

Weekly Menu

Lakeview Senior Living



	Sun 05-05-2019	Mon 05-06-2019	Tue 05-07-2019	Wed 05-08-2019	Thu 05-09-2019	Fri 05-10-2019	Sat 05-11-2019
B R K	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Sausage Country Gravy/Biscuits Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> French Toast Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Baked Denver Omelet Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Belgian Waffle Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast
L U N	Green Salad <i>or</i> Soup Du Jour Orange Apricot Glazed Pork Roasted Yams Sesame Green Beans Baked Roll Fresh Apple Pie	Macaroni and Ham Salad <i>or</i> Soup Du Jour Beef Jardineiere Fresh Mashed Potatoes Corn Vanilla Cream Puffs	Green Salad <i>or</i> Soup Du Jour Baked Drumsticks Potato Salad Oven Roasted Cauliflower Baked Roll Fruit Cobbler	Creamy Coleslaw <i>or</i> Soup Du Jour Baked Ham/Mango Salsa Aloha Sweet Potatoes Fresh Asparagus Baked Roll Peach Angel Food Cake	Green Salad <i>or</i> Soup Du Jour Steak/Rosemary Mushroom Gravy Baked Potato Peas and Onions Baked Roll Cherry Parfait	Spinach Strawberry Salad <i>or</i> Soup Du Jour Chicken Diane White and Wild Rice Pilaf Chef's Steamed Vegetable Baked Roll Yellow Cake with Fruit Topping	Green Salad <i>or</i> Soup Du Jour Savory Pork Roast Favorite Baked Beans Fresh Cooked Carrots Baked Roll Ice Cream
D I N	Soup Du Jour <i>or</i> Green Salad Chicken Strips/Fry Basket Pickle Relish Plate Chocolate Sugar Cookies	Soup Du Jour <i>or</i> Green Salad Crab Melt <i>or</i> Loosemeat Cheesesteak California Blend Cheddar Biscuit Ice Cream Sandwich	Soup Du Jour <i>or</i> Green Salad Curried Turkey Salad <i>or</i> Loosemeat Cheesesteak Seasoned Pea Pods Tapioca Fruit Pudding	Soup Du Jour <i>or</i> Green Salad Beef Stuffed Pastry <i>or</i> Loosemeat Cheesesteak Capri Blend Lemon Cookie	Soup Du Jour <i>or</i> Green Salad Pasta Pomodoro <i>or</i> Loosemeat Cheesesteak Garlic Green Beans Garlic Breadsticks Chocolate Chip Brownie	Soup Du Jour <i>or</i> Green Salad Baked Green Chili and Cheese Enchilada <i>or</i> Loosemeat Cheesesteak Mexicali Corn Pudding	Soup Du Jour <i>or</i> Green Salad Chicken Sweet Potatoes Tomatoes/Cottage Cheese Fresh Biscuits Chocolate Chip Cookie
Milk offered at every meal							Week 4

Dietitian's Signature: *Quane Jagan* RDN #610128
2-1-2019