A Walk in the Park  
4:00 Get to know the 80's  
5:30 After Dinner Show

**Military Spouses Day 10**  
9:30 SS Music & Meditation  
10:00 Readers Block & Apple wedges  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Challenges  
1:30 PE Arm Stretches  
2:00 Happy Hour  
3:00 PE Corn Hole  
4:00 Today's Music Generation  
5:30 After Dinner Show

**Train Day 11**  
9:00 SS Music & Meditation  
10:00 Memory Lane & Morning Drinks  
11:30 Mother's Day Luncheon  
1:30 PE Arm Swirls  
2:00 Tea Time For Mother's Day  
3:30 AE 30 minute Artist: Paint a Train  
4:00 Oldies BUT Goodies  
5:30 After Dinner Show

**Mother's Day 12**  
9:00 SS Music & Meditation  
10:00 CE In The News & Great Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Table Topics  
1:30 PE Noodle Arms  
2:00 Garden Delights & Our health  
3:00 PE Corn Hole  
4:00 Rockin 40's  
5:30 After Dinner Show

**Leprechaun day 13**  
9:00 SS Music & Meditation  
10:00 CE Monday Moments & Power snacks  
11:00 SS A Walk in Faith/Bible Study  
1:00 PE Lucky Horse Shoes  
1:30 PE Move it or lose it  
2:00 Soda Pop Junction & all that Fizz  
3:00 Card Game Mania  
4:00 Rockin 50's  
5:30 After Dinner Show

**Chicken Dance Day 14**  
9:00 SS Music & Meditation  
10:00 Daily News & Doughnuts  
11:00 CC Ronald McDonald House  
1:00 Thinklers & Table Conversations  
1:30 PE Tuesday Twists  
2:00 Chicken Dance Time  
2:30 Balloon Toss  
3:00 AE Reflections of an Artist  
4:00 Rockin 60's  
5:30 After Dinner Show

**Chocolate Chip Day 15**  
9:00 LL Music & Meditation  
10:00 Daily Chronicles & Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Curves  
1:30 Chair Yoga  
2:00 CC Scenic Drive & Chocolate Chip Cookies  
3:00 Lets play Blackout  
5:30 After Dinner Show

**Love a Tree Day & Wear Purple Day 16**  
**Madera Valley Children's Hosp**  
9:00 SS Music & Meditation  
10:00 Social Talk & Nibbles  
11:00 SS A Walk in Faith/Bible Study  
1:00 Community Stroll  
1:00 The Color Purple  
2:00 PE Plant A Fruit Tree  
2:30 Horse Shoe Races  
3:00 LL A Walk in the Park  
4:00 Get to know the 80's  
5:30 After Dinner Show

**Cow Day 17**  
9:30 SS Music & Meditation  
10:00 Readers Block & Apple wedges  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Challenges  
1:30 PE Arm Stretches  
2:00 Happy Hour  
3:00 PE Make me MOOOOOO  
4:00 Today's Music Generation  
5:30 After Dinner Show

**Armed Forces Day 18**  
9:00 SS Music & Meditation  
10:00 Memory Lane & Morning Drinks  
11:00 SS A Walk in Faith/Bible Study  
1:00 Memory Puzzles: Armed Forces  
1:30 PE Arm Swirls  
2:00 CE Travel to Italy: The Italian Experience  
3:30 AE 30 minute Artist  
4:00 Oldies BUT Goodies  
5:30 After Dinner Show

**Plant a Veggie Garden Day 19**  
9:00 SS Music & Meditation  
10:00 CE In The News & Great Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Table Topics  
1:30 PE Noodle Arms  
2:00 Garden Delights & Our health  
3:00 PE Corn Hole  
4:00 Rockin 40's  
5:30 After Dinner Show

**Pick a Strawberry Day 20**  
9:00 SS Music & Meditation  
10:00 CE Monday Moments & Power snacks  
11:00 SS A Walk in Faith/Bible Study  
1:00 PE Horse Shoes  
1:30 PE Move it or lose it  
2:00 Strawberry Shakes  
3:00 Card Game Mania  
4:00 Rockin 50's  
5:30 After Dinner Show

