




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Brookridge Heights Assisted Living & Memory Care</div> <div>1901 Division Street Marquette, MI 49855 (906) 225-4488</div>		<div><div>AE</div>Artistic Expression</div> <div><div>CC</div>Community Connections</div> <div><div>CE</div>Continuing Education</div> <div><div>LL</div>Lifestyle & Leisure</div> <div><div>PE</div>Physical Engagement</div> <div><div>SS</div>Spiritual Support</div>	<div>9:00 Foot Care with Kate's Place [AR]</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:00 <div>PE</div> Stronger Seniors [AR]</div> <div>1:30 Cutthroat Checkerz [BS]</div> <div>1:30 <div>SS</div> The Catholic Rosary [CL]</div> <div>2:30 Sing with your Bingo [AR]</div> <div>3:30 <div>CE</div> Armchair Explorer [ATV]</div>	<div>1</div> <div>9:15 Morning Meanderings (Walking Club!)</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>1:30 Resident Council [CL]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>6:30 <div>LL</div> Merriment with Kristie [AR]</div>	<div>3</div> <div>9:00 Manicures and Morning News [ATV]</div> <div>9:30 <div>LL</div> Hand Massages with Gayle [ATV]</div> <div>10:15 <div>PE</div> Sit and Be Fit with the YMCA [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 <div>LL</div> Happy Hour Featuring Jim Pederson [ADR]</div> <div>4:00 The Jolly Jenga Jackpot [AR]</div> <div>7:00 <div>LL</div> Friday Night Feature Film [ATV]</div>	<div>4</div> <div>10:15 Stronger Seniors [AR]</div> <div>11:00 Creating with Clay [AR]</div> <div>1:00 <div>AE</div> Crafting with the Girls Scouts [AR]</div> <div>2:00 Sand Bag Toss! [ATV]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div>
<div>Cinco De Mayo</div> <div>10:00 Let the Bible Speak [ATV]</div> <div>10:30 Stronger Seniors [AR]</div> <div>1:30 Matinee Movie [ATV]</div> <div>2:00 Bob Buchkoe's Students Piano Recital [ADR]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div>	<div>5</div> <div>10:15 <div>PE</div> Gentle Yoga with the YMCA [CL]</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:30 <div>SS</div> Catholic Mass [CL]</div> <div>3:30 <div>CE</div> Birding Basics with Scot Stewart [ATV]</div> <div>4:00 <div>SS</div> Women for Christ [CL]</div> <div>6:30 <div>LL</div> The Millionaire Challenge with Dave [AR]</div>	<div>6</div> <div>9:15 Morning Mindfulness and Guided Meditation [CL]</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>3:00 An Afternoon Amble (Walking Club!)</div> <div>6:30 <div>LL</div> Boisterous Bingo [ADR]</div>	<div>7</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:00 <div>PE</div> Stronger Seniors [AR]</div> <div>1:30 Cutthroat Checkerz [BS]</div> <div>1:30 <div>SS</div> The Catholic Rosary [CL]</div> <div>2:30 Sing with your Bingo [AR]</div> <div>3:30 <div>CE</div> Armchair Explorer [ATV]</div> <div>6:30 Matters of the Heart [CL]</div>	<div>8</div> <div>9:15 Morning Meanderings (Walking Club!)</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>2:00 UPHS Home Care and Hospice Presentation - Erica O'Brien from the UPHS Stroke Clinic [ADR]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>6:30 <div>LL</div> Merriment with Kristie [AR]</div>	<div>9</div> <div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 <div>PE</div> Sit and Be Fit with the YMCA [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 <div>LL</div> Happy Hour Featuring The Sunshine Girls [MCLR]</div> <div>4:00 The Jolly Jenga Jackpot [AR]</div> <div>7:00 <div>LL</div> Friday Night Feature Film [ATV]</div>	<div>10</div> <div>10:15 Stronger Seniors [AR]</div> <div>11:00 Creating with Clay [AR]</div> <div>1:00 <div>AE</div> Express Yourself- Water-coloring [AR]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div>
