



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2019

## Westmont of Brentwood Compass Rose Lifestyle Calendar

			<div>Donna Ward's Birthday! 1</div> <div>9:00 Sit &amp; Be Fit W/ in2L 9:30 Bible Study W/ Wendy &amp; Friend 1:30 Book Reading W/ Trinh 3:00 Scenic Drive 6:00 Evening Movie</div> <div>May Day</div>	<div>2</div> <div>9:00 Morning Stretch 10:00 Cooking 1:00 Golden Hills Bible Study, AL Side 3:00 Chair Bowling 6:00 Evening Movie</div>	<div>3</div> <div>9:00 Chair Exercise 10:00 Board Games W/ Our High School Volunteers 1:30 Happy Hour! Live Entertainment W/ JD 3:00 Chair Volleyball 6:00 Evening Movie</div>	<div>May The Force Be With You4</div> <div>9:00 Move &amp; Groove To Music 10:00 Chair Swatt Ball 1:30 Arts &amp; Crafts W/ AL Residents 3:00 Nature Exploring 6:00 Evening Movie</div>
<div>5</div> <div>9:00 Move With Music 9:30 Pet Visit W/ Bullseye 10:00 Karaoke 1:00 Balloon Toss 3:00 In2L 6:00 Evening Movie</div> <div>Cinco de Mayo</div>	<div>6</div> <div>9:00 Chair Exercise 10:00 In2L 1:00 Pet Therapy By Molly Miracle Mutts 2:00 Chair Soccer 3:00 Bingo W/ Candy 6:00 Evening Movie</div> <div>Ramadan</div>	<div>7</div> <div>9:00 Morning Stretch 10:00 Arts &amp; Crafts 1:00 Devotional Session W/ Donna Kendrick 1:00 Trivia 3:00 Chair Soccer 6:00 Evening Movie</div>	<div>8</div> <div>9:00 Sit &amp; Be Fit W/ In2L 9:30 Bible Study W/ Wendy &amp; Friend 1:30 Ice Cream Social &amp; Birthdays Bash 3:00 Bingo For Candy W/ AL Residents 6:00 Evening Movie</div>	<div>9</div> <div>9:00 Morning Stretch 10:00 Cooking 1:00 Golden Hills Bible Study, AL Side 3:00 Ball Room Dancing (AL) 6:00 Evening Movie</div>	<div>10</div> <div>9:00 Chair Exercise 10:00 Hand Spa 1:30 Happy Hour! Live Entertainment W/ Ciro 3:00 Chair Volleyball 6:00 Evening Movie</div>	<div>Ron Cipriano's Birthday! 11</div> <div>9:00 Move &amp; Groove To Music 10:00 Arts &amp; Crafts. 1:00 Book Reading W/ Gin Our Own Resident 3:00 Chair Swatt Ball 6:00 Evening Movie</div>
<div>12</div> <div>9:00 Morning Stretch 9:30 Pet Visit W/ Bullseye 11:00 MOTHER'S DAY BRUNCH (Please Make Reservation At Front Desk) 2:00 Nature Walks 3:00 Bingo &amp; Prizes 6:00 Evening Movie</div> <div>Mother's Day</div>	<div>13</div> <div>9:00 Morning Exercise 10:00 Sing-A-Long 1:00 Pet Therapy By Molly Miracle Mutts 2:00 Ladies Tea W/ AL Residents (Hat Wearing Is Encouraged) 3:00 Board Games 6:00 Evening Movie</div>	<div>Betty Evan &amp; Sharon Welton's Birthday!! 