

| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
|--|--|--|---|--|---|--|--|--|--|---|--|--|--|
|  | | | | | | 7:45 Men's Breakfast at Lisa's Country Kitchen. Sign up! 10:00 Stitch n' Chat (GR) 10:30 Exercise (SS) 10:30 Bible Reading (RQC) 12:10 "Newsies" the musical at Mountain View High School. FREE! Return 4:30 PM. Sign up! 12:30 Support Group for Resident Caretaker (MR) 1:30 Bingo (LTV) 2:00 Seated Yoga (SS) 3:00 Supervised Swim (AP) 3:00 Children read their favorite books (TLR) 3:15 Manicures (LAR) 6:00 Cards n' Marbles (GR) | | 1 9:30 Craft: May Day Basket with Tissue Paper Flowers (SDR) 10:00 Home Group: Time for Caring & Sharing (CCL) 10:15 Local banks or Walmart/Costco. Sign up! 10:30 TED TALKS: "The Dawn of the Age of Holograms" (DT) 10:30 Exercise (SS) 12:00 General Store (LL) 12:30 Pinochle (GR) 1:00 Bridge (GR) 2:00 Parkinson Exer. (SS) 2:00 Blackjack (FGGR) 3:00 Wii Bowling (CCFC) 3:30 New Vocalist and Instrumentalist: Robby Mayer. (DT) | | 2 9:30 Bake Peach Coblerr Muffins (LAR) 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Singing Group (PP) 1:00 Food Committee Meeting (DT) 1:00 Scenic Ride. Sign up 1:00 Golden Steppers Fitness Class (SS) 2:00 Watercolor Class with Becky Leventis. Cost is \$3.00. Sign up! (MR) 2:00 Matinee (Ch. 981) 3:00 Supervised Swim (AP) 3:15 Family Feud (SDR) 6:00 Friday Movie (DT) 6:00 Hand/Foot Cards (GR) | | 3 9:00 Yoga Class (SS) 9:30 Games (LTV) 10:00 Women's Coffee Klatch (GR) 10:30 Fun Fitness (SS) 12:00 Myrtles Tea House & Gift Shop. Enjoy tea party with 3 scones & tea for \$17. Soup available. Sign up! Return by 2:45. 1:30 Bingo! (LAR) 2:00 Beanbag Baseball (SS) 3:30 Dementia Support Group featuring guest speaker Janice Jasinsky presenting about legal paperwork for your loved one. (GR) 3:00 Supervised Swim (AP) 3:30 Family Star Wars Movie Day: "A New Hope" (DT) 7:00 Movie (Ch.981) | |
| Church Service Shuttle: 7:50 Episcopal Church 8:30 Columbia Presbyterian 10:00 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 2:00 TIME CHANGE TODAY ONLY: Black Jack (FGGR) 3:30 - 5:30 Nacho Bar for Cinco De Mayo! Enjoy a nacho bar with beer or margarita for only \$9.95. In Cobblestone Café. 7:00 Classic Movie (Ch.981) | | 5 9:30 Lost n Found. (GR) 10:30 Thrive w/ Exercise 10:30 GREAT COURSES: Turning Points in American History: "1735: Freedom of the Press" (DT) 1:00 Bridge (GR) 1:00 Documentary (DT) 1:30 Beanbag Baseball Tournament here! Touchmark seniors come to play us. (SS) 1:45 Walmart/Costco. Sign up! 3:00 Supervised Swim (AP) 3:30 Ping Pong (FGGR) 6:00 Documentary (Ch.981) | 6 9:00 Yoga Class (SS) 9:30 One on one Visits 10:30 Thrive w/ Exercise (SS) 10:30 Resident Council Meeting. Everyone encouraged to come (DT) 12:30 Pinochle (GR) 1:30 Brain Training (SDR) 2:00 Fred Meyer 2:00 Parkinson Exercise (SS) 3:30 Ping Pong with Shannon (FGGR) 3:00 Wii Bowling (CCFC) 3:30 DVD Course (DT) 6:00 Play Bunco! (GR) | 7 10:00 Parkinson's Support Group (MR) 10:00 Stitch n' Chat (GR) 10:00 Rose Themed Tea Party decorated & served by the Portland Rose Court Princesses! Wear a special hat. (SDR) 10:30 Exercise (SS) 10:30 Read the Bible (RQC) 1:30 Bingo (LTV) 2:00 Seated Yoga (SS) 2:30 Scenic Ride - NOW WEDNESDAYS! Sign up 3:00 Supervised Swim (AP) 6:00 Cards