













A Note from the **Executive Director**

Dear Belleair Family,

I came across this beautiful poem and I wanted to share some excerpts with you.

'I Understand'

How difficult it must be for you, To watch me become less of the person you once knew. My body is here, but my mind is not. The things we once shared, I may have forgot. I will not act or behave like the person I once was. But please remember, it's not something I have control of. There will be some rough days, with teary eyes and hearts of blue. But let the love of so many years carry us through.

May this reach the person who needs to read this. Please know you are not alone and we are here for you always. Join us for our Dementia support group hosted by Empath, the first Wednesday of every month at 3pm with refreshments.

Thank you for allowing us the privilege to serve your loved ones! Tina Savoia Executive Director

Who am I?

- Was Born is Warren, PA
- Father was a Shoe Maker
- 2 Sons
- School Principal and football coach for 37 years
- Favorite foods are cheeseburgers. fries and Italian
- Has a very close family
- Loves golf
- Enjoys joking around and has many life long friends



Welcome to **Our Community**

- John C.
- Simone M.
- Noel A.
- Joan M.
- Wanda K.
- Irene P.



Special Events & Memorable Moments



Health & Fitness by

- Always look on the bright side: being an optimist can help you live longer.
- Laughing is good for the heart and can increase blood flow by 20 percent.
- Exercise will give you more energy, even when you're tired.
- Learning a new language or playing a musical
- instrument gives your brain a boost.
- Feeling stressed? Read. Getting lost in a book can lower levels of cortisol, or other unhealthy stress hormones, by 67 percent.

Hope this helps!

Lisa Cappello Activities Director

A big shout out to Kelsey, Publix Manager on West bay and Clearwater Largo Road for donating 5 bags of candy and being so kind to us when we visit every other week. Your staff is always helpful and sweet to our residents, and we love to visit.



Birthdays

Nellie H. Carroll C. Edward N. Simone M. 05/07 05/29 05/31 05/07

Thank you Michael Knappenberger, Our Director of Maintenance for saving a mother cat and her two kittens from the attic in Cottage 1.



Spiritual Activities

Alzheimer Support Group Hosted by Hospice 1st Wednesday of every month at 3:00pm

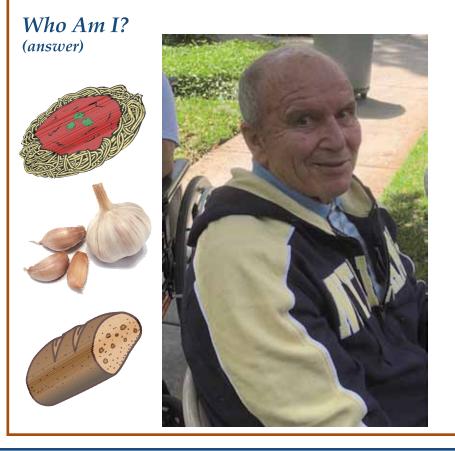
Restoration Ministries every Friday at 1:30pm

Bible Study with Elizabeth every other Wednesday at 2:00pm

Holy Communion weekly Tuesday or Thursday St. Cecelia Catholic Church

Gospel Singers every other Friday at 10:30am

> Bible Study with Bob Every 2nd Thursday of the Month at 1:30



Management Team

Executive Director Tina Savoia

Business Office Manager Julian McDuffie

> Director of Nursing Eunice Clarke

Resident Activites Director Lisa Cappello

Community Relations Director Kathleen Nishimura

> Maintenance Director Michael Knappenberger

Food Services Director Chef Marcell Miles

NO.

Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.

We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.



620 Belleair Road Clearwater, FL 33756 (727) 467-9464 Lic.# 9666

Welcome Home!