14</div> <div>9:00 Morning Stretch 10:00 Arts &amp; Crafts 1:00 Hair Care By Ha (Space Is Limited, Please See Trinh For Reservation) 3:00 Chair Soccer 6:00 Evening Movie</div>	<div>15</div> <div>9:00 Sit &amp; Be Fit W/ In2L 9:30 Bible Study W/ Wendy &amp; Friend 1:30 Book Club W/ Kim 3:00 Scenic Drive 6:00 Evening Movie</div>	<div>16</div> <div>9:00 Morning Stretch 10:00 Cooking Family Recipe 1:00 Golden Hills Bible Study - AL Side 3:00 Google Earth Find Your Old Neighborhood 6:00 Evening Movie</div>	<div>17</div> <div>9:00 Chair Exercise 10:00 Board Games W/ Our High School Interns 1:30 Happy Hour! Live Entertainment With Eddie Williams 3:00 Nature Walks 6:00 Evening Movie</div>	<div>Honoring Armed Forces Day18</div> <div>9:00 Move &amp; Groove 10:00 Arts &amp; Crafts 1:00 Book Reading W/ Gin, Our Own Resident 3:00 Arm Chair Soccer 6:00 Evening Movie</div> <div>Armed Forces Day</div>
<div>19</div> <div>9:00 Morning Stretch 9:30 Pet Visit W/ Bullseye 10:00 IN2L 1:00 Chair Volleyball 3:00 Bingo &amp; Prizes 6:00 Evening Movie</div>	<div>20</div> <div>9:00 Morning Exercise 10:00 Karaoke 1:00 Pet Therapy By Molly Miracle Mutts 2:00 Chair Bowling 3:00 Reminiscing W/ Staff 6:00 Evening Movie</div> <div>Victoria Day (Canada)</div>	<div>21</div> <div>9:00 Morning Stretch 10:00 Arts &amp; Crafts 1:00 Trivia 1:00 Devotional Session W/ Donna Kendrick 3:00 Ball Room Dancing (AL Side) 6:00 Evening Movie</div>	<div>22</div> <div>9:00 Sit &amp; Be Fit W/ In2L 9:30 Bible Study W/ Wendy &amp; Friend 1:30 Book Club W/ Kim 3:00 Scenic Drive 6:00 Evening Movie</div>	<div>23</div> <div>9:00 Morning Stretch 10:00 Cooking 1:00 Golden Hills Bible Study - AL Side 3:00 Chair Volleyball 4:30 Men's Group Dinner 6:00 Evening Movie</div>	<div>24</div> <div>9:00 Chair Exercise 10:00 Board Games 1:30 Happy Hour! With Jack Martens 3:00 Chair Volleyball 6:00 Evening Movie</div>	<div>25</div> <div>9:00 Move &amp; Groove 10:00 Arts &amp; Crafts W/ Trinh 1:00 Book Reading W/ Gin 2:00 Root Beer Float Social 3:00 Arm Chair Bowling 6:00 Evening Movie</div>
<div>26</div> <div>9:00 Morning Stretch 9:30 Pet Visit W/ Bullseye 10:00 IN2L 1:00 Chair Volleyball 3:00 Bingo &amp; Prizes 6:00 Evening Movie</div>	<div>27</div> <div>9:00 Chair Exercise 10:00 In2L 1:00 Pet Therapy By Molly Miracle Mutts 2:00 Chair Soccer 3:00 Bingo W/ Candy 6:00 Evening Movie</div> <div>Memorial Day</div>	<div>28</div> <div>9:00 Morning Stretch 10:00 Arts &amp; Crafts 1:00 Arm Chair Soccer 3:00 Google Earth Find Your Old Neighborhood 6 :00 Evening Movie</div>	<div>29</div> <div>9:00 Sit &amp; Be Fit W/ In2L 9:30 Bible Study W/ Wendy &amp; Friend 1:30 Book Club W/ Kim 3:00 Scenic Drive 6:00 Dementia Support Group Meeting (AL Side) 6:00 Evening Movie</div>	<div>30</div> <div>9:00 Morning Stretch 10:00 Cooking 1:00 Golden Hills Bible Study - AL Side 3:00 Chair Volleyball 6:00 Evening Movie</div>	<div>31</div> <div>9:00 Chair Exercise 10:00 Board Games W/ Our High School Volunteers 1:30 Happy Hour! Live Entertainment With Muzeke 3:00 Nature Walks 6:00 Evening Movie</div>	<div>"Mothers hold their children's hands for a short while, but their hearts forever " Unknown</div>