n' Marbles (GR) | 8 9:30 Craft: Handmade Greeting Cards (SDR) 10:00 Home Group: Time for Caring & Sharing (CCL) NO SHOPPING TODAY 10:30 TED TALKS: "Future Through an Augmented Reality Headset" (DT) 10:30 Exercise (SS) 12:00 General Store (LL) 12:30 Pinochle (GR) 1:00 Bridge (GR) 2:00 Parkinson Exer. (SS) 2:00 Blackjack (FGGR) 3:00 Wii Bowling (CCFC) 3:30 Nehemiah Brown sings! (DT) | 9 8:00 - 12:00 Annual Fitness Testing! Sign up! (SS) 9:30 Make Sugar Cookie Bars (LAR) 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Singing Group (PP) NOW ON FRIDAYS AT 1:00 : Manicure Hour (LAR) 1:00 Golden Steppers Fitness Class (SS) 2:00 Matinee (Ch. 981) 3:00 Supervised Swim (AP) 3:00 Eric & Lali's Musical Act- "Celebrating Women" (DT) 6:00 Friday Movie (DT) 6:00 Hand/Foot Cards (GR) | 10 9:00 Yoga Class (SS) 9:30 Games (LTV) 10:00 Women's Coffee Klatch (GR) 10:30 Fun Fitness (SS) 12:15 Camas Plant and Garden Fair in historic downtown Camas. Good for those who can navigate among crowds. Music and food vendors. Sign up! Return by 3:00. 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 2:00 Beanbag Baseball (SS) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981) | 11 9:00 Yoga Class (SS) 9:30 Games (LTV) 10:00 Women's Coffee Klatch (GR) 10:30 Fun Fitness (SS) 12:15 Camas Plant and Garden Fair in historic downtown Camas. Good for those who can navigate among crowds. Music and food vendors. Sign up! Return by 3:00. 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 2:00 Beanbag Baseball (SS) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981) | | | | | |
| LOCATION LEGEND | | | | | | | | LODGE MAY BIRTHDAYS | | | | | |
| 1st Floor | | LL - Lodge Lobby | | DT - Diamond Theater | | PP - Pearl Parlor | |  | | Peggie O. 5/2 | | Marjorie H. 5/16 | |
| AP - Aquamarine Pool | | PDR - Private Dining Room | | FGGR - Fools Gold Game Room | | RQC - Rose Quartz Chapel | | | | William B. 5/2 | | Joan B. 5/20 | |
| BCC - Business Computer Center | | SDR - Sapphire Dining Room | | GR - Granite Room | | RVP - Rocky View Patio | | | | Joyce I. 5/7 | | Carol P. 5/24 | |
| CC - Cobblestone Cafe | | SFDR - Silver Falls Dining Room | | LAR - Lodge Activity Room | | SS - Sunstone Studio | | | | Warren W. 5/8 | | Millie B. 5/24 | |
| CCFC - Coral Club Fitness Center | | TLR - Terrace Living Room | | LTV - Lodge TV Room | | 3rd Floor | | | | Cheron J. 5/9 | | Frank Van V. 5/25 | |
| CP - Courtyard Patio | | 2nd Floor | | MR - Marble Room | | RAR - Ridge Activity Room | | | | Arlene P. 5/16 | | Robert A. 5/29 | |
| ECU - Enhanced Care Unit | | CCL - Copper Canyon Lounge | | | | | | | | | | | |

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|---|---|--|---|---|---|---|
| Church Service Shuttle: 7:50 Episcopal Church 8:30 Columbia Presbyterian 10:00 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 11:00am-1:30pm: Mother's Day Brunch in the Silver Falls Dining Room. Sign up to reserve your spot! 