**Hamburger Day 21**  
9:00 SS Music & Meditation  
10:00 Daily News & Doughnuts  
11:00 SS A Walk in Faith/Bible Study  
1:00 Thinklers & Table Conversations  
1:30 PE Tuesday Twists  
2:00 Let's Create Fruit Blends  
2:30 Balloon Toss  
3:00 AE Reflections of an Artist  
4:00 Rockin 60's  
5:30 After Dinner Show

**Music & Meditation 22**  
9:00 LL Music & Meditation  
10:00 Daily Chronicles & Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Curves  
1:30 Chair Yoga  
2:00 CC Scenic Drive & Snack Packs  
3:00 Lets play Blackout  
5:30 After Dinner Show

**Lucky Penny Day 23**  
**River Park Walk**  
9:00 SS Music & Meditation  
10:00 Social Talk & Nibbles  
11:00 SS A Walk in Faith/Bible Study  
1:00 Community Stroll  
2:00 LL Where would you go with Muffins  
2:30 A Penny for your Thought  
3:00 LL A Walk in the Park  
4:00 Get to know the 80's  
5:30 After Dinner Show

**Music & Meditation 24**  
9:30 SS Music & Meditation  
10:00 Readers Block & Apple wedges  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Challenges  
1:30 PE Arm Stretches  
2:30 Happy Hour: Farmers Mkt in AL  
3:00 PE Corn Hole  
4:00 Today's Music Generation  
5:30 After Dinner Show

**Jazz & Tap Dance Day 25**  
9:00 SS Music & Meditation  
10:00 Memory Lane & Morning Drinks  
11:00 SS A Walk in Faith/Bible Study  
1:30 PE Arm Swirls  
2:00 Support Group  
2:00 CE Travel to Italy: The Italian Experience  
3:30 AE 30 minute Jazz  
4:00 Oldies BUT Goodies  
5:30 After Dinner Show

**Music & Meditation 26**  
9:00 SS Music & Meditation  
10:00 CE In The News & Great Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Table Topics  
1:30 PE Noodle Arms  
2:00 Garden Delights & Our health  
3:00 PE Corn Hole  
4:00 Rockin 40's  
5:30 After Dinner Show

**Memorial Day 27**  
9:00 SS Music & Meditation  
10:00 CE Monday Moments & Power snacks  
11:00 SS A Walk in Faith/Bible Study: Memorial Day Convo  
1:00 PE Horse Shoes  
1:30 PE Move it or lose it  
2:00 Soda Pop Junction & all that Fizz  
3:00 Card Game Mania  
4:00 Rockin 50's  
5:30 After Dinner Show

**Hamburger Day 28**  
9:00 SS Music & Meditation  
10:00 Daily News & Doughnuts  
11:00 SS A Walk in Faith/Bible Study  
1:00 Thinklers & Table Conversations: Hamburgers  
1:30 PE Tuesday Twists  
2:00 Let's Create Fruit Blends  
2:30 Balloon Toss  
3:00 AE Reflections of an Artist  
4:00 Rockin 60's  
5:30 After Dinner Show

**Music & Meditation 29**  
9:00 LL Music & Meditation  
10:00 Daily Chronicles & Treats  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Curves  
1:30 Chair Yoga  
2:00 CC Taste & Tell with Juan  
3:00 Lets play Blackout  
5:30 After Dinner Show

**Fresno Chaffee Zoo 30**  
**Water a Flower Day**  
9:00 SS Music & Meditation  
10:00 Social Talk & Nibbles  
11:00 SS A Walk in Faith/Bible Study  
1:00 Community Stroll  
2:00 LL Where would you go with Muffins  
2:30 Horse Shoe Races  
3:00 LL A Walk in the Park: Let's Water our Flowers  
4:00 Get to know the 80's  
5:30 After Dinner Show

**Macaroon Day 31**  
9:30 SS Music & Meditation  
10:00 Readers Block & Apple wedges  
11:00 SS A Walk in Faith/Bible Study  
1:00 CE Mind Challenges  
1:30 PE Arm Stretches  
2:00 Happy Birthday: Macaroon Treats  
3:00 PE Corn Hole  
4:00 Today's Music Generation  
5:30 After Dinner Show

Healthy Snacks & Hydration offered throughout each day!