<div>Mother's Day</div> <div>10:00 Let the Bible Speak [ATV]</div> <div>10:30 Stronger Seniors [AR]</div> <div>1:30 Matinee Movie [ATV]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div>	<div>12</div> <div>10:15 <div>PE</div> Gentle Yoga with the YMCA [CL]</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:30 <div>SS</div> Catholic Mass [CL]</div> <div>3:00 <div>AE</div> Brookridge Music Scene [AR]</div> <div>4:00 <div>SS</div> Women for Christ [CL]</div> <div>6:30 Studio Time with Kristie [AR]</div> <div>6:30 <div>LL</div> The Millionaire Challenge with Dave [AR]</div>	<div>13</div> <div>9:15 Morning Mindfulness and Guided Meditation [CL]</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>1:30 <div>CC</div> A Novel Idea (Reading Group) [CL]</div> <div>1:30 Expect More. Pay Less. @ Target. Shopping Trip!</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>3:00 An Afternoon Amble (Walking Club!)</div> <div>3:00 <div>LL</div> Lynn Brown's Book Club [AR]</div> <div>6:30 <div>LL</div> Boisterous Bingo [ADR]</div>	<div>14</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:00 <div>PE</div> Stronger Seniors [AR]</div> <div>1:30 Cutthroat Checkerz [BS]</div> <div>1:30 <div>SS</div> The Catholic Rosary [CL]</div> <div>2:30 Sing with your Bingo [AR]</div> <div>3:30 <div>CE</div> Armchair Explorer [ATV]</div>	<div>15</div> <div>9:15 Morning Meanderings (Walking Club!)</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>3:00 Readers Theatre: The Gin Game by D.L Coburn [ATV]</div> <div>6:30 <div>LL</div> Merriment with Kristie [AR]</div>	<div>16</div> <div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 <div>PE</div> Sit and Be Fit with the YMCA [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 <div>LL</div> Happy Hour Featuring Toni Saari [ADR]</div> <div>4:00 The Jolly Jenga Jackpot [AR]</div> <div>7:00 <div>LL</div> Friday Night Feature Film [ATV]</div>	<div>17</div> <div>10:15 Stronger Seniors [AR]</div> <div>11:00 Creating with Clay [AR]</div> <div>1:00 <div>AE</div> Express Yourself- Water-coloring [AR]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div>
<div>10:00 Let the Bible Speak [ATV]</div> <div>10:30 Stronger Seniors [AR]</div> <div>1:30 Matinee Movie [ATV]</div> <div>2:30 <div>SS</div> Worship Service with Jim Larson [CL]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div>	<div>19</div> <div>10:15 <div>PE</div> Gentle Yoga with the YMCA [CL]</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:30 <div>SS</div> Catholic Mass [CL]</div> <div>3:30 <div>CE</div> Birding Basics with Scot Stewart [ATV]</div> <div>4:00 <div>SS</div> Women for Christ [CL]</div> <div>6:30 Studio Time with Kristie [AR]</div> <div>6:30 <div>LL</div> The Millionaire Challenge with Dave [AR]</div>	<div>20</div> <div>9:15 Morning Mindfulness and Guided Meditation [CL]</div> <div>9:30 U.P. Health and Hospice- Blood Pressure and Diabetic checks</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>12:00 Trip to Lakenenland</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>3:00 An Afternoon Amble (Walking Club!)