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 2:30-4:00 Patsy Cline Tribute Show Performed by the Julie Amici Trio! (CP) 4:00 Blackjack (FGGR) 7:00 Classic Movie (Ch.981) | 10:30 Thrive w/ Exercise 10:30 Great Courses: Turning Points in American History "1773: Liberty! The Boston Tea Party" (DT) 1:00 Bridge (GR) 1:00 Documentary (DT) 1:45 Trader Joe's & Dollar Tree. Sign up! 2:30 Music Therapy (PP) 3:00 Supervised Swim (AP) 3:30 Ping Pong (FGGR) 6:00 Documentary (Ch.981) | 9:00 Yoga Class (SS) 9:30 Walk with Shannon (Meet in Lobby) 10:30 Thrive w/ Exercise (SS) 12:30 Pinochle (GR) 1:30 Brain Training (SDR) 2:00 Fred Meyer 2:00 Parkinson Exercise (SS) 3:00 Accordion & vocal music with Phil Hall. Popcorn served! (SDR) 3:00 Wii Bowling (CCFC) 6:30 "One Voice" Choir Performs. Cookies & punch afterwards. (DT) | 10:00 Stitch n' Chat (GR) 10:30 Low Vision Support (PDR) 10:30 Exercise (SS) 10:30 Read the Bible (RQC) 11:00 Lodge Lunch at Red Robin. Sign up! 12:00 Backstrokes Sing-a-Long Group for Stroke & Brain Injury Survivors. \$5-10 sliding scale. (MR) 1:30 Bingo (LTV) 2:00 Seated Yoga (SS) 2:30 Scenic Ride – NOW WEDNESDAYS! Sign up 3:00 Supervised Swim (AP) 3:00 NEW! History Talks with John Griffan (DT) 6:00 Cards n' Marbles (GR) | 9:30 Craft: Air Dry Clay Sculptures (SDR) 10:00 Home Group: Time for Caring & Sharing (CCL) 10:15 Local banks or Walmart/Costco. Sign up! 10:30 TED TALKS: "Optimism About Climate Change" (DT) 10:30 Exercise (SS) 12:30 General Store (LL) 12:30 Pinochle Group (GR) 1:00 Bridge (GR) 2:00 Parkinson Exercise (SS) 2:00 Blackjack (FGGR) 3:00 Wii Bowling (CCFC) 3:30 Vladimir Zaybev performs on violin. Drinks & appetizers served. (DT) | 8:30 Parkinson's Breakfast of Champions (SFDR) 9:30 Make No-Bake Oatmeal Cookies (LAR) 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Singing Group (PP) 1:00 Grief Support Group (CCL) 1:00 Golden Steppers Fitness Class (SS) NOW ON FRIDAYS AT 1:00 : Manicure Hour (LAR) 2:00 Matinee (Ch. 981) 3:00 Beer and Ping Pong on Courtyard – Managers compete! (CP) 3:00 Supervised Swim (AP) 6:00 Friday Movie (DT) 6:00 Hand & Foot (GR) | 9:00 Yoga Class (SS) 9:30 Games (LTV) 10:00 Women's Coffee Klatch (GR) 10:30 Fun Fitness (SS) 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 2:00 Beanbag Baseball (SS) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981) |
| Church Service Shuttle: 7:50 Episcopal Church 8:30 Columbia Presbyterian 10:00 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 2:00 SW Wind Symphony Concert. Also view original oil paintings before the show! Free – donations accepted. Sign up! Return by 5:15. 4:00 Blackjack (FGGR) 7:00 Classic Movie (Ch.981) | 10:30 Thrive w/ Exercise 10:00 Low Vision Group Plants Garden Box (CP) 10:30 Great Courses: "1776: Declaring Independence" (DT) 1:00 Bridge (GR) 1:00 Documentary (DT) 1:45 Shop stores at 136th & Mill Plain – Chuck's Produce, Safeway, Craft Warehouse, Walgreens, etc... 3:00 Supervised Swim (AP) 3:00 Quarry Town Hall (DT) 3:30 Ping Pong (FGGR) 6:00 Documentary (Ch.981) | 9:00 Yoga Class (SS) 9:30 Coffee & Chat (LL) 10:30 Exercise (SS) 10:30 New Resident Welcome Social. Everyone invited! Meet our residents. (TLR) 12:30 Pinochle (GR) 1:30 Brain Training (SDR) 2:00 Fred Meyer 2:00 Parkinson Exercise (SS) 2:00 Elder Law Presentation (DT) 3:00 Balloon Volleyball with Shannon (SDR) 3:00 Wii Bowling (CCFC) 6:30 BINGO with Prizes (GR) | 10:00 Stitch n' Chat (GR) 10:30 Exercise (SS) 10:30 Read the Bible (RQC) 10:45 Lunch, Live Music, and Shopping at New Seasons. Sign up! 1:30 Bingo! (LTV) 2:00 