

# Weekly Menu

## Lakeview Senior Living



	Sun 04-28-2019	Mon 04-29-2019	Tue 04-30-2019	Wed 05-01-2019	Thu 05-02-2019	Fri 05-03-2019	Sat 05-04-2019
B R K	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Deluxe Waffles Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Sausage Country Gravy/Biscuits Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> French Toast Sticks Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Breakfast Burrito Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal <i>or</i> Bacon Egg Muffin Hash Browns Fresh Fruit 100% Juice Whole Grain Toast
L U N	Green Salad <i>or</i> Soup Du Jour  Hawaiian Chicken  Brown Rice Whole Green Beans Baked Roll Cheesecake/Fruit Topping	Pineapple Salad <i>or</i> Soup Du Jour  Spinach Tomato Lasagna  Baby Carrots Baked Roll Fudge Cake	Green Salad <i>or</i> Soup Du Jour  Beef Tips Au Jus  Best Noodles Peas and Pearl Onions Baked Roll Peanut Butter Bars	Coleslaw <i>or</i> Soup Du Jour  Slow Roasted Carved Turkey  Fresh Mashed Potatoes/Gravy Baked Seasoned Squash Baked Roll Berry Cobbler	Green Salad <i>or</i> Soup Du Jour  Chicken Cacciatore  Cheesy Scalloped Potatoes Beets Baked Roll Fresh Banana Cream Pie	Caesar Salad <i>or</i> Soup Du Jour  BBQ Glazed Meatballs  Seasoned Rice Country Trio Medley Baked Roll Homemade Carrot Cake	Green Salad <i>or</i> Soup Du Jour  Bacon Ranch Chicken  Steamed Red Potatoes Capri Blend Baked Roll Ice Cream
D I N	Soup Du Jour <i>or</i> Green Salad  Grilled Cheese Sandwich w/Tomato  Tomato Cucumber Salad Frozen Sherbet Dessert	Soup Du Jour <i>or</i> Green Salad  Soft Fish Taco <i>or</i> Bacon Cheeseburger  Black Bean Pepper Salad Mint Brownie	Soup Du Jour <i>or</i> Green Salad  Mediterranean Chicken Salad <i>or</i> Bacon Cheeseburger  Sauteed Zucchini Marshmallow Treat	Soup Du Jour <i>or</i> Green Salad  Sloppy Joes <i>or</i> Bacon Cheeseburger  Pickle Spear Soft Snickerdoodle	Soup Du Jour <i>or</i> Green Salad  Beef Rigatoni Bake <i>or</i> Bacon Cheeseburger  Grilled Mixed Vegetables Ice Cream	Soup Du Jour <i>or</i> Green Salad  Skillet Ham and Potatoes <i>or</i> Bacon Cheeseburger  Roasted Asparagus Oatmeal Raisin Cookie	Soup Du Jour <i>or</i> Green Salad  Sausage and Mushroom Pizza  Chef's Steamed Vegetable Banana Nut Bread
Milk offered at every meal							Week 3

Dietitian's Signature: *Quinn Jager* RDN # 610128  
2-1-2019