</div> <div>6:30 <div>LL</div> Boisterous Bingo [ADR]</div>	<div>21</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>12:00 Ladies Lunch</div> <div>1:00 <div>PE</div> Stronger Seniors [AR]</div> <div>1:30 Cutthroat Checkerz [BS]</div> <div>1:30 <div>SS</div> The Catholic Rosary [CL]</div> <div>2:30 Sing with your Bingo [AR]</div> <div>3:30 <div>CE</div> Armchair Explorer [ATV]</div>	<div>22</div> <div>9:15 Morning Meanderings (Walking Club!)</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>3:00 Women of the Civil War and their Quilts [AR]</div> <div>6:30 <div>LL</div> Merriment with Kristie [AR]</div>	<div>23</div> <div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 <div>PE</div> Sit and Be Fit with the YMCA [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 <div>LL</div> Happy Hour Featuring Dave Berry [MCLR]</div> <div>4:00 The Jolly Jenga Jackpot [AR]</div> <div>7:00 <div>LL</div> Friday Night Feature Film [ATV]</div>	<div>24</div> <div>10:15 Stronger Seniors [AR]</div> <div>11:00 Creating with Clay [AR]</div> <div>1:00 <div>AE</div> Express Yourself- Water-coloring [AR]</div> <div>2:00 Sand Bag Toss! [ATV]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div> <div>6:30 Bingo with Steve-o! [ADR]</div>
<div>10:00 Let the Bible Speak [ATV]</div> <div>10:30 Stronger Seniors [AR]</div> <div>1:30 Matinee Movie [ATV]</div> <div>3:00 Cutthroat Checkerz [BS]</div> <div>4:00 Puzzle Perfect [ATV]</div> <div>6:00 The Jolly Jenga Jackpot [AR]</div>	<div>26</div> <div>10:15 <div>PE</div> Gentle Yoga with the YMCA [CL]</div> <div>1:30 <div>SS</div> Catholic Mass [CL]</div> <div>4:00 <div>SS</div> Women for Christ [CL]</div> <div>6:30 Studio Time with Kristie [AR]</div> <div>6:30 <div>LL</div> The Millionaire Challenge with Dave [AR]</div>	<div>27</div> <div>9:15 Morning Mindfulness and Guided Meditation [CL]</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>1:30 <div>CC</div> A Novel Idea (Reading Group) [CL]</div> <div>2:00 Puzzle Perfect [ATV]</div> <div>2:00 UP Home Health and Hospice Presentation [ADR]</div> <div>3:00 An Afternoon Amble (Walking Club!)</div> <div>3:30 Protestant Worship [CL]</div> <div>6:30 <div>LL</div> Boisterous Bingo [ADR]</div>	<div>28</div> <div>11:00 <div>CE</div> Team Brainpower [ATV]</div> <div>1:00 <div>PE</div> Stronger Seniors [AR]</div> <div>1:30 Cutthroat Checkerz [BS]</div> <div>1:30 <div>SS</div> The Catholic Rosary [CL]</div> <div>2:30 Sing with your Bingo [AR]</div> <div>3:30 <div>CE</div> Armchair Explorer [ATV]</div>	<div>29</div> <div>9:15 Morning Meanderings (Walking Club!)</div> <div>10:00 <div>PE</div> Fitness Fun with Jamie [AR]</div> <div>2:00 Tasty Foods!</div> <div>2:00 Wags & Wiggles- Pet Therapy</div> <div>3:00 Readers Theatre: The Gin Game by D.L Coburn [ATV]</div> <div>6:30 <div>LL</div> Merriment with Kristie [AR]</div>	<div>30</div> <div>9:00 Manicures and Morning News [ATV]</div> <div>10:15 <div>PE</div> Sit and Be Fit with the YMCA [AR]</div> <div>1:00 <div>PE</div> Tai Chi [AR]</div> <div>2:00 <div>LL</div> Happy Hour Featuring The Marquette Symphony Orchestra's Superior Strings [ADR]</div> <div>4:00 The Jolly Jenga Jackpot [AR]</div> <div>7:00 <div>LL</div> Friday Night Feature Film [ATV]</div>	<div>31</div> <div>Location Keys</div> <div>AL Dining Room ADR</div> <div>AL TV Room ATV</div> <div>Activity Room AR</div> <div>Bistro BS</div> <div>Chapel CL</div> <div>MC New Living RoomMCLR</div>