Seated Yoga (SS) 3:00 Supervised Swim (AP) 2:30 Scenic Ride – NOW WEDNESDAYS! Sign up! 6:00 Cards n' Marbles (GR) | 9:30 Craft: String Art (SDR) 10:00 Home Group: Time for Caring & Sharing (CCL) NO SHOPPING TODAY 10:30 Literary Guild (MR) 10:30 TED TALKS: "Stunning Endangered Everglades" (DT) 10:30 Exercise (SS) 12:00 General Store (LL) 12:30 Pinochle Group (GR) 1:00 Bridge (GR) 2:00 Parkinson Exercise (SS) 2:00 Blackjack (FGGR) 3:00 Wii Bowling (CCFC) 3:30 Charlie and the Angels Band Performs. Drinks & appetizer (DT) | 9:30 Make Rocky Mountain Avalanche Bars (LAR) 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Singing Group (PP) 1:00 Golden Steppers Fitness Class (SS) NOW ON FRIDAYS AT 1:00 : Manicure Hour (LAR) 2:00 Matinee (Ch. 981) 3:00 Supervised Swim (AP) 3:15 Root beer Floats and Jokes (SDR) 6:00 Friday Movie (DT) 6:00 Hand & Foot Card Game (GR) | 9:00 Yoga Class (SS) 9:30 Games (LTV) 9:45 Columbia Gorge Museum in Skamania and lunch at Big River Grill in Stevenson. \$8.00 admission + lunch \$. Return by 3:00. Sign up! 10:00 Women's Coffee Klatch (GR) 10:30 Fun Fitness (SS) 1:15 Popcorn Matinee (DT) 1:30 Bingo! (LAR) 2:00 Beanbag Baseball (SS) 3:00 Supervised Swim (AP) 7:00 Movie (Ch.981) |
| Church Service Shuttle: 7:50 Episcopal Church 8:30 Columbia Presbyterian 10:00 Baptist/Methodist 11:05 Catholic Church 10:30 Fitness Class! (SS) 11:00 Receive Holy Communion (RQC) 1:30 Intricate Coloring (GR) 1:30 Sunday Service (RQC) 4:00 Blackjack (FGGR) 7:00 Classic Movie (Ch.981) | 10:30 Thrive w/ Exercise 10:30 Great Courses: Turning Points in American History "1777: The Battle of Saratoga" (DT) 11:30 Memorial Day BBQ! Live Music with Ron Ruiz & Dan Pendley! Enjoy burgers & hotdogs off the grill! (CP) 1:00 Bridge (GR) 1:00 Documentary (DT) 3:00 Supervised Swim (AP) 3:30 Ping Pong (FGGR) 6:00 Documentary (Ch.981) | 9:00 Yoga Class (SS) 9:30 Walk with Shannon (Meet in Lobby) 10:30 Exercise (SS) 12:30 Pinochle (GR) 1:30 Brain Training (SDR) 2:00 Fred Meyer 2:00 Parkinson Exercise (SS) 3:00 Wii Bowling (CCFC) 3:00 NEW Vocalist: Dee Kight – performing a broad range of styles. Popcorn served. (SDR) 3:30 DVD Course (DT) 6:30 BINGO with Prizes (GR) | 10:00 Stitch n' Chat (GR) 10:30 Exercise (SS) 10:30 Read the Bible (RQC) 1:30 Bingo! (LTV) 2:00 Seated Yoga (SS) 3:00 NEW! History Discussion with John Griffan (DT) 3:00 Supervised Swim (AP) 3:15 Manicures 4:30 May Birthday Dinner! (SDR) 6:00 Cards n' Marbles (GR) | 9:30 Craft: Tassle Garland (SDR) 10:00 Home Group: Time for Caring & Sharing (CCL) 10:15 Local banks or Walmart/Costco. Sign up! 10:30 TED TALKS: "Bionics That Let Us Climb and Dance" (DT) 10:30 Exercise (SS) 12:00 General Store (LL) 12:30 Pinochle Group (GR) 1:00 Bridge (GR) 2:00 Parkinson Exercise (SS) 2:00 Blackjack (FGGR) 3:00 Wii Bowling (CCFC) 3:30 Mario Carboni performs vocals, keyboard, & trumpet! (DT) | 9:30 Make Salted Caramel and Chocolate Pretzel Bars (LAR) 10:00 Cribbage (GR) 10:30 Balance Exercise (LAR) 10:30 Singing Group (PP) 1:00 Scenic Ride. Sign up 1:00 Golden Steppers Fitness Class (SS) 2:00 Matinee (Ch. 981) 3:00 Supervised Swim (AP) 2:00 Acrylic Painting Vincent Van Gogh's "Starry Night" with Laura. \$5.00. Sign up! (MR) 6:00 Friday Movie (DT) 6:00 Hand & Foot (GR) |  |